Sunday 5th September 2021

THE 23rd SUNDAY OF THE YEAR

Welcome to all at mass today and especially anyone who is new. Please take this Newsletter home with you. You may wish to share it with family and friends. This newsletter can also be found via our website. We asks God's blessing on you and your loved ones this week and know that we pray for you all each day.

Sunday Cycle Readings Year B

Weekday Readings *Year I Week 23*

Divine Office Week 3

For children, download a weekly sheet: http://www.sdc.me.uk/ sundayliturgy/

THIS WEEK

Sun 5 Sept 23rd SUNDAY OF THE YEAR

6.15pm (Vigil) John Brady RIP

8.30am THE PEOPLE OF THE PARISH

9.45am John Kennedy RIP 11.15am Annabel & Sean Toal

(40th Wedding Anniversary)

5.30pm Bernard Welikala RIP

Mon 6 Sept ferla

9.30am Rolando Deveza RIP 11.00am FUNERAL MASS Kevin Lowe RIP

Tues 7 Sept feria

9.30am Lucille Thomas Ints.

Weds 8 Sept THE NATIVITY OF THE BLESSED

VIRGIN MARY

9.30am Dorothy Comarewel Ints.

Thurs 9 Sept ferla

9.30am Mr. A. Manuel Pillai RIP 11.00am FUNERAL MASS

Ellie O'Toole RIP

Fri 10 Sept feria

9.30am Francis Waddington RIP

Sat 11 Sept Of Our Lady 9.30am Tim Cuniffe RIP

Sun 12 Sept 24th SUNDAY OF THE YEAR

6.15pm (Vigil) Zenon Handzel RIP
8.30am Francis Waddington RIP
9.45am THE PEOPLE OF THE PARISH
11.15am Jim McHugh RIP (5th Anniv)

5.30pm Peter Afonso RIP

TODAY'S MASS



Today we continue to hear the Gospel of Mark proclaimed. In today's reading, Jesus heals a man who was deaf and had a speech impediment. This is a story about Jesus' healing power, and in it we find clues about our understanding of sacrament. We are struck by the physical means used to heal the man, the use of spittle and touch. The Church continues to celebrate the sacraments using physical means. In the Sacrament of Baptism, water and oil are used to show the power of the Holy

Spirit. In the Sacrament of the Anointing of the Sick, we are anointed with holy oil on the forehead and the hands. In the Eucharist, bread and wine become the Body and Blood of Christ. We are a sacramental people who believe that God's grace is given to us through these physical signs.

First Reading: Isalah 35:4-7a

Isaiah prophesies about God's vindication.

Second Reading: James 2:1-5

James teaches that there is to be no partiality within the Christian community.

Gospel Reading: *Mark 7:31-37*

Jesus restores a man's hearing and speech.

SPIRITUAL QUOTE OF THE WEEK

"We are to love God for Himself, because of a twofold reason; nothing is more reasonable, nothing more profitable."

St. Bernard of Clairvaux

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk
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Information 3. Mgr Jeremy; 4. Fr. Julio; 5. Catechetical Coordinator.

Charity No: 233699

Email: sudbury@rcdow.org.uk Website: parish.rcdow.org.uk/sudbury

GOSPEL REFLECTION

USUAL MASS TIMES

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am

(Solemn), 5.30pm.

WEEKDAY MASS: Monday – Saturday

9.30am.

HOLYDAYS OF OBLIGATION: 9.30am,

8.00pm.

EUCHARISTIC ADORATION: Friday 9.00-

9.30am, Saturday 5.15-6.00pm.

CONFESSIONS: Saturday 5.15pm - 6.00pm.

and any time by appointment. **DIVINE MERCY:** Tuesday 10.30am.

ROSARY: Daily after Mass.

FOR YOUR PRAYERS

SICK & HOUSEBOUND: Margaret O'Shea, Marie Rego, Eileen Kidd, Christopher Browne, John and Angela McCarthy, Patrick McDonagh, Noel Gill, Tom Fernandes, Dee Auriol, Kathleen O'Brien, Allan Noronha, Fiona Power, Emma Fernandes, SMR, Aaran Thayaparan Jocalyn Almeida, Frances Sequeira

RECENTLY BAPTISED: Paige Keane, Joe Jose

RECENTLY MARRIED: Megan Fellows & Matthew

Patten

RECENTLY DEPARTED: Kevin Lowe, Ellie O'Toole, Joe

McCarthy & Bruna Perdoni

ANNIVERSARIES OF THE DEPARTED: John Brady

SANCTUARY LAMP

Eva Russo (Birthday Thanksgiving)

LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM Private Intentions.

POPE FRANCIS INTENTIONS FOR SEPTEMBER:

An Environmentally Sustainable Lifestyle: We pray that
we all will make courageous choices for a simple and
environmentally sustainable lifestyle, rejoicing in our
young people who are resolutely committed to this.

A DAILY PRAYER TO SAINT JOSEPH

given to us by Pope Francis for this Year of St Joseph

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.
Blessed Joseph, to us too,
show yourself a father
and guide us in the path of life.
Obtain for us grace, mercy, and courage,
and defend us from every evil. Amen.

God is a hands-on God. Throughout the Scriptures there are beautiful descriptions of God being personally involved with creation, especially with us. From the book of Genesis where we read that God created us by forming us out of the earth and then breathing life into us, to Revelation where we are told that we will see the face of God, and God's name will be on our foreheads, we see how closely involved God is with creation and with us. Most of all we see this when God himself becomes one of us in order to save us. Jesus, truly God and truly man, was born into our world and walked, lived and died among us. All of this so that he could personally take the punishment for our sins so that he would rise and extend to us the invitation to follow him and rise with him. This is all part of God's plan for us. A plan that will be fulfilled with the second coming of Christ.

The Prophet Isaiah and the Gospel very nicely illustrate the continuity and progression of God's plan from the Old Testament to the New Testament, and to our own time. Isaiah was a prophet during a period when the leadership of Jerusalem was weak and, against the prophetic advice of Isaiah, entered into an alliance with Assyria. Assyria took control and the people of Jerusalem were oppressed. The reading for this Sunday has Isaiah prophesying not to be afraid, that God would come to vindicate them. When this prophecy is fulfilled, "Then will the eyes of the blind be opened, the ears of the deaf be cleared." These are prophetic images of Jerusalem being set free, healed and restored. Isaiah speaks of God in a personal manner as the one who knows those basic needs of ours. He spoke not only of the immediate promise of God to restore Israel, but his message looked towards the fulfilment of God's plan of sending a Messiah and Redeemer.

Throughout the Gospels Jesus fulfils the prophecy as he opens the ears of the deaf and restores the speech of those with impediments, he also opens the eyes of the blind, heals the crippled, raises the dead back to life, and ultimately takes away our sins. This is so much more than what the people who heard Isaiah's message expected.

In this particular Gospel passage we see the compassion and tenderness of Jesus when he ministered. It was not a ministry from a distance, or one that was preoccupied with formality. It was a ministry in which he personally became involved with those who came for help. In the Gospel the people begged Jesus to lay hands on the deaf man with a speech impediment. Jesus did much more; he put his finger into the man's ears and touched his tongue. This is probably far more than most of us would do if asked to pray for someone, but for Jesus it a natural response of God's love and personal involvement with us.

This Gospel is a good reminder and lesson for us of how to look on God. In our minds, hearts and devotions we sometimes place a great distance between us and God, while these Scriptures show us how close God is to us. He desires to reach out and touch us, whether it be to heal us of some infirmity, comfort us during a time of sorrow, or forgive us when we sin against him. When we turn our hearts and lives to God we always receive far more than we expect.

NEWS UPDATE



WELCOME to all at Mass today and a big welcome if you have not been to Mass for a while due to the covid restrictions. At present we invite you to continue to wear your mask but this is a choice for you to do or not. If you wish to social distance there will be parts of the church where this will continue to be possible. Please ask one of the welcomers/ stewards.

REBUILDING OUR PARISH: After months of restrictions we now need to carefully and slowly rebuild many of the ministries that have not been possible. Were you a:

Reader?

Server?

Singer/choir member?

Cleaner?

Steward/welcomer?

Can you continue where you left off? Would you like to start in a new ministry? If our parish is to thrive, we need YOU to help and think clearly where you might use your talents in the rebuilding of our community. Parents, can you encourage your children? This is the time for fresh blood and new talents. We have the resources if you are able to give them. It's up to You - please don't leave it always to someone else!

FUNERAL MASS of Kevin Joseph Lowe on Monday 6th September at 11.00am followed by burial in Carpenders Park. May he rest in peace.

FUNERAL MASS of Eille O'Toole on Thursday 9th September at 11.00am followed by burial in Alperton Cemetery. May she rest in peace.

FUNERAL LITURGY of Bruna Perdoni on Thursday 16th September at Breakspear Crematorium at 12.45pm. May she rest in peace.

FUNERAL MASS of Joe McCarthy on Thursday 23rd September at 11.00am followed by cremation at Breakspear Crematorium. May he rest in peace.

FR JULIO will be away now for the best part of six weeks as he returns to visit his family in Venezuela. Mgr Jeremy asks respectfully that you be patient if you need a priest during this time.

MACMILLAN COFFEE MORNING. This year we are not quite ready to start up again. However, if you would like to make a donation you can pop into 972 Harrow Road (exactly next to the Church) and do so on Friday 10th September between 100.00-11.00am. Cheques and notes are preferred. Above all a big "thank you" to our Macmillan nurses who serve so tirelessly in our community.

MARY MEALS will be with us Next Week. They will be making appeal at all Masses. However, THERE IS NO CLOTHES COLLECTION.

PARISH CENTRE & CAFÉ: this will be slowly opening up for small groups and we hope to have it all up and running as usual by Advent Sunday. This is also an important date when the bishops have restored the Sunday Obligation to attend Mass. Please note there will be NO commercial lettings

of the hall until 2022.

THE PARISH OFFICE will be open for booking Masses etc every Thursday and Friday after 10.00am—3.00pm.

FIRST HOLY COMMUNION ENROLMENT 2021-22 Enrolment for the Year 3 children on this year's First Holy Communion Programme is taking place in the Parlsh Hall on Tuesday 14th September at 7pm. Enrolment Packs, with full information about enrolment, are available at the back of church. Due to continuing COVID concerns we request that just one Parent/Carer attend the Enrolment Evening (children are not to attend). For further information about the Programme please contact our Catechetical Coordinator at peterkings-lev@rcdow.org.uk.

HELPING WITH FIRST HOLY COMMUNION 2021-22 - Each year we are hugely grateful to those parishioners who generously offer their time & talents to help prepare the children in Year 3 for their First Confession and First Holy Communion at St. George's. These sessions take place on Tuesday evenings during term-time. If you might consider helping please contact our Catechetical Coordinator at peterkingsley@rcdow.org.uk. Thank

CONFIRMATION 2022 - Confirmation in this Parish takes place for those in Year 10 & above. If you are a young person wishing to be confirmed please keep an eye on the Newsletter from mid-November onwards for details of registration on next year's Programme.

ALTAR SERVERS TRAINING - Children who have made their First Holy Communion and are interested in serving, along with those wishing to refresh or refine their skills, are welcome to join us for this year's introduction to Altar Serving taking place at the Parish on Saturday 11th September at 10.30am.

WORK COMPLETED During the period of lockdown and beyond we have been financially stretched with smaller collections and consequently we have carried out very few improvement works. However, we have completed a piece of external work at the liturgical east end (actually it faces north and therefore gets the brunt of the weather). The work has consisted of removing the pigeons from the inside of the roof and sealing up against further intrusion. Repointing all the brickwork and replacing the cross which was blown down and destroyed by the winds in the 1980's. The scaffold will be down in a week or two and we should be to look and see the finished work.

GOOD NEWS-NEW LOOK. We now have a new look to our web site, with easier access. Over time we'll be adding more features and information, to keep you fully up to date with what's happening at church. You can see the new look by clicking here: https://parish.rcdow.org.uk/sudbury/

CHURCH LAMPS: These have now been rehung and the ship lamp at Our Lady of Walsingham has been restored. These can be booked each week in memory of someone. Just contact the parish office. We have several empty gaps!

THE PARISH OFFICE remains closed. If you wish to book a Mass and for a Mass Card, the best way to get one is to give us all the details, your offering and an SAE and we will post it back to you ASAP.

GIFT AID DETAILS: In order to gift aid your donations you need to be a UK tax payer, if you are one you can gift aid your donations at no extra cost to yourself, we would be able to claim 25% of your donations from HMRC. It is also important that we keep our donor records up to date as we do not want to cause anyone any trouble, if your circumstances have changed or you are no longer a tax payer or you have changed your address please inform the Parish Office at your earliest convenience. If we claim on behalf of someone who is not paying taxes HMRC may ask that person to refund the amount claimed.

RCIA—Rite of the Christian Initiation of Adults. Do you know anyone (or it may even be yourself) who would like to explore what it means to be a Catholic Christian? If so, please speak or contact to Fr Julio.

JOB VACANCIES WITHIN THE DIOCESE. On the diocesan website you can see a number of job vacancies that are available. For more details go to https://jobs.rcdow.org.uk/

CATHOLIC HISTORY WALKS: See www.catholichistorywalks.com for information. There's a regular programme of events around London. Trouble is they usually tell us about them with too little notice! If you would like to join the group for these interesting excursions, check the website.

DIOCESAN WALSINGHAM PILGRIMAGE MASS: will be celebrated by Bishop John Sherrington at the Cathedral on 11 September at 2.30pm.

CLEANER NEEDED for 2 hours each week. £10.00 per hour. Please contact: 0208 908 1039.

ONLINE AND REMOTE VOLUNTEERS NEEDED: Marriage Care is a Catholic organisation specialising in relationship support - providing counselling and marriage preparation throughout England and Wales. They are looking for volunteers who can spare just a few hours a week working from the comfort of their own home to help them support marriage and relationships. They are asking for help in the two following roles. Zoom Support: Are you an expert on Zoom and would you like to use your tech-skills to help us run marriage preparation courses, training or CPD events online? Remote Secretary: Provide a vital service to counsellors and clients, taking last-minute cancellations calls and communicating changes as necessary. more information please visit: www.marriagecare.org.uk or email volunteer@marriagecare.org.uk



SUNDAY READINGS & PRAYERS

Entrance Antiphon: Ps 118: 137, 124

You are just, O Lord, and your judgement is right; treat your servant in accord with your merciful love.

Collect

O God, by whom we are redeemed and receive adoption, look graciously upon your beloved sons and daughters, that those who believe in Christ may receive true freedom and an everlasting inheritance.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

First reading: Isalah 35:4-7

Say to all faint hearts, 'Courage! Do not be afraid. Look, your God is coming, vengeance is coming, the retribution of God; he is coming to save you.'

Then the eyes of the blind shall be opened, the ears of the deaf unsealed, then the lame shall leap like a deer and the tongues of the dumb sing for joy; for water gushes in the desert, streams in the wasteland, the scorched earth becomes a lake, the parched land springs of water.

Responsorial Psalm: Ps 145:6-10

R/. My soul, give praise to the Lord.

- 1. It is the Lord who keeps faith for ever, who is just to those who are oppressed. It is he who gives bread to the hungry, the Lord, who sets prisoners free. R/.
- 2. It is the Lord who gives sight to the blind, who raises up those who are bowed down, the Lord, who protects the stranger and upholds the widow and orphan. R/.
- 3. It is the Lord who loves the just but thwarts the path of the wicked. The Lord will reign for ever, Zion's God, from age to age. R/.

Second reading: James 2:1-5

My brothers, do not try to combine faith in Jesus Christ, our glorified Lord, with the making of distinctions between classes of people. Now suppose a man comes into your synagogue, beautifully dressed and with a gold ring on, and at the same time a poor man comes in, in shabby clothes, and you take

notice of the well-dressed man, and say, 'Come this way to the best seats'; then you tell the poor man, 'Stand over there' or 'You can sit on the floor by my foot-rest.' Can't you see that you have used two different standards in your mind, and turned yourselves into judges, and corrupt judges at that?

Listen, my dear brothers: it was those who are poor according to the world that God chose, to be rich in faith and to be the heirs to the kingdom which he promised to those who love him.

Gospel Acclamation: 1s3:9,Jn6:68

Allelula, allelula! Speak, Lord, your servant is listening: you have the message of eternal life. Allelula!

Gospel: *Mark 7:31-37*

Returning from the district of Tyre, Jesus went by way of Sidon towards the Sea of Galilee, right through the Decapolis region. And they brought him a deaf man who had an impediment in his speech; and they asked him to lay his hand on him. He took him aside in private, away from the crowd, put his fingers into the man's ears and touched his tongue with spittle. Then looking up to heaven he sighed; and he said to him, 'Ephphatha', that is, 'Be opened.' And his ears were opened, and the ligament of his tongue was loosened and he spoke clearly. And Jesus ordered them to tell no one about it, but the more he insisted, the more widely they published it. Their admiration was unbounded. 'He has done all things well,' they said 'he makes the deaf hear and the dumb speak.'

Prayer over the Offerings

O God, who give us the gift of true prayer and of peace, graciously grant that through this offering, we may do fitting homage to your divine majesty and, by partaking of the sacred mystery, we may be faithfully united in mind and heart. Through Christ our Lord.

Communion Antiphon: Cf. Ps 41: 2-3

Like the deer that yearns for running streams, so my soul is yearning for you, my God; my soul is thirsting for God, the living God.

Prayer after Communion

Grant that your faithful, O Lord, whom you nourish and endow with life through the food of your Word and heavenly Sacrament, may so benefit from your beloved Son's great gifts that we may merit an eternal share in his life. Who lives and reigns for ever and ever.