



Sunday 14th March 2021

Volume 2, Issue 15 and 'On Line'

THE FOURTH SUNDAY OF LENT

Welcome to our 'On Line' Newsletter It should be easier to read and to download and print if you so wish. Please use the readings and reflection as part of your spiritual Communion and with any streamlining Masses in which you may be watching and participating.

Sunday Cycle
Readings Year B

Weekday Readings
Week Lent 4

Divine Office
Week 4 (Lent)

For children,
download a weekly sheet:
[http://www.sdc.me.uk/
sundayliturgy/](http://www.sdc.me.uk/sundayliturgy/)

TODAY'S MASS



Jesus Christ is given to the world by God so that those who believe in his name might be saved. He brings us new life because previously we were dead to sin but now are saved through grace. We are God's work of art created in Jesus Christ.

First Reading: 2 Chronicles 36:14-16,19-23

The causes for the Israelites' captivity in Babylon are described.

Second Reading: Ephesians 2:4-10

In grace we have been saved, so that we may do the work of the Lord.

Gospel Reading: John 3:14-21

Jesus tells Nicodemus that the Son of Man will be raised up so that those who believe in him will have eternal life.

THIS WEEK

Sun 14 March 6.15pm 8.30am 9.45am 11.15am 5.30pm	FOURTH SUNDAY OF LENT People of the Parish Michael & Tom Haugh RIP Kathleen Egan RIP David Leathers RIP NO EVENING MASS
Mon 15 March 9.30am	Lent feria Norah Hurley RIP
Tues 16 March 9.30am	Lent feria Errol Mark RIP
Weds 17 March 9.30am	S. Patrick Mary Moriarty RIP
Thurs 18 March 9.30am	Lent feria Michael garret RIP
Fri 19 March 9.30am	S. JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY, PATRON OF THE DIOCESE Spencer Coomarwel RIP
Sat 20 March 9.30am	Lent feria Margaret & Jim Whoriskey RIP
Sun 21 March 6.15pm 8.30am 9.45am 11.15am 5.30pm	FIFTH SUNDAY OF LENT People of the Parish Bridget Welikala RIP Edith Geissler RIP Patrick O'Connor RIP NO EVENING MASS

SPIRITUAL QUOTE OF THE WEEK

"Pray, hope, and don't worry. Worry is useless. God is merciful and will hear your prayer."

Saint Pio of Petrelcina (Padre Pio)

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk
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Safeguarding Rep: Mrs. Mary Kugaswaran sudburysg2@rcdow.org.uk
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Charity No: 233699
Email: sudbury@rcdow.org.uk **Website:** parish.rcdow.org.uk/sudbury

GOSPEL REFLECTION

FOR YOUR PRAYERS

SICK & HOUSEBOUND: Catherine Kevill, Margaret O'Shea, Marie Rego, Eileen Kidd, Christopher Browne, John and Angela McCarthy, Patrick McDonagh, Noel Gill, Tom Fernandes, Dee Auriol, Kathleen O'Brien, Allan Noronha, Fiona Power, Theresa Isaccs, Emma Fernandes.

RECENTLY DEPARTED: Errol Mark, Anne McCool, Anthony Sullivan, Margaret Jones

ANNIVERSARIES OF THE DEPARTED: Kathleen Egan (5th anniv.)

INTENTIONS OF POPE FRANCIS FOR MARCH

Sacrament of Reconciliation Let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God.

SANCTUARY LAMP - *Tom Wood RIP*
(recently deceased)

LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM *In memory of Kathleen Egan RIP*

A DAILY PRAYER TO SAINT JOSEPH

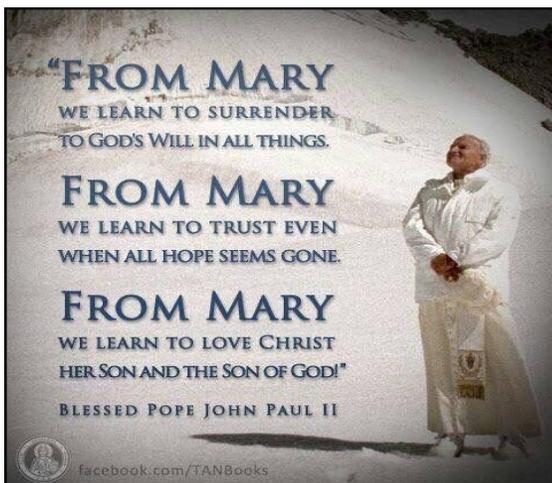
given to us by Pope Francis for this Year of St Joseph

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.

To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.

Blessed Joseph, to us too,
show yourself a father
and guide us in the path of life.

Obtain for us grace, mercy, and courage,
and defend us from every evil. Amen.



In today's Gospel Jesus speaks about the necessity for him, identified as the Son of Man, to be lifted up as Moses lifted up the serpent in the desert. It is good to remember what happened in that passage from the Book of Numbers chapter 21.

We are told in that episode that the people of Israel lost patience at both God and Moses. They were brought out of their slavery in Egypt by God through Moses. They saw how God opened the Red Sea and how He killed pharaoh and his armies. They are now journeying in the desert where there is neither food nor water, the only provision they have is the daily portion of mana which God sends them. But the Israelites were afraid of dying in the desert and complained against God and Moses: their only excuse was that they were sick of the mana! As results of this, God sent them fiery serpents whose bite brought the death to many Israelites in the desert.

This action of God made the people realise their sins by speaking against God and Moses, and requested Moses to intercede for them, which he does. In answer to his prayer, God asked Moses to erect a bronze serpent on a pole for anyone who is bitten by a fiery serpent to look at it and survive. Those who were bitten and looked at it survived!

Our situation today is not different from that of the Israelites, despite the fact thousands of years separate us from those events. In spite also of the fact that many of us have been baptised and brought up us Catholic. We too find ourselves complaining and fearful of our fate, now even more amid this pandemic. We grumble at the portion that God has given us, the character of our spouses and of our children, the pressure at our jobs or the lack of it, and even the situation of our parish community. But these very actions of complaining and grumbling bring inside of us a mortal poison which alienates us from God, our neighbours and even our loved ones!

The Church reminds us in the Gospel today, that God has given us the answer to our present situation, which was prefigured by the serpent in the dessert and fulfilled in the lifting up of our Lord Jesus Christ on the Cross. Anyone who looks at him believing that his death brings salvation has the possibility to find Eternal Life!



NEWS UPDATE



Confirmation 2021 Information Evening



Are you in Year 10 or above, part of our Parish and wishing to be confirmed in 2021?

If so, please join us, with one Parent/Carer only, in the Parish Centre for the

COVID Secure

Confirmation Information Evening

Monday 29th March

7.00-7.45pm - Surnames A-K

8.00-8.45pm - Surnames L-Z



MASS TIMES: We are now keeping again our traditional Mass routine for both Sundays and weekdays. i.e. Saturday 6.15pm (Vigil) Sunday 8.30am, 9.45am, 11.15am **The only change is that there is NO EVENING MASS ON SUNDAY**

The church will open on:

Saturday 5.45pm close at around 7.00pm

Sunday: Open at 8.00am close at 9.00am

Open at 9.15am close at 10.15am

Open at 10.45am close at 11.45am

Weekdays: Open at 9.00am close at 10.00am

After each closure the church must be cleaned. Needless to say this involves a huge undertaking on the part of volunteer stewards/cleaners. Could you help? Maybe one mass each fortnight. Volunteers must be under 70 years of age and have no underlying health conditions. If you can help either with cleaning or stewarding talk to one of the parish team.

CONFESSIONS by appointment

EXPOSITION OF THE BLESSED SACRAMENT with BENE-DICTION Fridays 9.00-9.30am

Mass at the usual time of 9.30pm.

THIS SUNDAY is Mothering Sunday. Unfortunately we won't be able to do our usual custom of giving children flowers for their mothers. Pray for your own Mother living or departed, to the Blessed Virgin who is Mother of all Christians and for our Holy Mother, the Church. Say a prayer also for the church in which you were baptised.

DID ANYONE RECENTLY LOOSE SOME CAR KEYS = and maybe front door keys too? They are probably for a Honda vehicle. Please speak to Mgr Jeremy.

HOLY WEEK 2021 this year will be different due to the ongoing restrictions, but we will still be open and online! **PALM SUNDAY:** usual Sunday Mass times with the blessing of Palms in church, the procession is omitted. The Passion Gospel will be read by the priest alone. **MAUNDY THURSDAY:** Mass will be at 8.00pm. The foot washing is omitted this year. Sadly there will be no Altar of Repose or stripping of the Altar. For brevity, it will not be possible to keep the Watch in front of the Blessed Sacrament after Mass. **GOOD FRIDAY:** The Liturgy Passion of the Lord will take place at 1.00pm and then again at 3.00pm. The proclamation of the Passion will be made by the priest. The Veneration of the Cross is also sadly limited to the priest. Holy Communion will be distributed as usual. Stations of the Cross will be at 11.00am for children and again 8.00pm for adults with the blessing

with the relic of the True Cross. **THE EASTER VIGIL ON HOLY SATURDAY:** begins at 8.00pm The Lucernarium, (Holy Fire, Blessing of the Paschal Candle) and procession into church will be omitted and the Liturgy of the Word abbreviated. Precise details are still being worked out. **EASTER SUNDAY** Masses will be as usual as on a Sunday The usual Covid restrictions will remain in place.

COVID ROADMAP FOR CHURCHES: If the four national tests have been satisfied for easing lockdown: **From 8th March** weddings with up to 6 people may resume. Funerals continue with a maximum of 30 attending. **From 12th April:** weddings with up to 15 people allowed. Funerals continue with a maximum of 30 attending. **From 17th May:** Holy Baptisms, weddings and funerals with up to 30 people attending are allowed. **From 21 June:** no restrictions on numbers providing restrictions are not re-imposed.

EVENING MASSES on SUNDAY The Sunday evening Mass of 5.30pm will return after Easter. We thank all those who will do extra stewarding and cleaning to make this happen.

FUNERAL MASS of Margaret Patricia Jones on Monday 22nd March at 11.00am followed by burial in Harrow weald Cemetery. May she rest in peace.

FUNERAL MASS of Anthony Sullivan on Tuesday 23rd March at 11.00am followed by burial in Carpenters Park. May he rest in peace.

FUNERAL MASS of Errol Mark on Monday 29th March at 11.00am followed by cremation at West London Crematorium.

ARE NEW TO THE PARISH? Please do fill in a Parish Registration Form which you can find at the back of the church. You can return it in the presbytery letter box or by post. This is important for use to know who you are and help you when the occasion arises.

THANK YOU ONCE AGAIN to all who come to steward and clean. Above all they make it possible for our church to stay open and follow the guidelines to make sure we are "Covid secure". Please do treat them with respect. They may ask you to change your seat or sit elsewhere. Please know that they are simply doing their job—freely and willingly too.

FIRST HOLY COMMUNION 2021 - Last week Parents/Carers were sent an email & letter with details of their allocated **First Holy Communion Rehearsal & Date**. If you are uncertain of your date please email peterkingsley@rcdow.org.uk The sessions of the FHC Programme will be continuing at home in the coming weeks. If, for any reason, you do not receive the week's session plan please check your Spam/Junk folder & ensure peterkingsley@rcdow.org.uk is in your email contact list so all the important information sent about the FHC Programme arrives safely.

CONFIRMATION 2021 - Our Programme is open to young people from our Parish in Year 10 & above. The Confirmation Information Evening will be taking place, with a slightly different format, outside the Parish Centre on the evening of **Monday 29th March**. Those with surnames A-K are asked to arrive at 7pm. Those with surnames L-Z are asked to arrive at 8pm. Parents/Carers will be asked to provide contact details & an email will be sent the following day with a link to a pre-recorded Zoom of the Information Evening Presentations. Just the prospective candidate & one parent/carers are to attend. For further information please contact our Catechetical Coordinator at peterkingsley@rcdow.org.uk.

ingsley@rcdow.org.uk.

STANDING ORDERS: April is the beginning of the new financial year, if you are a gift aider and giving your offertory donation via the weekly envelopes why not consider giving by standing order? If you are interested, please contact the Parish Office via phone or email.

GIFT AID DETAILS: In order to gift aid your donations you need to be a UK tax payer, if you are one you can gift aid your donations at no extra cost to yourself, we would be able to claim 25% of your donations from HMRC. It is also important that we keep our donor records up to date as we do not want to cause anyone any trouble, if your circumstances have changed or you are no longer a tax payer please inform the Parish Office at your earliest convenience. If we claim on behalf of someone who is not paying taxes HMRC may ask that person to refund the amount claimed.

SVP - During the current Pandemic, the Parish SVP Group is there to help the vulnerable of the Parish with tasks such as shopping, posting letters, urgent supplies and can provide telephone support if you are feeling isolated or lonely. If you need their help please call **0208 9000250, 0775 3654154 (Theresa)** or email **StGeorgeSVP@pm.me**

CHURCH LAMPS: Both the Sanctuary Lamp and the lamp of Our Lady of Walsingham have been sent away for some minor restoration. Whilst the lamps are not in their holders they are burning in the relevant places and for the intentions given. Under the present circumstances there are plenty of spaces during March and April and beyond.

MASS INTENTIONS Whilst the office is closed we know it is difficult to organise Mass Intentions. What we ask so that we can keep contact down to a minimum that you send us your requests with an SAE and we will return it to you ASAP. By the way, there are plenty of gaps this year if you want a Mass said on your behalf or for someone else living or departed.

SOME LITURGICAL DATES FOR YOUR DIARY:

St Patrick - 17th March

St Joseph - 19th March

The Annunciation of the Lord - 25th Mar

Palm Sunday - beginning of Holy Week - 28th Mar

Maundy Thursday - 1st April

Good Friday - 2nd April

Holy Saturday - 3rd April

Easter Sunday of the Resurrection - 4th April

MARRIAGE ENCOUNTER - An On-Line Marriage Encounter weekend takes place on the 20-21 March. Use this time to enrich your marriage from the comfort of your home with this on-line weekend. For more details go to wwme.org.uk

THE PARISH OFFICE remains closed. If you wish to book a Mass and for a Mass Card, the best way to get one is to give us all the details, your offering and an SAE and we will post it back to you ASAP.

ST GEORGE'S LENT APPEAL EVC (Empowering Vulnerable Children) UGANDA Details are in our Lent Leaflet and there's a black bucket by the exut door—please do try to give something as part of your Lent almsgiving.

CAFOD LENT APPEAL: Give today to reach vulnerable communities around the world with water and to provide other vital support. Donate online at: <https://cafod.org.uk/Give/Donate-to-CAFOD/Lent-Appeal> Or via the envelopes which can be obtained as you leave

SUNDAY READINGS & PRAYERS

Entrance Antiphon: *Cf. Is 66: 10-11*

Rejoice, Jerusalem, and all who love her.
Be joyful, all who were in mourning;
exult and be satisfied at her consoling breast.

Collect

O God, who through your Word
reconcile the human race to yourself
in a wonderful way, grant, we pray,
that with prompt devotion and eager faith
the Christian people may hasten
toward the solemn celebrations to come.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity
of the Holy Spirit,
one God, for ever and ever.

First reading: *2 Chronicles 36:14-16,19-23*

All the heads of the priesthood, and the people too, added infidelity to infidelity, copying all the shameful practices of the nations and defiling the Temple that the Lord had consecrated for himself in Jerusalem. The Lord, the God of their ancestors, tirelessly sent them messenger after messenger, since he wished to spare his people and his house. But they ridiculed the messengers of God, they despised his words, they laughed at his prophets, until at last the wrath of the Lord rose so high against his people that there was no further remedy.

They burned down the Temple of God, demolished the walls of Jerusalem, set fire to all its palaces, and destroyed everything of value in it. The survivors were deported by Nebuchadnezzar to Babylon; they were to serve him and his sons until the kingdom of Persia came to power. This is how the word of the Lord was fulfilled that he spoke through Jeremiah, 'Until this land has enjoyed its sabbath rest, until seventy years have gone by, it will keep sabbath throughout the days of its desolation.'

And in the first year of Cyrus king of Persia, to fulfil the word of the Lord that was spoken through Jeremiah, the Lord roused the spirit of Cyrus king of Persia to issue a proclamation and to have it publicly displayed throughout his kingdom: 'Thus speaks Cyrus king of Persia, "the Lord, the God of heaven, has given me all the kingdoms of the earth; he has ordered me to build him a Temple in Jerusalem, in Judah. Whoever there is among you of all his people, may his God be with him! Let him go up."

Responsorial Psalm: *Ps 136:1-6*

R/. O let my tongue cleave to my mouth if I remember you not!

1. By the rivers of Babylon
there we sat and wept,
remembering Zion;
on the poplars that grew there
we hung up our harps. *R/.*

2. For it was there that they asked us,
our captors, for songs,
our oppressors, for joy.
'Sing to us,' they said,
'one of Zion's songs.' *R/.*

3. O how could we sing
the song of the Lord
on alien soil?
If I forget you, Jerusalem,
let my right hand wither! *R/.*

4. O let my tongue
cleave to my mouth
if I remember you not,
if I prize not Jerusalem
above all my joys! *R/.*

Second reading: *Ephesians 2:4-10*

God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ – it is through grace that you have been saved – and raised us up with him and gave us a place with him in heaven, in Christ Jesus.

This was to show for all ages to come, through his goodness towards us in Christ Jesus, how infinitely rich he is in grace. Because it is by grace that you have been saved, through faith; not by anything of your own, but by a gift from God; not by anything that you have done, so that nobody can claim the credit. We are God's work of art, created in Christ Jesus to live the good life as from the beginning he had meant us to live it.

Gospel Acclamation: *Jn 3:16*

*Praise to you, O Christ King of eternal glory!
God loved the world so much
that he gave his only Son:
everyone who believes in him
has eternal life.
Praise to you, O Christ King of eternal glory!*

Gospel: *John 3:14-21*

Jesus said to Nicodemus: 'The Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him. Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved. No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son. On these grounds is sentence pronounced: that though the light has come into the world men have shown they prefer darkness to the light because their deeds were evil. And indeed, everybody who does wrong hates the light and avoids it, for fear his actions should be exposed; but the man who lives by the truth comes out into the light, so that it may be plainly seen that what he does is done in God.'

Prayer over the Offerings

We place before you with joy
these offerings, which bring eternal remedy, O Lord,
praying that we may both
faithfully revere them and present them to you, as is fitting,
for the salvation of all the world. Through Christ our Lord.

Communion Antiphon

Jerusalem is built as a city bonded as one together.
It is there that the tribes go up, the tribes of the Lord,
to praise the name of the Lord.

Prayer after Communion

O God, who enlighten everyone
who comes into this world,
illuminate our hearts, we pray,
with the splendour of your grace,
that we may always ponder
what is worthy and pleasing to your
majesty and love you in all sincerity.