



Sunday 31st May 2020

Volume 1, Issue 10 "On line"

PENTECOST SUNDAY

Welcome to our 'On Line' Newsletter during this difficult time for all of us. It should be easier to read and to download and print if you so wish. Please use the readings and reflection as part of your spiritual Communion and with any streamlining Masses in which you may be watching and participating.

Sunday cycle
Readings Year A

Weekday Reading
Year 2 Week 9

Divine Office
Week 1

For children,
download a weekly sheet:
[http://www.sdc.me.uk/
sundayliturgy/](http://www.sdc.me.uk/sundayliturgy/)

THIS WEEK

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|-------------------------------|---|
| Sun 31 May
9.30am | PENTECOST SUNDAY
People of the parish
Mary Doran RIP |
| Mon 1 June
9.30am | MARY, MOTHER OF THE CHURCH
Frank Hunt RIP
John Fallow RIP |
| Tues 2 June
9.30am | Ss. Marcellinus & Peter
Ron & Nancy Ferrari Ints
Desmond O'Connor RIP |
| Weds 3 June
9.30am | S. Charles Lawanga & Comps
Mary Jordan RIP
Thanksgiving – Elizabeth Bunale |
| Thurs 4 June
9.30am | OUR LORD JESUS CHRIST THE ETERNAL HIGH PRIEST
Joseph Muthu & Family |
| Fri 5 June
9.30am | S. Boniface
Holy Souls in Purgatory |
| Sat 6 June
9.30am | S. Norbert
Special Intentions |
| Sun 7 June
9.30am | THE MOST HOLY TRINITY
For the people of the parish
Spencer Coomarewel RIP |

TODAY'S MASS



We reminded today that the Church is called to be a reconciling presence in the world. The reconciling presence of Christ is celebrated in the Church's sacramental life. In the Sacrament of Baptism, we are cleansed of sin and become a new creation in Christ. In the Sacrament of Penance, the Church celebrates the mercy of God through the forgiving of sins. This reconciling presence is also to be a way of life for Christians. In situations of conflict, we are to be agents of peace and harmony among people.

First Reading: *Acts of the Apostles 2:1-11*

The Holy Spirit descends upon the apostles gathered in Jerusalem.

Responsorial Psalm: *Psalm 104:1,24,29-31,34*

God's Spirit renews the earth.

Second Reading: *1 Corinthians 12:3b-7,12-13*

We are all one in Christ Jesus.

Gospel Reading: *John 20:19-23*

Jesus appears to his disciples and gives them the gift of the Holy Spirit.

SPIRITUAL QUOTE OF THE WEEK

"As the soul is the life of the body, so the Holy Spirit is the life of our souls"

St. Peter Damian

MAKING CONTACT AT ST. GEORGE'S

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GOSPEL REFLECTION

FOR YOUR PRAYERS

SICK & HOUSEBOUND: Michael Fahey, Anne Hull, Catherine Kevill, Margaret O'Shea, Edith Geissler, Marie Rego, Eileen Kidd, Christopher Browne, John and Angela McCarthy, Germaine Duffner, Patrick McDonagh, Paul Turnbull, Tom Fernandes, Leo de Sa.

RECENTLY DEPARTED: Anna Dsouza

ANNIVERSARIES OF THE DEPARTED: Desmond O'Connor RIP (7th anniv.)

WE PRAY ESPECIALLY FOR:

- ◆ ALL WHO WORK IN THE NHS AT THIS TIME.
- ◆ DOCTORS, NURSES & SUPPORT STAFF.
- ◆ ALL WHO ARE SICK IN ANY WAY.
- ◆ THE ELDERLY & VULNERABLE.
- ◆ FOR OUR POLITICIANS MAKING DIFFICULT DECISIONS.
- ◆ FOR THE RESIDENTS OF OUR CARE HOMES AND ALL WHO WORK THERE.

INTENTIONS OF POPE FRANCIS FOR JUNE

The Way of the Heart: We pray that all those who suffer may find their way in life, allowing themselves to be touched by the Heart of Jesus.

SANCTUARY LAMP

TEREZINHA & ANTONIO—THANKSGIVING

LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM

has been sponsored this week for
IN MEMORY OF CLARE & TOM BROUGHAL RIP

PRAYER TO THE HOLY SPIRIT

By Saint Augustine of Hippo

Breathe in me, O Holy Spirit, that
my thoughts may all be holy.
Act in me, O Holy Spirit, that my
work, too, may be holy. Draw
my heart, O Holy Spirit, that I
love but what is holy.
Strengthen me, O Holy Spirit,
to defend all that is holy.
Guard me, then, O Holy Spirit,
that I always may be holy.
Amen.

After his death and resurrection Jesus promised his disciples the gift of the Holy Spirit. *"Receive the Holy Spirit!"* he said. Jesus knew his disciples would need the power of the Holy Spirit to carry out the mission entrusted to them. The gift of the Holy Spirit was conditional upon the ascension of Jesus to the right hand of the Father. That is why Jesus instructed the apostles to *wait in Jerusalem until you are clothed with power from on high* (Luke 24:49). Why did they need such *power from on high*? Just as Jesus was anointed with the Spirit at the beginning of his ministry at the River Jordan, so the disciples needed the anointing of the Spirit to carry out the mission entrusted to them by Jesus. The Holy Spirit is given to all who are baptized into Christ to enable us to live a new way of life – a life of love, peace, joy, and righteousness (Romans 14:17). The Holy Spirit fills our hearts with the love of God and he gives us the strength and courage we need in order to live as faith-filled disciples of Jesus. The Spirit helps us in our weakness and enables us to grow in spiritual freedom. The Spirit instructs us in the ways of God, and guides us in living according to God's will. The Spirit is the source and giver of all holiness. The Prophet Isaiah foretold the seven-fold gifts that the Spirit would give: wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord. These are the gifts we also receive in the Sacrament of Confirmation.

The gift of Pentecost, the outpouring of the Holy Spirit, and the spiritual gifts and blessings of God are made possible through the death, resurrection, and ascension of the Lord Jesus. After his resurrection Jesus *"breathed"* on his disciples and gave them the Holy Spirit. Just as God breathed life into Adam, so the gift of the Holy Spirit is now an impartation of "new life" for his people. With the gift of the Holy Spirit a new creation begins. God recreates us for his glory. Jesus' gift of peace to his disciples was more than an absence of trouble. His peace included the forgiveness of sins and the fullness of everything good. If you want power to live a faith-filled life as a disciple of Jesus simply ask the Father to fill you with the power of his Holy Spirit.

He never disappoints!

NEWS UPDATE



ABOUT THE FUTURE OF COMING BACK TO MASS IN CHURCH? (UPDATE) Together with the governmental task force the churches are beginning plans to prepare for re-opening of our buildings. So what will happen? Well, first of all we do not yet have a firm date for this, but it may even be before July 4th. Secondly, it will be a re-opening for "Private Prayer" only (i.e. No services—benediction, rosary, stations and Mass). The celebration of Mass will come later. This is to be seriously understood. It is important that we follow government guidelines and don't try and "jump the gun" or even go independent doing our own things in our own way (sadly some priests did this during 'lockdown' and did tremendous harm). So once the green light is given for churches to be open it is envisaged we will open, probably for "private Prayer" simply from 10.00am-12noon. Each day we will need a team of volunteers as this has to be stewarded and supervised. Also each day the church will need to be cleaned and disinfected. There will be strict protocols as to social distancing and as to where we can sit and what we can do. We will need to enter by one door and leave by another. This will be a huge undertaking. In addition we will need the relevant materials to protect everyone (antibacterial gel on entering and levcing), masks and gloves for volunteers and cleaners. We will need to do a formal risk assessment. ALL THIS IS COMING INTO PLACE and much of the relevant materials we have thankfully acquired for St George's. So we hope to be ready to open as soon as

we can. BUT WE NEED YOUR HELP. Could you be a volunteer? Could you be a steward? Could you be a cleaner? You will have to be under 70 years of age and in good health. We will need, initially, a rota for each day of the week. Can you help? A quick email to Mgr Jeremy on: jeremyfairhead@rcdow.org.uk with some of your contact details would be an excellent beginning—and thank you!

YOU CAN FIND POSSIBILITIES FOR JOINING MASS LIVE-STREAMING <https://parish.rcdow.org.uk/sudbury/pray-at-home/> <https://www.ealing.gov.uk/coronavirus>

WHILST THE CHURCH IS CLOSED please know we try to continue as normal behind the doors. Mass is offered every day for you, your loved ones, all the sick and the departed.

MASS INTENTIONS. If you would like to book a Mass please telephone the presbytery. Please note that at the moment the parish office is closed.

CARDINAL VINCENT NICHOLS ON PENTECOST. The Cardinal has recorded a video of a pastoral message in preparation for Pentecost. In it he reflects on the coming of the Holy Spirit at Pentecost, particularly in the context of the circumstances in which we are living at the moment. The video is available online at <https://vimeo.com/421046273> and on the diocesan website. <https://rcdow.org.uk/cardinal/news/cardinal-pray-fervently-for-thecoming-of-the-holy-spirit/> When you view the message, you will see that the Cardinal asks that, across the diocese, priests and people participate, from their homes, in a short vigil of prayer next Saturday, the Vigil of Pentecost. There is no specific time or format for this: what is important is that as many people as possible engage positively with the Cardinal's invitation. A meditation on Pentecost, based on Christian art, will be available in the coming days via the diocesan website.

series of talks about 'What Christians believe in 100 objects'. Please share the link below with anyone who might be looking for some inspiration and spiritual support during the lockdown. YouTube Channel: www.youtube.com/c/PauseforFaith Facebook, Instagram, Twitter: @pauseforfaith icap—Irish or of Irish heritage and living in the UK? How are you finding lockdown? The world has changed a lot in a short space of time and it is normal for us to be feeling worried or concerned. You might be worried about your health or that of family and friends, you might be arranging a funeral without the usual social gatherings or finding isolation lonely. icap is offering a listening ear to anyone of Irish heritage in the UK who would like to talk about how they are doing, in these difficult times. icap can be contacted on 020 7272 7906 to talk with someone confidentially, they only ask for your name and telephone number. For further information please visit their website at <https://www.icap.org.uk/>

CAFOD has launched an emergency appeal to help support their work in poor communities across the world. Please visit <https://cafod.org.uk/coronavirusappeal> which explains what CAFOD is doing and how to donate. There is also an online petition to sign at <https://e-activist.com/page/59334/petition/1> asking the Prime Minister to ensure that the most vulnerable people are the priority in the UK's international efforts as well as at home.

Pentecost Word Search



BiblePuzzles.org.uk

- AMAZED
- LANGUAGES
- APOSTLES
- MULTITUDE
- DAY OF PENTECOST
- SITTING
- HEAVEN
- SPEAKING IN TONGUES
- HOLY SPIRIT
- TONGUES OF FIRE
- HOUSE
- WIND

SUNDAY READINGS & PRAYERS

Antiphon *Wisdom 1: 7*

The Spirit of the Lord has filled the whole world and that which contains all things understands what is said, alleluia.

Collect

O God, who by the mystery of today's great feast sanctify your whole Church in every people and nation, pour out, we pray, the gifts of the Holy Spirit across the face of the earth

and, with the divine grace that was at work when the Gospel was first proclaimed, fill now once more the hearts of believers.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

Reading: *Acts 2:1-11*

When Pentecost day came round, they had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome – Jews and proselytes alike – Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

Responsorial psalm: 103

*R./ Send forth your Spirit, O Lord,
and renew the face of the earth.*

1. Bless the Lord, my soul!
Lord God, how great you are.
How many are your works, O Lord!
The earth is full of your riches. **R./**

2. You take back your Spirit, they die,
returning to the dust from which they came.
You send forth your Spirit, they are created;
and you renew the face of the earth. **R./**

3. May the glory of the Lord last for ever!
May the Lord rejoice in his works!
May my thoughts be pleasing to him.
I find my joy in the Lord. **R./**

Second Reading: *1 Corinthians 12:3-7, 12-13*

No one can say, 'Jesus is Lord' unless he is under the influence of the Holy Spirit.

There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them. The particular way in which the Spirit is given to each person is for a good purpose. Just as a human body, though it is made up of many parts, is a single unit because all these parts, though many, make one body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink.

Gospel Acclamation

Alleluia, Alleluia!

Come, Holy Spirit, fill the hearts of your faithful, and kindle in them the fire of your love.

Alleluia!

Gospel: *John 20:19-23*

In the evening of the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you', and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you.

'As the Father sent me, so am I sending you.'

After saying this he breathed on them and said:

'Receive the Holy Spirit.

For those whose sins you forgive, they are forgiven;
for those whose sins you retain, they are retained.'

Prayer over the Offerings

Grant, we pray, O Lord, that, as promised by your Son, the Holy Spirit may reveal to us more abundantly the hidden mystery of this sacrifice and graciously lead us into all truth. Through Christ our Lord.

Communion Antiphon *Acts 2: 4, 11*

They were all filled with the Holy Spirit and spoke of the marvels of God, alleluia.

Prayer after Communion

O God, who bestow heavenly gifts upon your Church, safeguard, we pray, the grace you have given, that the gift of the Holy Spirit poured out upon her may retain all its force and that this spiritual food may gain her abundance of eternal redemption. Through Christ our Lord.