



Sunday 18th July 2021

# THE 16th SUNDAY OF THE YEAR

Welcome to all at mass today and especially anyone who is new. Please take this Newsletter home with you. You may wish to share it with family and friends. This newsletter can also be found via our website. We ask God's blessing on you and your loved ones this week.

Sunday Cycle  
Readings Year B

Weekday Readings  
Year I Week 16

Divine Office  
Week 4

For children,  
download a weekly sheet:  
[http://www.sdc.me.uk/  
sundayliturgy/](http://www.sdc.me.uk/sundayliturgy/)

## THIS WEEK

**Sun 18 July**      **16th SUNDAY OF THE YEAR**  
6.15pm (Vigil)    Leonard Smyth RIP  
8.30am            Mary Walsh RIP  
9.45am            Baptiste Bernandes Ints.  
11.15am          James Griffin RIP  
3.00pm            CONFIRMATION MASS  
5.30pm            THE PEOPLE OF THE PARISH

**Mon 19 July**      **feria**  
9.30am            Catherine Kevill RIP

**Tues 20 July**      **feria**  
9.30am            James & Catherine Nolan RIP

**Weds 21 July**      **feria**  
9.30am            Bobby Graham RIP

**Thurs 22 July**      **S. Mary Magdalene**  
9.30am            Neil Cummins RIP

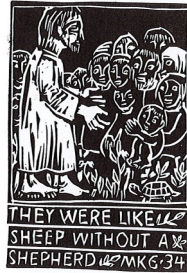
**Fri 23 July**        **S. Bridget of Sweden**  
9.30am            Jim Quinn RIP



**Sat 24 July**        **Of Our Lady**  
9.30am            Avril Isaacs RIP  
1.00pm            HOLY MATRIMONY  
Sriluxman Srikanthalingam &  
Christina Polouse

**Sun 25 July**        **17th SUNDAY OF THE YEAR**  
6.15pm (Vigil)    THE PEOPLE OF THE PARISH  
8.30am            Darren O'Sullivan RIP  
9.45am            Mary & Michael Hughes RIP  
11.15am          Neil Cummins RIP  
5.30pm            John Sweeney RIP

## TODAY'S MASS



In today's Gospel, we read the report of the return of the Twelve, who were sent by Jesus to preach repentance, heal the sick, and drive out demons. We who are Jesus' disciples today have also been sent to share the Gospel with others. Perhaps our commitment to following Jesus as his disciple leaves us feeling tired and overwhelmed. In today's Gospel, we hear Jesus affirm the importance of times of rest and renewal. Jesus wanted his disciples to come away and spend time alone with him. This is what we seek and find in our life of prayer and in our celebration of the Eucharist.

**First Reading: *Jeremiah 23:1-6***  
The Lord promises to shepherd his people Israel.

**Second Reading: *Ephesians 2:13-18***  
Christ has reconciled us with God and united us in peace.

**Gospel Reading: *Mark 6:30-34***  
Jesus invites his disciples to rest after their ministry, and Jesus is moved with pity for the crowds who pursue them.

## SPIRITUAL QUOTE OF THE WEEK

*"I throw myself at the foot of Tabernacle like a dog  
at the foot of his master"*

St John Vianney

## MAKING CONTACT AT ST. GEORGE'S

**Parish Priest:** Mgr. Jeremy Fairhead [jeremyfairhead@rcdow.org.uk](mailto:jeremyfairhead@rcdow.org.uk)  
**Assistant Priest:** Fr. Julio Albornoz [julioalbornoz@rcdow.org.uk](mailto:julioalbornoz@rcdow.org.uk)  
**Catechetical Coordinator:** Mr. Peter Kingsley [peterkingsley@rcdow.org.uk](mailto:peterkingsley@rcdow.org.uk)  
**Secretary:** Mrs. Toni Miles [sudbury@rcdow.org.uk](mailto:sudbury@rcdow.org.uk)  
**Director of Music:** Mr. Scott Price [scottprice@rcdow.org.uk](mailto:scottprice@rcdow.org.uk)  
**Hall Bookings:** via the office or [sudbury@rcdow.org.uk](mailto:sudbury@rcdow.org.uk)  
**Safeguarding Rep:** Mrs. Mary Kugaswaran [sudburysg2@rcdow.org.uk](mailto:sudburysg2@rcdow.org.uk)  
**Address:** The Presbytery, 970 Harrow Road, Sudbury, Wembley, Middlesex, HA0 2QE  
**Telephone:** 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office/ SVP Information 3. Mgr Jeremy; 4. Fr. Julio; 5. Catechetical Coordinator.  
**Charity No:** 233699  
**Email:** [sudbury@rcdow.org.uk](mailto:sudbury@rcdow.org.uk)    **Website:** [parish.rcdow.org.uk/sudbury](http://parish.rcdow.org.uk/sudbury)

# GOSPEL REFLECTION

## USUAL MASS TIMES

**SUNDAY MASS:** 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

**WEEKDAY MASS:** Monday – Saturday 9.30am.

**HOLIDAYS OF OBLIGATION:** 9.30am, 8.00pm.

**EUCCHARISTIC ADORATION:** Friday 9.00-9.30am, Saturday 5.15-6.00pm.

**CONFESSIONS:** Saturday 5.15pm - 6.00pm. *and any time by appointment.*

**DIVINE MERCY:** Tuesday 10.30am.

**ROSARY:** Daily after Mass.

## FOR YOUR PRAYERS

**SICK & HOUSEBOUND:** Margaret O'Shea, Marie Rego, Eileen Kidd, Christopher Browne, John and Angela McCarthy, Patrick McDonagh, Noel Gill, Tom Fernandes, Dee Auriol, Kathleen O'Brien, Allan Noronha, Fiona Power, Emma Fernandes, SMR, Aaran Thayaparan Jocalyn Almeida, Frances Sequeira

**RECENTLY BAPTISED:** Eoin Cotter, Gabriel James

**RECENTLY DEPARTED:** Teresa Isaacs

**ANNIVERSARIES OF THE DEPARTED:** Bobby Graham, James Griffin, Mary Hughes

**INTENTIONS OF POPE FRANCIS FOR JULY**

**Social Friendship:** We pray that, in social, economic and political situations of conflict, we may be courageous and passionate architects of dialogue and friendship.

### SANCTUARY LAMP

*In Thanksgiving*

**LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM**

*Baptiste fernandes Intentions.*

## A DAILY PRAYER TO SAINT JOSEPH

given to us by Pope Francis for this Year of St Joseph

Hail, Guardian of the Redeemer,  
Spouse of the Blessed Virgin Mary.  
To you God entrusted his only Son;  
in you Mary placed her trust;  
with you Christ became man.

Blessed Joseph, to us too,  
show yourself a father  
and guide us in the path of life.

Obtain for us grace, mercy, and courage,  
and defend us from every evil. Amen.

What does the image of a shepherd tell us about God's care for us? Shepherding was one of the oldest of callings in Israel, even before farming, since the Chosen People had travelled from place to place, living in tents, and driving their flocks from one pasture to another. Looking after sheep was no easy calling. It required great skill and courage. Herds were often quite large, thousands or even ten thousands of sheep. The flocks spent a good part of the year in the open country. Watching over them required a great deal of attention and care.

Sheep who strayed from the flock had to be sought out and brought back by the shepherd. Since hyenas, jackals, wolves, and even bear were common and fed on sheep, the shepherds often had to do battle with these wild and dangerous beasts. A shepherd literally had to put his life on the line in defending his sheep. Shepherds took turns watching the sheep at night to ward off any attackers. The sheep and their shepherds continually lived together. Their life was so intimately bound together that individual sheep, even when mixed with other flocks, could recognize the voice of their own shepherd and would come immediately when called by name.

The Old Testament often spoke of God as shepherd of his people, Israel. *The Lord is my shepherd, I shall not want (Psalm 23:1). Give ear, O Shepherd of Israel, you who lead Joseph like a flock! (Psalm 80:1) We are his people, and the sheep of his pasture (Psalm 100:3).* The Messiah is also pictured as the shepherd of God's people: *He will feed his flock like a shepherd, he will gather the lambs in his arms (Isaiah 40:11).*

Jesus told his disciples that he was the Good Shepherd who was willing to lay down his life for his sheep (Matthew 18:12, Luke 15:4, John 10). When he saw the multitude of people in need of protection and care, he was moved to respond with compassionate concern. His love was a personal love for each and every person who came to him in need.

The writer of the first letter of St. Peter called Jesus the *Shepherd and Guardian of our souls* (1 Peter 2:25). In the person of Jesus Christ we see the unceasing vigilance and patience of God's love. In our battle against sin and evil, Jesus is ever ready to give us help, strength, and refuge. Let us try to trust in his grace and help at all times.

# NEWS UPDATE



## FIRST HOLY COMMUNION

2021-22



We are seeking 'Helpers' to join our experienced team of Catechists preparing the children for their First Holy Communion. Might you consider helping?

Please contact...

Peter Kingsley (Catechetical Coordinator)  
peterkingsley@rcdow.org.uk / 020 8904 2552 (option 5)



**ALL CHANGE on 19th JULY?** The Bishops Conference of England and Wales have produced additional guidelines for us to follow. These clearly are erring on the side of caution. So for the time being we are asked to:

- Sanitise on entering and leaving church
- Wear a face mask
- Continue to sign in.

There will be no formal social distancing but we are asked to be sensible. The one way system is now not necessary but we are asked to be generous in giving space as we move around the church.

But we are asked not to:

- Receive from the chalice
- Receive the sign of peace

However we will be restoring:

- The Collection
- The second reading on Sundays.
- Singing, where practicable.

We will still not be reintroducing:

- The Prayer of the Faithful
- The Offertory Procession.

Holy Water will not be available on entry and exit but will be available from the large Holy water container at the back of the church.

Cleaning does not need to be so vigorous but will still need to be done regularly.

The Church will go back to being Open EVERY DAY from 8.00am-6.00pm

And a note regarding our brilliant door stewards: we are indebted to them. They have voluntarily stepped up to assist us in providing a Covid Secure place of worship. Simply put, without their assistance, at every Mass, Baptism, wedding and funeral, we would not have been permitted to open. They have now been stewarding on a daily rota for well over a year. As restrictions relax, we will be gradually moving from a ministry of stewarding, to a ministry of welcoming. Some of our current stewards, understandably are ready to

step down from this role. So now is the time for others step up. We will need people of all ages, to join the Welcoming Team. Just two people for each Mass can make a real difference to the welcome we offer, especially to those who are new to St George's. Can you join a once a month rota for the Mass you usually attend? Please contact one of the Parish Team or chat to Lucille if you can help. Thank you again to all our stewards - you have enabled us, following the first lockdown, to open our doors from the earliest time possible, and have made all the difference.

**FUNERAL MASS of Teresa Isaacs** on Thursday 29th July at 11.00am followed by Cremation at Breakspear Crematorium. May she rest in peace.

**HUGE CLEAN** on Monday morning after Mass. Can you help? We need a good number of people to give ourselves a long overdue "Spring clean".

**CONGRATULATIONS TO ALL BEING CONFIRMED:** the last couple of weeks and this Sunday.

**CONFIRMATION MASSES 2021** - We are delighted Bishop John Sherrington has been able to join us at all the Confirmation Masses this year. Thank you to our Young People, Parents/Carers & Catechists for their wholehearted commitment to the Programme in this most unique of years. If any of the newly-confirmed would like to volunteer with the First Holy Communion Programme next year their help would be much appreciated. Please contact Peter for further details.

**WORK GOING ON.** You may have noticed scaffolding around our east end of the church. This is for two urgent works: repointing the weather beaten brickwork and sealing up against the pigeons who have found a number of accesses into the roof loft and are happily nesting and breeding there and in addition causing much damage.

**GOOD NEWS - NEW LOOK.** We now have a new look to our web site, with easier access. Over time we'll be adding more features and information, to keep you fully up to date with what's happening at SJF church. You can see the new look by clicking here: <https://parish.rcdow.org.uk/sudbury/>

**CATHEDRAL LOURDES MASS:** As you may be aware, the Westminster Lourdes Pilgrimage will not be taking place this year. Cardinal Vincent Nichols will however, be celebrating Mass in the Cathedral on Wednesday 28th July at 2.00pm. This Mass will give those, who otherwise would have travelled with the pilgrimage the opportunity to come together in prayer. All are welcome.

**HELPING WITH FIRST HOLY COMMUNION 2021-22** - Each year we are grateful to those parishioners who generously offer their time & talents to help prepare the children in Year 3 for their First Confession and First Holy Communion at St. George's. These sessions take place on Tuesday evenings during term-time. If you might

consider helping next year please contact Peter Kingsley, our Catechetical Coordinator, at [peterkingsley@rcdow.org.uk](mailto:peterkingsley@rcdow.org.uk) / 020 8904 2552 (option 5) for further information. All help is greatly appreciated.

**FIRST HOLY COMMUNION ENROLMENT 2021-22** - All being well enrolment for next year's First Holy Communion Programme will go ahead in September 2021. Enrolment Forms will be made available at the back of church from 19th July.

**ST GEORGE'S CATHOLIC PRIMARY SCHOOL** - Spaces are currently available in Year 2 and Year 4 at our popular successful Parish School. For further information please contact the School Office by email at [office@stgeorges.harrow.sch.uk](mailto:office@stgeorges.harrow.sch.uk) or by phone on 020 8422 1272.

**ARE YOU NEW TO THE PARISH?** Please do fill in a Parish Registration Form which you can find at the back of the church. You can return it in the presbytery letter box or by post. This is important for us to know who you are and help you when the occasion arises.

**CHURCH LAMPS:** These have now been rehung and the ship lamp at Our Lady of Walsingham has been restored. These can be booked each week in memory of someone. Just contact the parish office. We have several empty gaps!

**THE PARISH OFFICE** remains closed. If you wish to book a Mass and for a Mass Card, the best way to get one is to give us all the details, your offering and an SAE and we will post it back to you ASAP.

**GIFT AID DETAILS:** In order to gift aid your donations you need to be a UK tax payer, if you are one you can gift aid your donations at no extra cost to yourself, we would be able to claim 25% of your donations from HMRC. It is also important that we keep our donor records up to date as we do not want to cause anyone any trouble, if your circumstances have changed or you are no longer a tax payer please inform the Parish Office at your earliest convenience. If we claim on behalf of someone who is not paying taxes HMRC may ask that person to refund the amount claimed.

**RCIA—Rite of the Christian Initiation of Adults.** Do you know anyone (or it may even be yourself) who would like to explore what it means to be a Catholic Christian? If so, please speak or contact to Fr Julio.

**CONGRATULATIONS** to Fr Tony Thomas who has been appointed Parish Priest of the Five Precious Wounds, Stonebridge. He takes up his new appointment in September.

**St. LUKE'S HOSPICE**—midnight Walk, 24-25 July, Covid Secure. Contact 0208382 8069 or the website for details.

# SUNDAY READINGS & PRAYERS

## Entrance Antiphon: Ps 53: 6, 8

See, I have God for my help.  
The Lord sustains my soul.  
I will sacrifice to you with willing heart,  
and praise your name,  
O Lord, for it is good.

## Collect

Show favour, O Lord, to your servants  
and mercifully increase the  
gifts of your grace,  
that, made fervent in hope,  
faith and charity,  
they may be ever watchful in  
keeping your commands.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the  
unity of the Holy Spirit,  
one God, for ever and ever.

## First reading: *Jeremiah 23:1-6*

'Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered – it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds – it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost

– it is the Lord who speaks!

'See, the days are coming  
– it is the Lord who speaks –  
when I will raise a virtuous  
Branch for David,  
who will reign as true king and be wise,  
practising honesty and integrity  
in the land.

In his days Judah will be saved  
and Israel dwell in confidence.

And this is the name he will be called:  
The-Lord-our-integrity.'

The word of the Lord. *Thanks be to God.*

## Responsorial Psalm: *Ps. 22:1-6*

*R/. The Lord is my shepherd:  
there is nothing I shall want.*

1. The Lord is my shepherd;  
there is nothing I shall want.  
Fresh and green are the pastures  
where he gives me repose.  
Near restful waters he leads me,  
to revive my drooping spirit. *R/.*

2. He guides me along the right path;  
he is true to his name.  
If I should walk in the valley of darkness  
no evil would I fear.  
You are there with your crook  
and your staff;  
with these you give me comfort. *R/.*

3. You have prepared a banquet for me  
in the sight of my foes.

My head you have anointed with oil;  
my cup is overflowing. *R/.*

4. Surely goodness and kindness  
shall follow me

all the days of my life.  
In the Lord's own house shall I dwell  
for ever and ever. *R/.*

## Second reading: *Ephesians 2:13-18*

In Christ Jesus, you that used to be so far apart from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God: in his own person he killed the hostility. Later he came to bring the good news of peace, *peace to you who were far away and peace to those who were near at hand.* Through him, both of us have in the one Spirit our way to come to the Father. The word of the Lord.

*Thanks be to God.*

## Gospel Acclamation: *Jn10:27*

*Allelula, allelula!*

*The sheep that belong to me listen to my voice, says the Lord,  
I know them and they follow me.*

*Allelula!*

## Gospel: *Mark 6:30-34*

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, 'You must come away to some lonely place all by yourselves and rest for a while'; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

The Gospel of the Lord

*Praise to you Lord Jesus Christ.*

## Prayer over the Offerings

O God, who in the one perfect sacrifice brought to completion varied offerings of the law, accept, we pray, this sacrifice from your faithful servants and make it holy, as you blessed the gifts of Abel, so that what each has offered to the honour of your majesty may benefit the salvation of all. Through Christ our Lord.

## Communion Antiphon: *Ps 110: 4-5*

The Lord, the gracious, the merciful,  
has made a memorial of his wonders;  
he gives food to those who fear him.

## Prayer after Communion

Graciously be present to your people, we pray, O Lord, and lead those you have imbued with heavenly mysteries to pass from former ways to newness of life. Through Christ our Lord.