



Sunday 30th August 2020

Volume 1, Issue 23 'On Line'

22nd SUNDAY IN ORDINARY TIME

Welcome to our 'On Line' Newsletter It should be easier to read and to download and print if you so wish. Please use the readings and reflection as part of your spiritual Communion and with any streamlining Masses in which you may be watching and participating.

Sunday Cycle
Readings Year A

Weekday Readings
Year 2 Week 22

Divine Office
Week 2

For children,
download a weekly sheet:
[http://www.sdc.me.uk/
sundayliturgy/](http://www.sdc.me.uk/sundayliturgy/)

THIS WEEK

Sun 30 August 22nd SUNDAY OF THE YEAR

6.15pm (Sat) Michael Griffin RIP
8.30am People of the Parish
9.45 am Mario Tribaudi RIP
11.15am James Walsh RIP
5.30pm Imelda McCarthy RIP

Mon 31 August feria
9.30am Tommy Hardiman RIP

Tues 1st Sept feria
9.30am Neil Sweeney RIP

Weds 2nd Sept feria
9.30am Sandy McAdam RIP

Thurs 3rd Sept S. GREGORY THE GREAT
9.30am Mai Murphy RIP

Fri 4th Sept feria
Paul Flynn RIP

Sat 5th Sept feria
9.30am Paul Turnbull RIP

Sun 6th Sept 23rd SUNDAY OF THE YEAR
6.15pm (Sat) John Brady RIP
8.30am Kitty Booth RIP
9.45 am Maureen O'Rourke RIP
11.15am Edward Johnson RIP
5.30pm People of the Parish

TODAY'S MASS



Jeremiah laments that preaching the word of the Lord has meant for him insult and derision. Jesus warns his disciples that his destiny is to suffer grievously, to be put to death and to be raised up on the last day. Anyone who follows Jesus will have to take up their own cross.

First reading: *Jeremiah 20: 7-9*

The word of the Lord has meant insult for me.

Second reading: *Romans 12: 1-2*

Offer your bodies as a living sacrifice.

Gospel: *Matthew 16: 21-27*

If anyone wants to be a follower of mine, let him renounce himself.

SPIRITUAL QUOTE OF THE WEEK

Don't be anxious about what you have, but about what you are.

Saint Gregory the Great

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk

Assistant Priest: Fr. John Warnaby johnwarnaby@rcdow.org.uk

Catechetical Coordinator: Mr. Peter Kingsley peterkingsley@rcdow.org.uk

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Director of Music: Mr. Scott Price scottprice@rcdow.org.uk

Hall Bookings: via the office or sudbury@rcdow.org.uk

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Telephone: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office/ SVP Information 3. Mgr Jeremy; 4. Fr. John; 5. Catechetical Coordinator.

Charity No: 233699

Email: sudbury@rcdow.org.uk **Website:** parish.rcdow.org.uk/sudbury

GOSPEL REFLECTION

FOR YOUR PRAYERS

SICK & HOUSEBOUND: Michael Fahey, Anne Hull, Catherine Kevill, Margaret O'Shea, Edith Geissler, Marie Rego, Eileen Kidd, Christopher Browne, John and Angela McCarthy, Germaine Duffner, Patrick McDonagh, Noel Gill, Tom Fernandes.

RECENTLY DEPARTED: William McCauliff, Mary Craddock, Mary Mallet, Wendy Smith, Eileen Scott, Fr Danny Horan.

ANNIVERSARIES OF THE DEPARTED: Marguerite Foakes (25th), Mario Tribaudi

WE PRAY ESPECIALLY FOR:

- ◆ Our Parish and its renewal after this difficult time;
- ◆ Our Children waiting for first Holy Communion;
- ◆ Our young adults waiting for the Sacrament of Confirmation;
- ◆ For all preparing for baptism;
- ◆ For those still required to self isolate;
- ◆ All who find themselves unemployed;
- ◆ All who remain housebound or in quarantine;
- ◆ For honesty and integrity in the media;
- ◆ For those travelling and going on holiday;
- ◆ For the sick and those who care for them;
- ◆ For the faithful departed.

INTENTIONS OF POPE FRANCIS FOR AUGUST

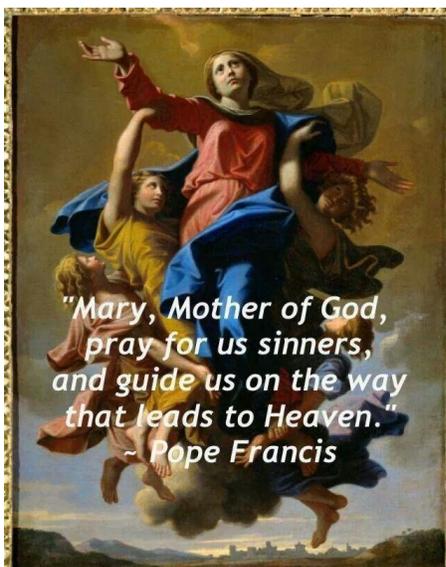
The Maritime World: We pray for all those who work and live from the sea, among them sailors, fishermen and their families.

SANCTUARY LAMP

has been sponsored this week
For the intentions of the Lawrence family

LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM

has been sponsored this week
In memory of James Walsh RIP



*"Mary, Mother of God,
pray for us sinners,
and guide us on the way
that leads to Heaven."
- Pope Francis*

Our Gospel today is the continuation from last week's where Peter was pronounced by Jesus as the rock upon which the Church would be built. However, moments later, when Jesus explains to his disciples that he is destined to suffer and die, Peter, starts to argue with the Lord.

Peter has accompanied Jesus on his journey to date, watching him preach and perform miracles. Great crowds have followed them; it has been something of a triumphant progress. But now for the first time, Jesus spells out that he is going to Jerusalem and will die there. He adds that he will be raised up on the third day, but Peter fails to understand what this means and cannot accept the idea of Jesus being put to death. Peter, who has just been told he will receive the keys of the kingdom of heaven, is now called "Satan" and "an obstacle".

When Jesus was tempted by Satan in the desert, he was offered all the kingdoms of the world and their splendour. Peter is being told in no uncertain terms that Jesus' kingdom (over which Peter has been given authority) is not of this kind. Following Jesus will involve difficult choices. Peter himself was to face imprisonment and a martyr's death.

As Christians we are called to look on the world differently. We do not measure our success in life by what we possess, or superiority over others but in following Jesus' commandment to love one another and help those in need. This might involve taking up the Cross, like Jesus, perhaps to forgive someone who has hurt us or to keep giving when there seems to be little appreciation.

Like Peter we all struggle to understand suffering and death. In Jesus, God became flesh and fully shared in human suffering. We may be sure that he is there to support our loved ones who suffer and to bless and strengthen all who minister to them. For Christians death is not the end; Jesus himself promised "Those who eat my flesh and drink my blood have eternal life and I will raise them up on the last day". (John 6:54)

NEWS UPDATE



WELCOME BACK TO ANYONE WHO IS RETURNING TO MASS AGAIN FOR THE FIRST TIME AFTER THESE PAST MONTHS. YOU'LL NOTICE THINGS ARE A BIT DIFFERENT (BUT NOT TOO DIFFERENT!). TO KEEP EVERYONE SAFE IT IS VERY IMPORTANT TO FOLLOW THE ADVICE OF THE STEWARDS AT THE DOOR AND TO SIT WHERE DIRECTED. PLEASE ALSO WEAR FACE COVERINGS.

We are now keeping our traditional Mass routine for both Sundays and weekdays. i.e. Sat 6.15 (Vigil), Sunday 8.30am, 9.45am, 11.15am & 5.30pm.

The church will open on:

Saturday Open at 5.45pm close at 6.45pm

Sunday: Open at 8.00am close at 9.00am

Open at 9.15am close at 10.15am

Open at 10.45am close at 11.45am

Open at 5.00pm close at 6.00pm

Weekdays:

Open at 9.00am close at 10.00am

After each closure the church must be cleaned.

Needless to say this involves a huge undertaking on the part of volunteer stewards/cleaners. **Could you help?** Maybe one mass each fortnight. Volunteers must be under 70 years of age and have no underlying health conditions. If you can help either with cleaning or stewarding talk to one of the parish team or email Fr Jeremy on: jeremyfairhead@rcdow.org.uk

CONFESSIONS on Saturdays from 5.45pm-6.15pm.

EXPOSITION OF THE BLESSED SACRAMENT with BENEDICTION Fridays 9.00-9.30am

TEST AND TRACE. To help NHS Test and Trace, should we have a case of COVID-19, we have been asked to keep a record of who attends church each day. These contact details will be kept in a secure place and destroyed after 21 days. You can opt out of sharing your name and contact details. No one will be compelled to provide their name and number if they do not wish to do so. As our numbers for Mass are increasing, we may need to introduce a requirement to reserve a place for Mass. Please look at our website for updates.

COMING ON TIME FOR MASS During this period when we are following strict guidelines it is really important to try to get to Mass in good time. As always this is a good thing to do but at the present moment, doubly so. One or two of us are habitually late for Mass. Maybe this is the moment to correct that reality. Please do set off in good time in order to arrive in good time—and you will have time also to spiritually prepare before Mass.

AFTER MASS whilst we are doing what is in the guidelines known as "Option 2" in the giving of Holy Communion at the end of Mass, and outside,

many have found it helpful to pause and give thanks in the front garden, especially under the trees. Please respect this and **DO NOT TALK AND GOSSIP** which interrupts the silence and is not good in itself.

NEWSLETTER. Now that our church is open a paper copy of the weekly newsletter will be available in the church for you to pick up and take home with you (**you must not leave it behind**). The newsletter will continue to be posted on the parish website as normal.

FUNERALS are now possible in church together with a Requiem Mass but the numbers are **limited to 30 persons**. If you wish to attend any funeral you will need to be in contact with the family who will gather a list of names.

MARRIAGE PREPARATION *Engaged Encounter* has announced a new online experience for couples preparing for marriage. For 40 years *Engaged Encounter* has been offering marriage preparation retreats all to enable couples to gain a deeper understanding of the Sacrament. The next video conferenced retreat will take place in October. Find out more at engaged-encounter.org.uk

FIRST HOLY COMMUNION MASSES - All being well, the FHC Masses from this year's Programme should be taking place after the children return to school in September. All this year's FHC Parents/Carers should have received an **email on 16th July** with details of their new **FHC Mass & Rehearsal**. If, for any reason, you did not receive this email please contact Peter, our Catechetical Coordinator.

FIRST HOLY COMMUNION ENROLMENT 2020-21 - Enrolment Packs, for the coming year's FHC Programme, are **now available at the back of Church**. One of many measures to keep us as safe as possible this year relates to the **FHC Enrolment Evening on Tuesday 22nd September**. Only **one Parent/Carer is to attend (wearing a face covering) and absolutely no children are permitted to attend**. Enrolment will be from **7.00-8.00pm (Sumames A-M)** and from **8.00-9.00pm (Sumames N-Z)**. Once you have read the details & guidelines in the pack, if you require any further information please do not hesitate to contact Peter, our Catechetical Coordinator. Thank you.

WELCOMING - Although, for the time being, the 'Welcoming Ministry' at Mass remains suspended until further notice, 'Welcomers' would be welcome to join the Stewarding Team currently taking care of the well-being & safety of those attending Mass. For further details please see the Newsletter Insert about Stewarding & Cleaning.

READERS - All should have received information from those responsible for their Reading Rota with current guidelines. Readers are reminded to please 'check in' with the priest before Mass and ensure disposable plastic gloves are worn for the duration of the reading to help keep us all safe.

ALTAR SERVING - In line with current guidelines, to keep us all safe the regular Altar Servers Rota is suspended until future notice and the Mass will only be served by a few experienced Altar Servers. We shall be back in touch with all those on the rota as soon as the guidelines make it possible for all to serve once again.

UPDATE ON HALL BOOKINGS: Sorry, we still have no start date as yet regarding the resumption of meetings for hall groups. Of first importance will be the use of the halls for preparing our young for First Holy Communion and Confirmation. The Covid Secure requirements for halls have been published but they are complex. Some of the activities of our hall users involve physical exercise, so this is an additional complication. Like other churches the loss of revenue from hall rents and hire is having an impact on our parish income but we can only open when it is safe to do so for all. Please bear with us.

IMPORTANT NOTICE TO ALL USERS OF ST. GEORGE'S PLANNED GIVING ENVELOPES: It has come to our attention that some of the planned giving envelopes, which were posted in April, have made their way to the wrong address! **PLEASE CHECK** that the box of envelopes you have received has your name and address on the label. **It is vital that the correct names correspond to the correct donation** particularly for all who have gift aided their donations.

If your box does **not** have your name on it we would be very grateful if you would please return it to the parish office as soon as possible. You can contact the office by email at sudbury@rcdow.org.uk or by letter.

If you are not in our planned giving scheme and wish to donate by envelope or standing order or wish to gift aid or make any changes please contact the parish office at the above email address or by letter. You may leave a message on the answerphone (020 8904 2552 Option 2) but remember the parish office is closed at the moment and all of August. This is important – thank you for your co-operation.

ALL YOUR OFFERINGS ADD UP! A huge thank you to the generosity of those who have faithfully filled their giving envelopes each week and also those who have contributed during this time via Direct Debit.

YOUNG PARISHIONER REQUIRES WORK: Call Ajay Esteves 07459 872486 if you are able to help him.

THE PARISH OFFICE remains closed. If you wish to book a Mass and for a Mass Card, the best way to get one is to give us all the details, your offering and an SAE and we will post it back to you ASAP.

THANK YOU TO EVERYONE FOR YOUR PATIENCE AND ENDURING FAITH DURING THE PAST MONTHS.

SUNDAY READINGS & PRAYERS

Entrance Antiphon: Cf. Ps 85: 3, 5

Have mercy on me, O Lord, for I cry to you all the day long.
O Lord, you are good and forgiving,
full of mercy to all who call to you.

Collect

God of might, giver of every good gift,
put into our hearts the love of your name,
so that, by deepening our sense of reverence,
you may nurture in us what is good
and, by your watchful care,
keep safe what you have nurtured.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. **Amen.**

First reading: Jeremiah 20:7-9

You have seduced me, Lord, and I have let myself be seduced;
you have overpowered me: you were the stronger.
I am a daily laughing-stock,
everybody's butt.
Each time I speak the word, I have to howl
and proclaim: 'Violence and ruin!'
The word of the Lord has meant for me
insult, derision, all day long.
I used to say, 'I will not think about him,
I will not speak in his name any more.'
Then there seemed to be a fire burning in my heart,
imprisoned in my bones.
The effort to restrain it wearied me,
I could not bear it.

Responsorial Psalm: Psalm 62(63):2-6,8-9

R/. For you my soul is thirsting, O Lord my God.

1. O God, you are my God, for you I long;
for you my soul is thirsting.
My body pines for you
like a dry, weary land without water. **R/.**

2. So I gaze on you in the sanctuary
to see your strength and your glory.
For your love is better than life,
my lips will speak your praise. **R/.**

3. So I will bless you all my life,
in your name I will lift up my hands.
My soul shall be filled as with a banquet,
my mouth shall praise you with joy. **R/.**

4. For you have been my help;
in the shadow of your wings I rejoice.
My soul clings to you;
your right hand holds me fast. **R/.**

Second reading: Romans 12:1-2

Think of God's mercy, my brothers, and worship him, I beg you, in a way that is worthy of thinking beings, by offering your living bodies as a holy sacrifice, truly pleasing to God. Do not model yourselves on the behaviour of the world around you, but let your behaviour change, modelled by your new mind. This is the only way to discover the will of God and know what is good, what it is that God wants, what is the perfect thing to do.

Gospel Acclamation:

Alleluia, alleluia!

*May the Father of our Lord Jesus Christ
enlighten the eyes of our mind,
so that we can see what hope his call holds for us.*

Alleluia!

Gospel: Matthew 16:21-27

Jesus began to make it clear to his disciples that he was destined to go to Jerusalem and suffer grievously at the hands of the elders and chief priests and scribes, to be put to death and to be raised up on the third day. Then, taking him aside, Peter started to remonstrate with him. 'Heaven preserve you, Lord;' he said 'this must not happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are an obstacle in my path, because the way you think is not God's way but man's.'

Then Jesus said to his disciples, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake will find it. What, then, will a man gain if he wins the whole world and ruins his life? Or what has a man to offer in exchange for his life?

'For the Son of Man is going to come in the glory of his Father with his angels, and, when he does, he will reward each one according to his behaviour.'

Prayer over the Offerings

May this sacred offering, O Lord,
confer on us always the blessing of salvation,
that what it celebrates in mystery
it may accomplish in power.
Through Christ our Lord.

Communion Antiphon: Ps 30: 20

How great is the goodness, Lord,
that you keep for those who fear you.

Prayer after Communion

Renewed by this bread from the heavenly table,
we beseech you, Lord,
that, being the food of charity,
it may confirm our hearts
and stir us to serve you in our neighbour.
Through Christ our Lord.