

Introl

Of you my heart has spoken, Seek his face. It is your face, O Lord, that I seek; hide not your face from me.

Collect

O God, who have commanded us to listen to your beloved Son, be pleased, we pray, to nourish us inwardly by your word. that, with spiritual sight made pure, we may rejoice to behold your glory. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God. for ever and ever.

First reading: Genesis 15:5-12,17-18

Taking Abram outside, the Lord said, 'Look up to heaven and count the stars if you can. Such will be your descendants.' Abram put his faith in the Lord, who counted this as making him justified.

'I am the Lord' he said to him 'who brought you out of Ur of the Chaldaeans to make you heir to this land.' 'My Lord.' Abram replied 'how am I to know that I shall inherit it?' He said to him. 'Get me a three-year-old heifer, a three-year-old goat, a three-year-old ram, a turtledove and a young pigeon.' He brought him all these, cut them in half and put half on one side and half facing it on the other; but the birds he did not cut in half. Birds of prey came down on the carcases but Abram drove them off.

When the sun had set and darkness had fallen, there appeared a smoking furnace and a firebrand that went between the halves. That day the Lord made a Covenant with Abram in these terms:

'To your descendants I give this land, from the wadi of Egypt to the Great River.'

Responsorial Psalm: *Ps. 26:1.7-9.13-14*

R/. The Lord is my light and my help.

1. The Lord is my light and my help; whom shall I fear? The Lord is the stronghold of my life: before whom shall I shrink? R/.

2. O Lord, hear my voice when I call; have mercy and answer. Of you my heart has spoken: 'Seek his face.' R/,

3. It is your face, 0 Lord, that I seek; hide not your face. Dismiss not your servant in anger; you have been my help. R/.

4. I am sure I shall see the Lord's goodness in the land of the living. Hope in him, hold firm and take heart. Hope in the Lord! R/.

Second reading: *Philippians 3:20-4:1*

For us, our homeland is in heaven, and from heaven comes the saviour we are waiting for, the Lord Jesus Christ, and he will transfigure these

wretched bodies of ours into copies of his glorious body. He will do that by the same power with which he can subdue the whole universe. So then, my brothers and dear friends, do not give way but remain faithful in the Lord. I miss you very much, dear friends; you are my joy and my crown.

Gospel Acclamation: Mt17:5

Praise to you, O Christ, King of eternal glory! From the bright cloud the Father's volce was heard; ' This is my Son, the Beloved. Listen to him.' Praise to you, O Christ, King of eternal glory!

Gospel: Luke 9:28-36

Jesus took with him Peter and John and James and went up the mountain to pray. As he prayed, the aspect of his face was changed and his clothing became brilliant as lightning. Suddenly there were two men there talking to him; they were Moses and Elijah appearing in glory, and they were speaking of his passing which he was to accomplish in Jerusalem. Peter and his companions were heavy with sleep, but they kept awake and saw his glory and the two men standing with him. As these were leaving him. Peter said to Jesus, 'Master, it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah.' - He did not know what he was saying. As he spoke, a cloud came and covered them with shadow; and when they went into the cloud the disciples were afraid. And a voice came from the cloud saving, 'This is my Son, the Chosen One, Listen to him,' And after the voice had spoken. Jesus was found alone. The disciples kept silence and, at that time, told no one what they had seen.

Prayer over the Offerings

May this sacrifice, O Lord, we pray, cleanse us of our faults and sanctify your faithful in body and mind for the celebration of the paschal festivities. Through Christ our Lord.

Communion Antiphon: *Mt 17:5*

This is my beloved Son, with whom I am well pleased; listen to him.

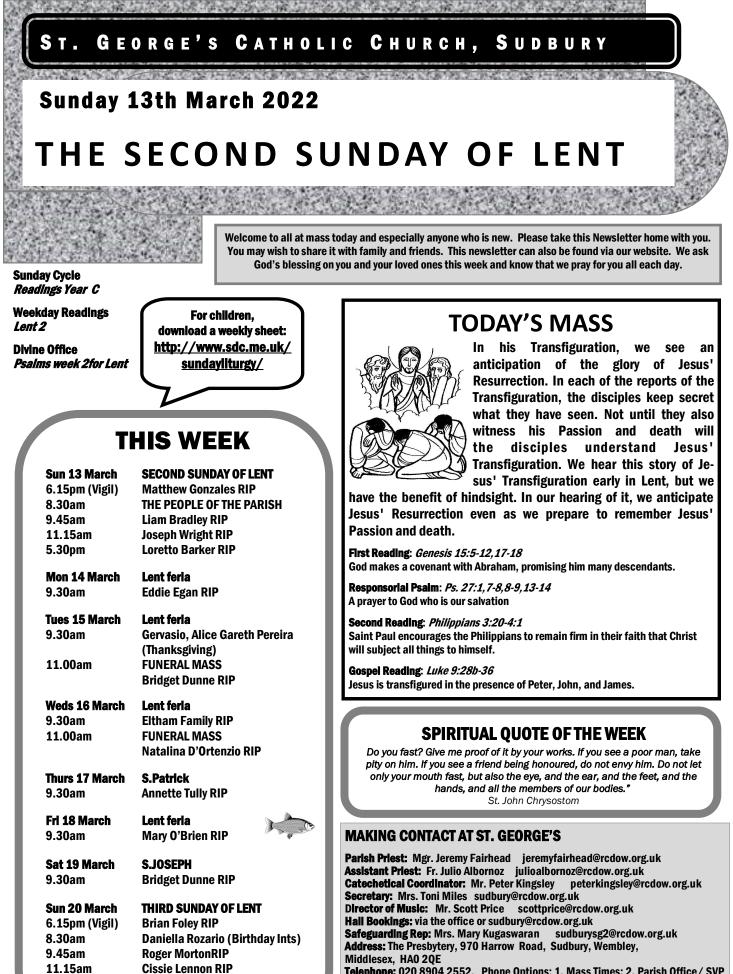
Praver after Communion

As we receive these glorious mysteries. we make thanksgiving to you. O Lord. for allowing us while still on earth to be partakers even now of the things of heaven. Through Christ our Lord.

Prayer over the People

Bless your faithful, we pray, O Lord, with a blessing that endures for ever, and keep them faithful to the Gospel of your Only Begotten Son, so that they may always desire and at last attain that glory whose beauty he showed in his own Body, to the amazement of his Apostles. Through Christ our Lord. Amen.





Cissie Lennon RIP & Margaret Rinn RIP THE PEOPLE OF THE PARISH

5.30pm

Telephone: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office/ SVP Information 3. Mgr Jeremy; 4. Fr. Julio; 5. Catechetical Coordinator. Charity No: 233699

Email: sudbury@rcdow.org.uk Website: parish.rcdow.org.uk/sudbury

GOSPEL REFLECTION

DAILY MASS TIMES

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

WEEKDAY MASS: Monday - Saturday 9.30am. HOLYDAYS OF OBLIGATION: 9.30am. 8.00pm. EUCHARISTIC ADORATION: Friday 9.00-9.30am. Saturday 5.15-6.00pm. CONFESSIONS: Saturday 5.15pm - 6.00pm. and anv time by appointment. **DIVINE MERCY:** Tuesday 10.30am. **ROSARY:** Daily after Mass.

FOR YOUR PRAYERS

SICK & HOUSEBOUND; Marie Rego, Eileen Kidd, Christopher Browne, Noel Gill, Tom Fernandes, Dee Auriol, Kathleen O'Brien. Allan Noronha, Fiona Power, SMR. Aaran Thayaparan, Jocalyn Almeida, John, Rowland Watts Catherine Corcoran, Trezel Dias

RECENTLY BAPTISED: Ronnie Card-Crowley.

RECENTLY DEPARTED: Christine Knottenbelt, Alfonso Ledo Toucedo. Alan Woods. Bridget Dunne. Patrick Hows. Natalina D'Ortenzio, Sr Una Trant, Mary Bunker

ANNIVERSARIES OF THE DEPARTED: Bruno Castagnetti

SANCTUARY LAMP Maria & Dominic (Intentions)

LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM Tyler Joel Caiado (Thanksgiving on his 2nd Birthday)

POPE FRANCIS' INTENTIONS FOR MARCH: A Christian Response to Bioethical Challenges We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.



May the strength of God pilot us, may the wisdom of God instruct us, may the hand of God protect us, may the word of God direct us. Be always ours this day and for evermore.

St. Patrick

I wonder if any of us are really prepared to meet the Lord face-to-face and to see him in his glory. However we may feel, God is eager to share his glory with us! We get a glimpse of this when the disciples see Jesus transfigured on the mountain. Jesus' face changed in appearance and his clothing became dazzling white. When Moses met with God on Mount Sinai the skin of his face shone because he had been talking with God. St Paul writing in his Second letter to the Corinthians says that the Israelites could not look at Moses' face because of its brightness (2 3:7). In this incident Jesus appeared in glory with Moses, the great lawgiver of Israel, and with Elijah, the greatest of the prophets, in the presence of three of his beloved apostles, Peter, John, and James. So what is the significance of this mysterious appearance? Jesus went to the mountain knowing full well what awaited him in Jerusalem - his betrayal, rejection and crucifixion. Jesus very likely discussed this momentous decision to go to the cross with Moses and Elijah. God the Father also spoke with Jesus and gave his approval: This is my beloved Son: listen to him). The cloud which overshadowed Jesus and his apostles fulfilled the dream of the Jews that when the Messiah came the cloud of God's presence would fill the temple again.

St. Luke tells us that Peter, James, and John were heavy with sleep while Jesus spoke with Moses and Elijah. Upon awakening they discovered that Jesus was transfigured in glory along with Moses and Elijah. It reminds us that we so often miss of God's glory and action because we are asleep spiritually. There are many things which can keep our minds asleep to the things of God. Mental lethargy and the "unexamined life" can keep us from thinking things through and facing our doubts and questions. The life of comfort can also hinder us from considering the challenging or disturbing demands of Christ. Prejudice can make us blind to something new the Lord may have for us. Even sorrow can be a block until we can see past it to the glory of God. This Lent we ay just ask ourselves: Are we spiritually awake? Peter, James, and John were privileged witnesses of the glory of Jesus Christ. We, too, as disciples of Christ are called to be witnesses of his glory. We all, with unveiled face, beholding the glory of the Lord, are being changed into his likeness from one degree of glory to another; for this comes from the Lord who is the Spirit (2 Corinthians 3:18). This Lent, Jesus wants to reveal his glory to us, his beloved disciples. So let us seek his presence with faith and reverence.

you have not been to Mass for a while due to the Covid OF MATRIMONY WESTMINSTER CATHEDRAL, Saturday restrictions.

A SPECIAL WELCOME THIS SUNDAY to Fr Jonathan Goodall who will be celebrating the 11.15am Mass.

HELPUKRAINE COLLECTION Thank you to all who gave last week. We raised an amazing: £1991.13-brilliant! This has been now been sent out by the Ukrainian Catholic Church in the UK. If you want to give more/again/for the first time or through the GoFundMe fundraising when you can scan the QR code on the poster in the Church porch. We'll be collecting again this week!

CHILDREN'S SUNDAY WORKSHEETS Recommence this

weekend and are at the back where you pick up the weekly sheet together with a basket of crayons (Please make sure you put these back neat and tidy. They are in two age groups: 3-6 & 7-12. Please try to make sure your children don't draw on the pews or the walls!!!

FUNERAL MASS of Bridget Dunne on Tuesday 15th March at 11.00am followed by burial in Harrow weald Cemetery. May she rest in peace.

FUNERAL MASS of Natalina D'Ortenzio on Wednesday 16th March at 11.00am followed by burial in Northwood Cemetery May she rest in peace.

FUNERAL MASS of Mary Bunker on Monday 28th March need to be a UK tax payer, if you are one you can gift aid at 11.00am followed by burial in Acton Cemetery. May she rest in peace.

FUNERAL MASS of Shella Trinidad on Wednesday 28th March at 11.00am followed by burial in Alperton Cemetery. May she rest in peace.

LENT LEAFLET if you didn't get one in last couple of weeks-or on Ash Wednesday, please take one today together with a collecting box for Mary's Meals. Thanks!

STATIONS OF THE CROSS every Friday in Lent after the 9.30am Mass (and the Café/Bar will then be open afterwards).

PRAYER FOR UKRAINE leaflets are available as you enter church. Please use them individually and as a family.

MOTHERING SUNDAY falls traditionally on the Fourth Sunday of Lent-this year on the 27th March. There will be flowers blessed for children to give to their mothers at the 9.45am Mass and 11.15am Mass.

FIRST HOLY COMMUNION - On Tuesday 15th March at STOP NEW ABORTION THREAT. Baroness Sugg has tabled 7pm the children will be reflecting on why & how 'We | an amendment to the Health and Care Bill that would receive Holy Communion'. The children will also be starting to practice receiving Holy Communion for the first many Peers as possible oppose this amendment. Right To time. Parents/Carers can use small pieces of ice-cream wafers to practice with their children at home. Parents/ | that makes it easy for you to send an email to a randomly Carers are reminded of the importance of ensuring they attend Mass with their children every Sunday as they prepare to receive Jesus in the Holy Eucharist for the first time later this vear.

CONFIRMATION - Parents/Carers are reminded that the for details go to: https://iobs.rcdow.org.uk/ deadline for the Candidate's letter requesting Confirmation to the Bishop is this coming Monday 14th March at EMPLOYMENT OPPORTUNITIES AT BUCHANAN COURT 7.30pm. we are delighted a representative from Mary's Buchanan Court are looking for some new staff - Regis-Meals is coming to speak to us on Monday about the work tered Nurses. Care Assistants, Kitchen Assistant & & mission of this year's Lenten Charity. At the session Candidates will also be provided with details of visit https://www.lustgiving.com/fundraising/ sponsoredwalkformarysmeals. Thank you for continuing to help the candidates to arrive in good time for the start of each session.

WELCOME to all at Mass today and a big welcome back if ANNUAL MASS OF THANKSGIVING FOR THE SACRAMENT | but need to move as my landlord's circumstances have changed", Tel. no. 07985531525 14th May 2022 at 3pm. The Cardinal is inviting to this Mass all couples in the Diocese, who are celebrating MARY'S MEALS COLLECTING BOXES please hold on to the their 5th 10th, 25th, 30th, 40th, 50th and 60th (and every these for Lent (and, of course, fill them up) and return year over 60) Wedding Anniversary of Catholic Marriage them for Maundy Thursday (not now!). in 2022. If you are celebrating an anniversary, please THE SOCIETY OF FRIENDS OF WESTMINSTER CATHEDRAL

give the Parish Office the following details: husband and wife's names, wedding date, full postal address and IS seeking to recruit a part time Organising Secretary to email (or telephone number, if no email). help administer the charity, assist in recruiting new members and in organising events. The appointment THE OVER 60's CLUB Lots of people and great fun too! based in Westminster Cathedral Clergy House is for Why not join them? All over 60's welcome-just turn up on 20 hours per week at a salary in the region of £14,500 Tuesday in the café/Bar at 1.00pm. Everyone welcomener annum The annointment is for 12 months Closing and not just Catholics! date 27 March 2022. For further details please visit https://westminstercathedral.org.uk/the-friends-seek-WEEKLY PLANNED GIVING ENVELOPES FOR YOUR OFFERan-organising-secretary/.

INGS: We will very shortly be distributing boxes of envelopes to those who regularly us them to make their weekly offering to God. Thank you to parishioners who have witched over to a standing order. This saves us printing costs.

STANDING ORDERS: April is the beginning of the new financial year, if you are a gift aider and giving your offertory donation via the weekly envelopes why not consider giving by standing order? If you are interested, please contact the Parish Office via phone or email.

THE PASSAGE, a Catholic charity working with homeless people is raising funds through the Big Give a matched giving scheme from 12.00 noon on Monday 14 March. Every £1 donated online between 12.00 noon on Monday 14 March and 12.00 noon on Monday 28 March makes £2 and £2.25 if you are a taxpayer through Gift mportant that we keep our donor records up to date as Aid. Please visit: https://bit.ly/BigGiveMarch22 to support the campaign. The campaign 'It takes more than convenience. If we claim on behalf of someone who is not provide to people who have been homeless in their jour ney to being happily settled in a new home. The Passage would be very grateful for your support. For questions about the campaign or assistance making a donation Parish Centre nlease ring 020 7592 1856 '

GIFT AID DETAILS: In order to gift aid your donations you your donations at no extra cost to yourself. we would be able to claim 25% of your donations from HMRC. It is also we do not want to cause anyone any trouble, if your circumstances have changed or you are no longer a tax payer please inform the Parish Office at your earliest | a house to make a home' focuses on the services we paying taxes HMRC may ask that person to refund the amount claimed. PRAYER AND LIFE WORKSHOPS Fridays at 7.30pm in the

THE PARISH OFFICE will be open for booking Masses etc CAR KEYS-Did anvone leave some VW keys behind last every Thursday and Friday after 10.00am–3.00pm. veekend? Speak to Fr Jeremy.

REPOSITORY: Volunteers urgently required to assist in the Repository after all Masses. If you are able to help please contact Imelda on 07982683664.

CHURCH CLEANING: - Church cleaning takes place on Mondays after the 9.30am Mass. All are welcome! Thank you for all who are already helping out.

Life UK has launched an easy-to-use tool on its website assigned Peer asking them to oppose the amendment. Please visit www.righttolife.org.uk/DIYabortionthreat to contact your MP now.

JOB OPPORTUNITIES ACROSS THE DIOCESE:

age groups. All are welcome! There notice will also be manning an information Helpdesk outside the church after the Vigil Mass on 19th March for those who would like further infor-Housekeeping Staff. Students, who are only available mation beforehand Part-Time, are also welcome to apply. If you are interestthe **Sponsored Walk.** To **sponsor the candidates** please ed, please contact Rohan Mathew at <u>ro-</u> han.mathew@careuk.com.

> WANTED: Large Room - for middle-aged working lady. "I have lived in the same house locally for over twenty years

NEWS UPDATE



THE UNIVERSE CATHOLIC WEEKLY is thrilled to announce that we have launched our new online newspaper with the full support of our first subscriber none other than His Eminence Cardinal Vincent Nichols. Order vour Digital 4 weeks FREE trial supply by calling Michelle on 0743 661 7 6 5 0 o r e mai michelle.jones@universecatholicweekly.co.uk



MET RECRUITMENT EVENT AT ST. GEORGE'S - We are delighted that the Metropolitan Police will be hosting a Recruitment Event at the Parish Centre on Thursday 24th March at 7.30pm. Opportunities are available for young people on their Degree Apprenticeship Scheme (offering a fully-paid degree in Policing) & for all other