



Sunday 30th May 2021

THE MOST HOLY TRINITY

Welcome to our 'On Line' Newsletter It should be easier to read and to download and print if you so wish. Please use the readings and reflection as part of your spiritual Communion and with any streamlining Masses in which you may be watching and participating.

Sunday Cycle
Readings Year B

Weekday Readings
Year I Week 9

Divine Office
Week 1

For children,
download a weekly sheet:
[http://www.sdc.me.uk/
sundayliturgy/](http://www.sdc.me.uk/sundayliturgy/)

THIS WEEK

Sun 30 May 6.15pm (Vigil) 8.30am 9.45am 11.15am 5.30pm	THE MOST HOLY TRINITY Francis Anselmo Fernandes RIP Joe McGuinn RIP Lionel Stonehouse RIP Lily & Colin Mutukisna RIP THE PEOPLE OF THE PARISH
Mon 31 May 9.30am	THE VISITATION OF THE BLESSED VIRGIN MARY The Holy Souls in Purgatory
Tues 1 June 9.30am	S. Justin, Martyr Charles P. Luther RIP
Weds 2 June 9.30am	Ss. Marcellinus & Peter Teresa Canavan Ints.
Thurs 3 June 9.30am	S. Charles Lawanga & Companions Florence Lewis RIP
Fri 4 June 9.30am	Of the Sacred Heart (First Friday) Mrs. S. Joseph Ints. 
Sat 5 June 9.30am	S. Boniface Bridget Dunne RIP
Sun 6 June 6.15pm (Vigil) 8.30am 9.45am 11.15am 5.30pm	CORPUS CHRISTI Holy Souls Marg Thomas RIP Dee Kelly Loader RIP THE PEOPLE OF THE PARISH Gregory Motias Dias RIP & Thomas Jose Dias RIP

TODAY'S MASS



Today, we celebrate the Solemnity of the Most Holy Trinity. This feast invites us to consider what we believe about God, who has revealed himself to us in the Trinity, one God in three Persons. In today's Gospel, the eleven disciples go the mountaintop in Galilee, as Jesus had instructed them through Mary Magdalene and the other Mary. They see Jesus, and they worship and doubt at the same time. Jesus approaches them and commissions them to baptize and teach. It is a task for which

Jesus had previously prepared his disciples; the mission of Jesus is now to be taken to all people, and the task is to baptize and to teach.

First Reading: Deuteronomy 4:32-34,39-40

Moses teaches the people that Yahweh is the only God.

Second Reading: Romans 8:14-17

Through the Spirit, we have been adopted as children of God.

Gospel Reading: Matthew 28:16-20

Jesus sends his disciples to make disciples of all nations.

SPIRITUAL QUOTE OF THE WEEK

*"Do not accept anything as truth that lacks love
and do not accept anything as love which lacks truth.
One without the other is a destructive lie."*

St. Teresa Benedicta of the Cross

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhercdow.org.uk

Assistant Priest: Fr. Julio Albornoz julioalbornoz@rcdow.org.uk

Catechetical Coordinator: Mr. Peter Kingsley peterkingsley@rcdow.org.uk

Secretary: Mrs. Toni Miles sudbury@rcdow.org.uk

Director of Music: Mr. Scott Price scottprice@rcdow.org.uk

Hall Bookings: via the office or sudbury@rcdow.org.uk

Safeguarding Rep: Mrs. Mary Kugaswaran sudburysg2@rcdow.org.uk

Address: The Presbytery, 970 Harrow Road, Sudbury, Wembley, Middlesex, HA0 2QE

Telephone: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office/ SVP Information 3. Mgr Jeremy; 4. Fr. Julio; 5. Catechetical Coordinator.

Charity No: 233699

Email: sudbury@rcdow.org.uk **Website:** parish.rcdow.org.uk/sudbury

GOSPEL REFLECTION

FOR YOUR PRAYERS

SICK & HOUSEBOUND: Margaret O'Shea, Marie Rego, Eileen Kidd, Christopher Browne, John and Angela McCarthy, Patrick McDonagh, Noel Gill, Tom Fernandes, Dee Auriol, Kathleen O'Brien, Allan Noronha, Fiona Power, Theresa Isaccs, Emma Fernandes, SMR, Aaran Thayaparan Jocaly DCA, Frances Sequiera

RECENTLY DEPARTED: Catherine Kevill

ANNIVERSARIES OF THE DEPARTED David Leathers, Lily Mutukisna

INTENTIONS OF POPE FRANCIS FOR JUNE

The Beauty of Marriage: Let us pray for young people who are preparing for marriage with the support of a Christian community: may they grow in love, with generosity, faithfulness and patience.

SANCTUARY LAMP For the Parish

LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM

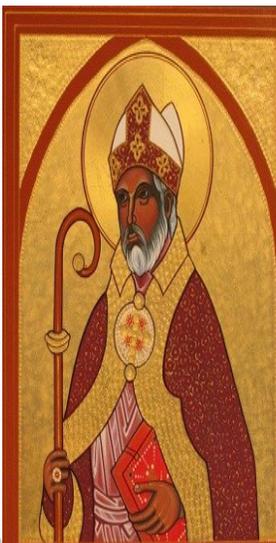
A DAILY PRAYER TO SAINT JOSEPH

given to us by Pope Francis for this Year of St Joseph

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.

Blessed Joseph, to us too,
show yourself a father
and guide us in the path of life.

Obtain for us grace, mercy, and courage,
and defend us from every evil. Amen.



*"If you believe
what you like in
the gospels, and
reject what you
don't like, it is not
the gospel you
believe, but
yourself."*

Saint Augustine

The good news we hear proclaimed on Trinity Sunday is that Jesus the Risen Lord wants us to share divine life with him in the oneness of intimate, familial love with his Father and Holy Spirit. Through the gift of baptism we belong to God, and God belongs to us. With Jesus we can say Our Father. We are at home in God.

To be certain that we do not imagine the era of the church to be an illusory Utopia above the ambiguities of the human condition, Matthew interjects a surprising note of realism. He tells us that though the eleven disciples recognize Jesus as Risen Lord and worship him, at the same time they doubt. He uses the same Greek verb for "doubt" as he did when Jesus stretched out his hand to Peter, frightened and sinking in the stormy water: *"O you of little faith, why did you doubt?"* (Matthew 14: 22-33)

A theme of Matthew's gospel is the contrast between the total, single-minded faith of Jesus and the double-minded, little faith of his disciples. Jesus tells the disciples that because of their little faith they do not understand him, and for the same reason they are unable to cast out a demon (Matthew 16: 8 and 17: 20).

The disciples, except for one of the original Twelve, are willing to follow Jesus and listen to his commands; but at the same time their "common sense" tells them that what Jesus expects is way beyond their capacity to accomplish. It is not difficult for us present-day disciples to identify with the feeling of inadequacy and doubt in the face of the powerful forces that oppose the fulfilment of the divine promise of blessedness in our own circumstances. Like the first disciples, we worship the Risen Lord; and we doubt. Yet we go on because we trust with our little faith that all power in heaven and on earth has been given to Jesus.

The Risen Lord, who conquered even death, is with us as he promised. When we do not understand what is going on, when the demons in us and around us seem invincible, when we begin to sink in the stormy water, when the task at hand seems too much for us, Jesus stretches out his hand and says: *"O you of little faith, why did you doubt?"* With our little faith, we can only respond: *"Lord, I believe; help my unbelief."*

NEWS UPDATE



MASS TIMES: We are now keeping again our traditional Mass routine for both Sundays and weekdays. i.e. Saturday 6.15pm (Vigil) Sunday 8.30am, 9.45am, 11.15am, 5.30pm

The church will open on:

Saturday (Sunday Vigil) Open 5.45pm close at around 7.00pm

Sunday: Open at 8.00am close at 9.00am

Open at 9.15am close at 10.15am

Open at 10.45am close at 11.45am

Open at 5.30pm close at 6.15pm

Weekdays: Open at 9.00am close at 10.00am

After each closure the church must be cleaned. Needless to say this involves a huge undertaking on the part of volunteer stewards/cleaners. Could you help? Maybe one mass each fortnight. Volunteers must be under 70 years of age and have no underlying health conditions. If you can help either with cleaning or stewarding talk to one of the parish team.

CONFESSIONS by appointment

EXPOSITION OF THE BLESSED SACRAMENT with BENEDICTION Fridays 9.00-9.30am

Mass at the usual time of 9.30pm.

A WORD FROM FR JULIO. I am writing to inform you that Abraham, our little Warrior, lost his battle with the cancer. He passed away this week on Tuesday local time and began his journey to the house of the Father. Once again thanks for your generosity and your prayers in this time. Be reassured that you can count now with an angel in heaven who will be interceding for you! God bless.

Julio.

A LITTLE GRUMBLING GOING ON... One or two have asked as to why we still follow what they feel are "rigid" rules for the coming to Mass. Well, these are not set by ourselves but by the Government and interpreted by the Bishops Conference. Please know, that unlike some other churches we have kept open as much as we are able but also we are here to ensure you are safe and healthy when you come to Mass. All this has been possible thanks to those who are volunteers, stewards and cleaners. Next time you are here, why not say a simple 'thank you' to them?

NEW CHANGES TO OUR MASS TIMES & LITURGY

After 17th May the government rules for places of worship have slightly changed.

- ◆ The use of hand sanitisers will continue to be available for those entering churches and people are encouraged to use it.
- ◆ The wearing of face coverings, remains at least for now in place (apart from those who are exempt).
- ◆ Cleaning once a day for most surfaces people touch. Cleaning more often on a Sunday.
- ◆ Social distancing continues.
- ◆ Holy water stoups remain out of use.
- ◆ Track & trace remains in place.
- ◆ Congregational singing is still prohibited; small groups may sing. More guidance will be provided before 21st June.
- ◆ The Sign of Peace remains suspended.
- ◆ Holy Communion remains under one kind only.

AFTER 21st JUNE If all goes according to plan...

- ◆ We will reintroduce the second reading at Sunday Mass and relax any other recommendations in the guidance given to use.
- ◆ Confessions and Benediction will return on Saturday evening.

- ◆ The Church will be open daily.
- ◆ Altar Servers will be encouraged to return.
- ◆ Choirs & singing are dependant on the government guidance. Nothing is allowed at present except a few socially spaced cantors.
- ◆ The daily rosary and other devotions will be permitted again in church.

IF YOU KNOW SOMEONE WHO HAS NOT BEEN TO MASS FOR A LONG TIME WHY NOT GENTLY ENCOURAGE THEM TO RETURN. YOU MIGHT EVEN ACCOMPANY THEM TO MASS.

DID YOU TAKE COMMUNION TO SOMEONE AT HOME BEFORE THE LOCKDOWN? If so we are now allowed to visit people at home for the giving of Holy Communion, though only ONE visit per day. Please speak to Mgr Jeremy of Fr Julio if you'd like to resume visits. We can then share with you the new guidelines that are set by these visits.

FIRST HOLY COMMUNION - We shall be providing details of registration for next year's First Holy Communion Programme (for children in Year 3) before the end of the Summer Term. We would be delighted to hear from those who might consider **helping the Catechists with the Programme next year.** If you might consider joining the team please contact peterkingsley@rcdow.org.uk or speak to one of the Parish Team.

CONFIRMATION 2021 - We were delighted Bishop John Sherrington was able to join us last week to speak to each of the Candidates about their chosen Confirmation Name whilst also helping us reflect on the role of the Bishop at Confirmation. Thank you to Parents/Carers for helping the young people complete their 'Letter to the Bishop' at home, bringing it to the session on **Monday 7th June.** We also look forward to the **Confirmation Retreat Day** at SPEC (Pinner) on **Sunday 6th June from 9.45am-4.00pm.** This will be a hugely important moment as the young people prepare for their Confirmation at the Parish later this year. Thank you for your continuing wholehearted commitment to the Programme. **THE PARISH CENTRE** will reopen properly in September once all the risk assessments and guidance have been received.

ST GEORGE'S CATHOLIC PRIMARY SCHOOL - Spaces are currently available In Year 2 and Year 4 at our popular successful Parish School. For further information please contact the School Office by email at office@stgeorges.harrow.sch.uk or by phone on 020 8422 1272.

ARE YOU NEW TO THE PARISH? Please do fill in a Parish Registration Form which you can find at the back of the church. You can return it in the presbytery letter box or by post. This is important for use to know who you are and help you when the occasion arises.

HAVE YOU HAD THE VACCINE ? Please do think carefully about it as it protects you and also you infecting others. This is important for us as a community and now moving forward.

HOLY BAPTISM: As from 17th May we can recommence celebrating the Sacrament of Baptism in Church. We are currently working through the list of families awaiting Holy Baptism for their children. Some now have dates in the diary. If you are still waiting for a date, please contact us. Parents should be

trying to attending Mass here, as a matter of course, before requesting this important Sacrament for their children. Fr Julio is co-ordinating all baptism requests so please be in touch with him.

WEEKLY ENVELOPES FOR YOUR OFFERINGS These should have either been delivered or posted to you. If you have not received them please let us know. By the way, we only send them out to those who request them or have received them previously. In order to be part of the envelope giving scheme all you need to do is simply to send us an email making that request.

CHURCH LAMPS: Both the Sanctuary Lamp and the lamp of Our Lady of Walsingham have been sent away for some minor restoration. Whilst the lamps are not in their holders they are burning in the relevant places and for the intentions given. Under the present circumstances there are plenty of spaces during April and beyond.

THE PARISH OFFICE remains closed. If you wish to book a Mass and for a Mass Card, the best way to get one is to give us all the details, your offering and an SAE and we will post it back to you ASAP.

GIFT AID DETAILS: In order to gift aid your donations you need to be a UK tax payer, if you are one you can gift aid your donations at no extra cost to yourself, we would be able to claim 25% of your donations from HMRC. It is also important that we keep our donor records up to date as we do not want to cause anyone any trouble, if your circumstances have changed or you are no longer a tax payer please inform the Parish Office at your earliest convenience. If we claim on behalf of someone who is not paying taxes HMRC may ask that person to refund the amount claimed.

CORONAVIRUS is bringing shocking devastation across India, CAFOD is working with experienced local Church agency, Caritas India, to provide vital support to poor and marginalised communities. Donations to CAFOD's Coronavirus Appeal will help Caritas India distribute PPE kits to frontline health workers, promote COVID & vaccine awareness campaigns, and set up safely run isolation & quarantine centres. You can donate online here: cafod.org.uk/give Please keep praying for the people of India and for all those affected by the pandemic in the UK and across the world

THE GREAT SOLEMNITY OF CORPUS CHRISTI is fast approaching on Sunday 6th June. The annual Quarant'Ore (40 hours) at our Diocesan Shrine of the Blessed Sacrament will take place from Thur 3rd June - Sat 5th June. The Blessed Sacrament will be exposed from 7.00am until Midnight. Go to malden-lane.org.uk/forty for more information.

IN PREPARATION FOR CORPUS CHRISTI at St George's there will be adoration every morning from 9.00-9.30am from Monday 31st May until Saturday 5th June.

RCIA—Rite of the Christian Initiation of Adults. Do you know anyone (or it may even be yourself) who would like to explore what it means to be a Catholic Christian? If so, please speak or contact to Fr Julio.

SUNDAY READINGS & PRAYERS

Blest be God the Father, and the Only Begotten Son of God, and also the Holy Spirit, for he has shown us his merciful love.

Collect

God our Father, who by sending into the world the Word of truth and the Spirit of sanctification made known to the human race your wondrous mystery, grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of eternal glory and adore your Unity, powerful in majesty. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

First reading: Deuteronomy 4:32-34,39-40

Moses said to the people: 'Put this question to the ages that are past, that went before you, from the time God created man on earth: Was there ever a word so majestic, from one end of heaven to the other? Was anything ever heard? Did ever a people hear the voice of the living God speaking from the heart of the fire, as you heard it, and remain alive? Has any god ventured to take to himself one nation from the midst of another by ordeals, signs, wonders, war with mighty hand and outstretched arm, by fearsome terrors – all this that the Lord your God did for you before your eyes in Egypt?'

'Understand this today, therefore, and take it to heart: the Lord is God indeed, in heaven above as on earth beneath, he and no other. Keep his laws and commandments as I give them to you today, so that you and your children may prosper and live long in the land that the Lord your God gives you for ever.'

Responsorial Psalm: Ps 32:4-6,9,18-20,22

R/. Happy the people the Lord has chosen as his own.

1. For the word of the Lord is faithful and all his works to be trusted. The Lord loves justice and right and fills the earth with his love. *R/.*

2. By his word the heavens were made, by the breath of his mouth all the stars. He spoke; and it came to be. He commanded; it sprang into being. *R/.*

3. The Lord looks on those who revere him, on those who hope in his love, to rescue their souls from death, to keep them alive in famine. *R/.*

4. Our soul is waiting for the Lord. The Lord is our help and our shield. May your love be upon us, O Lord, as we place all our hope in you. *R/.*

Second reading: Romans 8:14-17

Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of sons, and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear united witness that we are children of God. And if we are children we are heirs as well: heirs of God and co-heirs with Christ, sharing his sufferings so as to share his glory.

Gospel Acclamation: cf. Rv1:8

Alleluia, alleluia!

Glory be to the Father, and to the Son, and to the Holy Spirit; the God who is, who was, and who is to come. Alleluia!

Gospel: Matthew 28:16-20

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

Prayer over the Offerings

Sanctify by the invocation of your name, we pray, O Lord our God, this oblation of our service, and by it make of us an eternal offering to you. Through Christ our Lord.

Communion Antiphon: Gal 4: 6

Since you are children of God, God has sent into your hearts the Spirit of his Son, the Spirit who cries out: Abba, Father.

Prayer after Communion

May receiving this Sacrament, O Lord our God, bring us health of body and soul, as we confess your eternal holy Trinity and undivided Unity. Through Christ our Lord.