



Sunday 24th January 2021

Volume 2, Issue 7 and 'On Line'

THE THIRD SUNDAY OF THE YEAR

Welcome to our 'On Line' Newsletter It should be easier to read and to download and print if you so wish. Please use the readings and reflection as part of your spiritual Communion and with any streamlining Masses in which you may be watching and participating.

Sunday Cycle
Readings Year B

Weekday Readings
Year 2

Divine Office
Week 3

For children,
download a weekly sheet:
[http://www.sdc.me.uk/
sundayliturgy/](http://www.sdc.me.uk/sundayliturgy/)

THIS WEEK

Sun 24 Jan 3rd SUNDAY IN ORDINARY TIME
6.15pm NO EVENING MASS
8.30am Baptiste Fernandes Ints
9.45am Spencer Commarwel RIP
11.15am Peggy Cullerton RIP
5.30pm NO EVENING MASS

Mon 25 Jan CONVERSION OF ST. PAUL
9.30am Mossie O'Grady RIP
Lola & Josephine Silverman RIP

Tues 26 Jan Ss. Timothy & Titus
9.30am Anna Corcoran RIP

Weds 27 Jan S. Angela Merici
9.30am Mary Ferrao RIP

Thurs 28 Jan S. Thomas Aquinas
9.30am Brian Foley RIP

Fri 29 Jan feria
9.30am Roger & Adam Ints.

Sat 30 Jan Of Our Lady
9.30am Teresa Canavan Ints.

Sun 24 Jan 4th SUNDAY IN ORDINARY TIME
6.15pm NO EVENING MASS
8.30am Baptiste Fernandes Ints
9.45am Spencer Commarwel RIP
11.15am Peggy Cullerton RIP
5.30pm NO EVENING MASS



TODAY'S MASS



Jesus preaches the Kingdom of God in continuity with the preaching of John the Baptist. Like John the Baptist, Jesus' pronouncement of the kingdom is a call to repentance. Yet Jesus' preaching is greater than John's. Jesus begins the time of fulfilment; the Kingdom of God is already here. This will be demonstrated again and again, both in Jesus' words and in the actions that follow. Jesus'

healings and forgiveness of sins are signs of the Kingdom of God that he announces in his teaching.

First Reading: *Jonah 3:1-5,10*

God spared the people of Nineveh because they heeded the message God sent through Jonah.

Second Reading: *1 Corinthians 7:29-31*

Paul warns the Corinthians that they must act differently because the world in its present form is passing away.

Gospel Reading: *Mark 1:14-20*

Jesus calls the fishermen, Simon and Andrew, James and John, to be his disciples.

SPIRITUAL QUOTE OF THE WEEK

"Our Lord does not so much look at the greatness of our actions, or even at their difficulty, as at the love with which we do them."

St. Therese of Lisieux

MAKING CONTACT AT ST. GEORGE'S

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Charity No: 233699

Email: sudbury@rcdow.org.uk **Website:** parish.rcdow.org.uk/sudbury

GOSPEL REFLECTION

FOR YOUR PRAYERS

SICK & HOUSEBOUND: Catherine Kevill, Margaret O'Shea, Marie Rego, Eileen Kidd, Christopher Browne, John and Angela McCarthy, Germaine Duffner, Patrick McDonagh, Noel Gill, Tom Fernandes, Dee Auriol, Kathleen O'Brien, Allan Noronha, Fiona Power, Theresa Isaccs,

RECENTLY DEPARTED: Nancy Quinn, Marie Argent, Mgr Mark Langham, Agnelo Rebllo

ANNIVERSARIES OF THE DEPARTED: Mary Ferrao, Kathleen Halpin

INTENTIONS OF POPE FRANCIS FOR JANUARY

Intention for evangelization - Human fraternity
May the Lord give us the grace to live in full fellowship with our brothers and sisters of other religions, praying for one another, open to all.

SANCTUARY LAMP *Private intention*

LAMP AT THE ALTAR OF OUR LADY OF WALSHINGHAM *Private intention*

A DAILY PRAYER TO SAINT JOSEPH

given to us by Pope Francis for this Year of St Joseph

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.

To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.

Blessed Joseph, to us too,
show yourself a father

and guide us in the path of life.

Obtain for us grace, mercy, and courage,
and defend us from every evil. Amen.

**"WE ALL HAVE A VOCATION.
WE BELIEVE THAT GOD HAS
PLACED US IN THIS LIFE TO
FILL A SPECIAL NEED THAT
NO ONE ELSE CAN
ACCOMPLISH."**

- ST. FRANCIS DE SALES

dosp.org

Today we celebrate the Sunday of the Word of the Lord, instituted just over a year ago by Pope Francis in answer to requests made to him. This is as an opportunity for each one of us to develop a constant relationship with God through his living Word, Our Lord Jesus Christ, who never tires of speaking to His Bride, the Church. It is not by chance that this Sunday also coincides with the end of the Week of Prayer for Christian Unity, because the Word of God is at the centre of this week, since the Scriptures point out the path to authentic and firm unity.

The Word of God has always a prominent place in the liturgy, and more particularly when it is proclaimed and preached at the celebration of the Mass. Through it, in the Holy Spirit, Jesus himself speaks to us, as he did to the eleven disciples: He opened their minds to understand the Scriptures (Lk 24:45); and this Sunday is not the exception. In today's Gospel, Jesus begins his public ministry in Galilee, proclaiming the closeness of the Kingdom of God, in His very person; and makes an imperative invitation to everyone who hears it to do two things: one to repent, and the other to believe the gospel.

Repentance comes from the Greek word *metanoia* or change of heart, which means literally change of mentality, a renunciation of sin. Renunciation of sins apply not only to mortal or venial sins, it also applies to even more subtle situations. Here some examples. A legalist and self-righteous attitude, where we find approval of God and others by our own effort, and if we are not acknowledged as expected, we give an "it is not fair" answer. Another is pride, where we seek to place us in control and resist dependency on God. Judgments, in which we stand superior to others, we can imprison someone by labelling them "that is the way they are they will never change". Fear, this due to a lack of trust in God's love, and it is the root for us to need to be in control. There are more: self-pity; bitterness and unforgiveness.

Complementing the call to repentance is also the call to believe. Belief, comes from the Greek word *pisteuo*, which denotes reliance, trust, and certainty. Believe and trust in whom? In that God's Kingdom has come in and with the acts of the life, death, and resurrection of Jesus Christ.

HM Government

NHS

TO KEEP ON PROTECTING
EACH OTHER



HANDS



FACE



SPACE

NEWS UPDATE



Confirmation 2021 Information Evening



Are you in Year 10 or above, part of our Parish and wishing to be confirmed in 2021?

If so, please join us, with one Parent/Carer only, in the Parish Centre for the

COVID Secure

Confirmation Information Evening

Monday 29th March

7.00-7.45pm - Surnames A-K

8.00-8.45pm - Surnames L-Z



MASS TIMES: We are now keeping again our traditional Mass routine for both Sundays and weekdays. i.e. Sunday 8.30am, 9.45am, 11.15am
The only change is that there is NO EVENING MASS ON SATURDAY OR SUNDAY

The church will open on:

Sunday: Open at 8.00am close at 9.00am

Open at 9.15am close at 10.15am

Open at 10.45am close at 11.45am

Weekdays: Open at 9.00am close at 10.00am

After each closure the church must be cleaned. Needless to say this involves a huge undertaking on the part of volunteer stewards/cleaners. Could you help? Maybe one mass each fortnight. Volunteers must be under 70 years of age and have no underlying health conditions. If you can help either with cleaning or stewarding talk to one of the parish team.

CONFESSIONS by appointment

EXPOSITION OF THE BLESSED SACRAMENT with BENEDICTION Fridays 9.00-9.30am

Mass at the usual time of 9.30pm.

THE NATIONAL LOCKDOWN AND THE CHURCH: Currently, we are permitted to continue our Masses at St George's with Covid restrictions in place. We will therefore be open for public Mass at 9.30am on Monday - Saturday. However, there will be no Saturday Vigil Mass and no Sunday evening Mass. As of 16th January. All Mass intentions will be offered as usual, be that at the public Mass or when Mass is said in private.

Please be assured, the obligation to attend the Mass has been suspended. If you or a member of your household is vulnerable or clinically compromised, it is important that you do not come. It is also most important, that if you are unwell, even if it's just the common cold, that you remain at home and get better before attending Mass again. Thank you for wearing a face covering, they are compulsory in our buildings at all times - even outside of the Mass.

Home Communion for the sick continues to be suspended for the time being. The Sacrament of the

Sick, for the gravely ill, at home, including Holy Anointing (commonly called the Last Rites of the Church) will still be administered to those who are dying. Please let us know if someone is gravely ill so we can see them. If a parishioner is in hospital, the Catholic hospital Chaplain can be advised via the nurses station on each ward. Parish clergy are not permitted on to the wards during the pandemic.

It would be a great kindness to look out for other parishioners and neighbours who live nearby, especially those who live alone. If you know someone who is feeling particularly isolated and would value a chat over the phone.

Many people are naturally feeling anxious at the moment about the spread of Covid. But we have hope, with the roll out of the new vaccines. Please pray at home for the end to the spread of the virus and for the safe distribution of the vaccine. Please also pray for all who are in hospital and those who are sick at home, who have tested positive, including members of the clergy across our Diocese.

FUNERAL MASS OF NACY QUINN on Monday 25th January 2021 followed by burial in Carpenders Park. May she rest in peace.

HUGE APOLOGIES last week's published intentions were for this week so this week's intentions are those for last week!

FIRST HOLY COMMUNION 2021 - To keep us all as safe as possible, the FHC Programme is continuing at home in the coming weeks. Parents/Carers should have received a letter from Mgr. Jeremy & the Part 2 Coursebook (Called to his Supper) in the post this week. The first 'at home' session with children will be taking place on Tuesday 26th January. All being well an email, including a simplified session plan helping you complete that session at home with your children, will arrive that morning. Please ensure peterkingsley@rcdow.org.uk is in your email contact list so all the important information sent about the FHC Programme arrives safely. Thank you.

CONFIRMATION 2021 - Due to COVID we have had to postpone the beginning of our Confirmation Programme 2021. Our Programme is open to young people from our Parish in Year 10 & above. God willing, the Confirmation Information Evening will now take place in the Parish Centre on Monday 29th March. To keep us all as safe as possible this year there will be two COVID-secure sessions (7.00-7.45pm for those with surnames A-K & 8.00-8.45pm for those with surnames L-Z). Just the young person & one parent/carer are to attend. Thank you, in anticipation, for arriving on-time. For further information please contact our Catechetical Coordinator at peterkingsley@rcdow.org.uk.

'YEAR OF ST JOSEPH' - On the 150th anniversary of the proclamation of St Joseph as 'Patron of the Catholic Church' by Blessed Pius IX, Pope Francis has proclaimed 'A Year of St Joseph' from 8th December 2021 to 8th December 2021. <https://rcdow.org.uk/faith/news/st-joseph/>

APOLOGIES: our toilets and hall remain closed at this time. Thank you for your understanding.

SVP - During the current Pandemic, the Parish SVP Group is there to help the vulnerable of the Parish with tasks such as shopping, posting letters, urgent supplies and can provide telephone support if you are feeling isolated or lonely. If you need their help please call 0208 9000250, 0775 3654154 (Theresa) or email StGeorgeSVP@pm.me

CHURCH LAMPS: Both the Sanctuary Lamp and the lamp of Our Lady of Walsingham have been sent away for some minor restoration. Whilst the lamps are not in their holders they are burning in the relevant places and for the intentions given.

DONA is a new Diocesan scheme to make your weekly giving (and any one-off giving) much easier. Basically it is a card/contactless system. You'll see the machine as you enter by the door. Please do use it as you wish, especially if you choose to carry no cash.

SOME LITURGICAL DATES FOR YOUR DIARY: Candlemas (The Presentation of the Lord) 2nd Feb
Ash Wednesday - 17th Feb
1st Sunday of Lent - 21st Feb
St Patrick - 17th March
St Joseph - 19th March
The Annunciation of the Lord - 25th Mar
Palm Sunday - beginning of Holy Week - 28th Mar
Maundy Thursday - 1st Apr
Good Friday - 2nd Apr
Holy Saturday - 3rd Apr
Easter Sunday of the Resurrection - 4th Apr

THE PARISH OFFICE remains closed. If you wish to book a Mass and for a Mass Card, the best way to get one is to give us all the details, your offering and an SAE and we will post it back to you ASAP.

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MARRIAGE ENCOUNTER - A virtual on-line Marriage Encounter takes place next weekend 30-31st January.

If you have been think of attending a Marriage Enrichment weekend in the past, then this could be the best opportunity to experience a weekend without having to travel anywhere and from the comfort of your own home - for more details go to wwme.org.uk and follow the link to Marriage Encounter then "find a weekend".

AN ACT OF SPIRITUAL COMMUNION
(For those not able to receive Holy Communion)

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.

SUNDAY READINGS & PRAYERS

Entrance Antiphon: *Cf. Ps 95: 1, 6*

O sing a new song to the Lord;
sing to the Lord, all the earth.
In his presence are majesty
and splendour, strength and honour in his holy place.

Collect

Almighty ever-living God,
direct our actions according to
your good pleasure,
that in the name of your
beloved Son we may abound in good works.
Through our Lord Jesus Christ,
your Son, who lives and reigns
with you in the unity of the
Holy Spirit,
one God, for ever and ever.

First reading: *Jonah 3:1-5,10*

The word of the Lord was addressed to Jonah: 'Up!' he said 'Go to Nineveh, the great city, and preach to them as I told you to.' Jonah set out and went to Nineveh in obedience to the word of the Lord. Now Nineveh was a city great beyond compare: it took three days to cross it. Jonah went on into the city, making a day's journey. He preached in these words, 'Only forty days more and Nineveh is going to be destroyed.' And the people of Nineveh believed in God; they proclaimed a fast and put on sackcloth, from the greatest to the least. God saw their efforts to renounce their evil behaviour. And God relented: he did not inflict on them the disaster which he had threatened.
The word of the Lord.

Responsorial Psalm: *Ps 24:4-6, 7-9*

R/. Lord, make me know your ways.

1. Lord, make me know your ways.
Lord, teach me your paths.
Make me walk in your truth, and teach me:
for you are God my saviour.

2. Remember your mercy, Lord,
and the love you have shown from of old.
In your love remember me.
because of your goodness, O Lord.

3. The Lord is good and upright.
He shows the path to those who stray,
He guides the humble in the right path,
He teaches his way to the poor.
Second reading: *1 Corinthians 7:29-31*

Brothers: our time is growing short. Those who have wives should live as though they had none, and those who mourn should live as though they had nothing to mourn for; those who are enjoying life should live as though there were nothing to laugh about; those whose life is buying things should live as though they had nothing of their own; and those who have to deal with the world should not become engrossed in it. I say this because the world as we know it is passing away.
The word of the Lord.

Gospel Acclamation: *Mk 1:15*

Allelula, allelula!
The kingdom of God is close at hand: repent,
and believe the Good News.
Allelula!

Gospel: *Mark 1:14-20*

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'
As he was walking along by the Sea of Galilee he saw Simon and his brother Andrew casting a net in the lake – for they were fishermen. And Jesus said to them, 'Follow me and I will make you into fishers of men.' And at once they left their nets and followed him.
Going on a little further, he saw James son of Zebedee and his brother John; they too were in their boat, mending their nets. He called them at once and, leaving their father Zebedee in the boat with the men he employed, they went after him.

Prayer over the Offerings

Accept our offerings,
O Lord, we pray, and in sanctifying them grant that they may profit
us for salvation.
Through Christ our Lord.

Communion Antiphon: *Cf. Ps 33: 6*

Look toward the Lord and be radiant; let your faces not be abashed.

Prayer after Communion

Grant, we pray, almighty God,
that, receiving the grace
by which you bring us to new life,
we may always glory in your gift.
Through Christ our Lord.