

SUNDAY READINGS & PRAYERS

Entrance Antiphon: Cf. Ps 90: 15-16

When he calls on me, I will answer him;
I will deliver him and give him glory,
I will grant him length of days.

Collect

Grant, almighty God,
through the yearly observances of holy Lent,
that we may grow in understanding
of the riches hidden in Christ
and by worthy conduct pursue their effects.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

First reading: Deuteronomy 26:4-10

Moses said to the people: 'The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement: "My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, the Lord, have given me." 'You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

The word of the Lord. *Thanks be to God.*

Responsorial Psalm: Psalm 90:1-2,10-15

R/. Be with me, O Lord, in my distress.

1. He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: 'My refuge, my stronghold, my God in whom I trust!' *R/.*

2. Upon you no evil shall fall, no plague approach where you dwell. For you has he commanded his angels, to keep you in all your ways. *R/.*

3. They shall bear you upon their hands lest you strike your foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon. *R/.*

4. His love he set on me, so I will rescue him; protect him for he knows my name. When he calls I shall answer: 'I am with you,' I will save him in distress and give him glory. *R/.*

Second reading: Romans 10:8-13

Scripture says: *The word* (that is the faith we proclaim) *is very near to you, it is on your lips and in your heart.* If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: *those who believe in him will have no cause for shame,* it makes no distinction between Jew and

Greek: all belong to the same Lord who is rich enough, however many ask his help, *for everyone who calls on the name of the Lord will be saved.*

The word of the Lord. *Thanks be to God.*

Gospel Acclamation: Mt 4:4

*Praise to you, O Christ, King of eternal glory!
Man does not live on bread alone,
but on every word that comes from the mouth of God.
Praise to you, O Christ, King of eternal glory!*

Gospel: Luke 4:1-13

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.' Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says: You must worship the Lord your God, and serve him alone.' Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him 'throw yourself down from here, for scripture says: He will put his angels in charge of you to guard you, and again: They will hold you up on their hands in case you hurt your foot against a stone.' But Jesus answered him, 'It has been said: You must not put the Lord your God to the test.' Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

Prayer over the Offerings

Give us the right dispositions,
O Lord, we pray,
to make these offerings,
for with them we celebrate the beginning
of this venerable and sacred time.
Through Christ our Lord.

Communion Antiphon: Mt 4: 4

One does not live by bread alone,
but by every word that comes forth from the mouth of God.

Prayer after Communion

Renewed now with heavenly bread,
by which faith is nourished,
hope increased,
and charity strengthened,
we pray, O Lord,
that we may learn to hunger for Christ,
the true and living Bread,
and strive to live by every word
which proceeds from your mouth.
Through Christ our Lord.



ST. GEORGE'S CATHOLIC CHURCH, SUDBURY

Sunday 6th March 2022

THE FIRST SUNDAY OF LENT

Welcome to all at mass today and especially anyone who is new. Please take this Newsletter home with you. You may wish to share it with family and friends. This newsletter can also be found via our website. We ask God's blessing on you and your loved ones this week and know that we pray for you all each day.

Sunday Cycle
Readings Year C

Weekday Readings
Lent 1

Divine Office
Psalms week 1 for Lent

For children,
download a weekly sheet:
[http://www.sdc.me.uk/
sundayliturgy/](http://www.sdc.me.uk/sundayliturgy/)

THIS WEEK

Sun 6 March
6.15pm (Vigil)
8.30am

FIRST SUNDAY OF LENT
THE PEOPLE OF THE PARISH
Domingoes & Lourdes
Fernandes RIP
Gerard Carney RIP
Kathleen Egan RIP
Michael John Faughnan RIP

Mon 7 March
9.30am

Lent feria
Michael & Tom Haugh RIP

Tues 8 March
9.30am

Lent feria
Bertram Jacob RIP (17th Anniv)

Weds 9 March
9.30am
11.00am

Lent feria
Melinda Peter RIP
FUNERAL MASS
Alfonso Ledo Toucedo RIP

Thurs 10 March
9.30am
11.00am

Lent feria
Martin Connolly RIP (1st Anniv)
FUNERAL MASS
Christine Knottenbelt RIP

Fri 11 March
9.30am

Lent feria
A Manuepillai RIP



Sat 12 March
9.30am

Lent feria
Peter Cronin RIP

Sun 13 March
6.15pm (Vigil)
8.30am
9.45am
11.15am
5.30pm

SECOND SUNDAY OF LENT
Matthew Gonzales RIP
THE PEOPLE OF THE PARISH
Liam Bradley RIP
Joseph Wright RIP
Loretto Barker RIP

TODAY'S MASS



The devil tempts Jesus to use his power to appease his hunger, he offers Jesus all the kingdoms of the world if Jesus will worship him, and he tempts Jesus to put God's promise of protection to the test. In each case, Jesus resists, citing words from Scripture to rebuke the devil's temptation. Each temptation that Jesus faces offers insight into the spirituality we hope to develop as we keep the forty days of the Season of Lent. We can trust God to provide for our material needs. We worship God because God alone has dominion over us and our world. We can trust God to be faithful to his promises. Jesus' rejection of the devil's temptations shows that he will not put God to the test. Grounding himself on the Word and authority of Scripture, Jesus rebukes the devil by his confidence in God's protection and faithfulness.

First Reading: Deuteronomy 26:4-10

Moses describes the offering of praise for God's deliverance of Israel.

Responsorial Psalm: Psalm 91:1-2,10-11,12-13,14-15

A prayer for God's protection

Second Reading: Romans 10:8-13

St. Paul teaches that we are saved by faith.

Gospel Reading: Luke 4:1-13

In the desert, Jesus is tempted by the devil.

SPIRITUAL QUOTE OF THE WEEK

"The ultimate goal of fasting is to help each one of us to make a complete gift of self to God."

Pope Benedict XVI

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk
Assistant Priest: Fr. Julio Albornoz julioalbornoz@rcdow.org.uk
Catechetical Coordinator: Mr. Peter Kingsley peterkingsley@rcdow.org.uk
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Hall Bookings: via the office or sudbury@rcdow.org.uk
Safeguarding Rep: Mrs. Mary Kugaswaran sudburysg2@rcdow.org.uk
Address: The Presbytery, 970 Harrow Road, Sudbury, Wembley, Middlesex, HA0 2QE
Telephone: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office/ SVP Information 3. Mgr Jeremy; 4. Fr. Julio; 5. Catechetical Coordinator.
Charity No: 233699
Email: sudbury@rcdow.org.uk Website: parish.rcdow.org.uk/sudbury

GOSPEL REFLECTION

DAILY MASS TIMES

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

WEEKDAY MASS: Monday – Saturday 9.30am.

HOLYDAYS OF OBLIGATION: 9.30am, 8.00pm.

EUCCHARISTIC ADORATION: Friday 9.00-9.30am, Saturday 5.15-6.00pm.

CONFESSIONS: Saturday 5.15pm - 6.00pm. *and any time by appointment.*

DIVINE MERCY: Tuesday 10.30am.

ROSARY: Daily after Mass.

FOR YOUR PRAYERS

SICK & HOUSEBOUND: *Marie Rego, Eileen Kidd, Christopher Browne, Noel Gill, Tom Fernandes, Dee Auriol, Kathleen O'Brien, Allan Noronha, Fiona Power, SMR, Aaran Thayaparan, Jocalyn Almeida, John, Rowland Watts, Catherine Corcoran, Trezel Dias*

RECENTLY BAPTISED: *Sophia Dubey*

RECENTLY DEPARTED: *Christine Knottenbelt, Alfonso Ledo Toucedo, Alan Woods, Bridget Dunne, Patrick Hows, Natalina D'Ortenzio, Sr Una Trant, Mary Bunker*

ANNIVERSARIES OF THE DEPARTED: *Peter Cronin, Martin Connolly (1st), Kathleen Egan (6th), Bertram Jacob (17th), Colin Mutukisna*

SANCTUARY LAMP

*Kay Lorenzato & Joan McHugh
(Thanksgiving)- 90th birthdays*

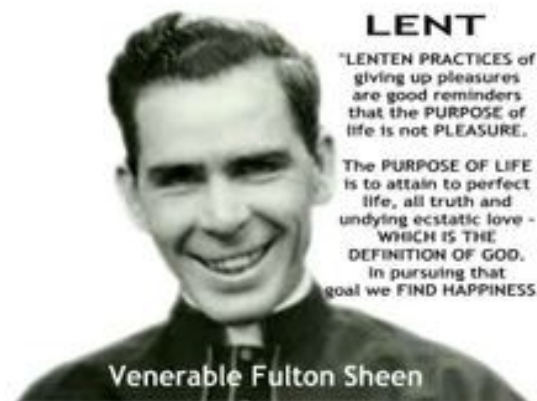
LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM

Kathleen Egan RIP

POPE FRANCIS INTENTIONS FOR MARCH:

A Christian Response to Bioethical Challenges

We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.



LENT

"LENTEN PRACTICES of giving up pleasures are good reminders that the PURPOSE of life is not PLEASURE.

The PURPOSE OF LIFE is to attain to perfect life, all truth and undying ecstatic love - WHICH IS THE DEFINITION OF GOD. In pursuing that goal we FIND HAPPINESS.

Venerable Fulton Sheen

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.' (Luke 4:13). These are menacing words, don't you think? Defeated now, the devil slinks away, but not for long. He's off to bide his time, wait for a while, lurk in the shadows, never too far away, just looking for his opportunity.

But we live in an age where people struggle with the idea of the devil. We have reduced him sometimes to a figure of fun that is brought out on Halloween. And sure enough, even some Christians do not believe the devil exists. We surround ourselves with such a comfortable notion of faith, a God of love, the Good Shepherd, the forgiving Father. Wickedness and evil seem so far from what our faith and our idea of God is all about, that it is just so difficult to understand how he could allow there even to be a Devil. And this is dangerous matter. Fighting an enemy who you don't believe exists, is wrestling with shadows. It was the writer CS Lewis, who said that the devil's greatest achievement was convincing people that he doesn't exist. We must not fall into that trap.

It's not that we need to believe that he's red and has horns and a tail, that he lives under the earth in fire and brimstone. But if we stop believing that evil can be a power, and even have a mind and a will, if we don't recognise that the life of faith is a struggle and that obstacles often fall in our way, if we don't accept that when bad things happen it may not be God's will but might in fact be ill will, if we don't accept these - then there is no battle to be fought, no struggle to be won. We are like those without hope. He skulks in the shadows, waits in the darkness - and we may not even realise he is there.

Lent is our time in the wilderness our time when we confront temptation and remember that there is a power of evil. Our time for recognising Satan, and all his works, and all his empty promises and then defeating him!



NEWS UPDATE



STATIONS OF THE CROSS

every FRIDAY in Lent
after the 9.30am Mass

WELCOME to all at Mass today and a big welcome if you have not been to Mass for a while due to the Covid restrictions.

SECOND COLLECTION TODAY after all masses for **HELPUKRAINE**. This has been organised by the Ukrainian Catholic Church in the UK. If you want to give through the GoFundMe fundraising you can scan the QR code on the poster in the Church porch.

FUNERAL MASS of Alfonso Ledo Toucedo on Wednesday 9th March at 11.00am followed by burial in Northwood Cemetery. May he rest in peace.

FUNERAL MASS of Christine Knottenbelt on Thursday 10th March at 11.00am. May she rest in peace.

FUNERAL MASS of Bridget Dunne on Tuesday 15th March at 11.00am. May she rest in peace.

FUNERAL MASS of Natalina D'Ortenzio on Wednesday 16th March at 11.00am. May she rest in peace.

LENT LEAFLET if you didn't get one last week—or on Ash Wednesday, please take one today together with a collecting box for Mary's Meals. Thanks!

STATIONS OF THE CROSS every Friday in Lent after the 9.30am Mass (and the Café/Bar will then be open afterwards).

PRAYER FOR UKRAINE leaflets are available as you enter church

CONGRATULATIONS to Joan McHugh and Kay Lorenzato who are celebrating their 90th birthdays on March 9th Their daughters are hosting a Coffee Morning after the 9.30 Mass.

FIRST HOLY COMMUNION - At this coming week's session, on **Tuesday 8th March at 7pm**, the children will be reflecting on how '**We remember Jesus at Mass**'. Parents/Carers are reminded of the importance of ensuring they **attend Mass** with their children **every Sunday** as they prepare to receive Jesus in the Holy Eucharist for the first time later this year.

CONFIRMATION - At Session 3, on **Monday 7th March at 7.30pm**, Bishop John Sherrington is planning to join us to help us reflect on the **Role of the Bishop at Confirmation**. The young people will also be reflecting on their chosen **Confirmation Name** as they begin preparing their **Letter to the Bishop**. Thank you for helping the candidates arrive in good time for the start of the session.

ANNUAL MASS OF THANKSGIVING FOR THE SACRAMENT OF MATRIMONY WESTMINSTER CATHEDRAL, Saturday 14th May 2022 at 3pm. The Cardinal is inviting to this Mass all couples in the Diocese, who are celebrating their **5th 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60)** Wedding Anniversary of Catholic Marriage in 2022. If you are celebrating an anniversary, please give the Parish Office the following details: husband and wife's names, wedding date, full postal address and email (or telephone number, if no email).

THE OVER 60's CLUB had a great start. Lots of people Why not join them? All over 60's welcome—just turn up on Tuesday in the café/Bar at 1.00pm. Remember even Fr Jeremy is eligible!!

COLLECTORS - Thank you to all those who generously help with the collection at Mass each week. We are searching for some more **generous volunteers** who would be happy to help with the collection at Masses. If you might consider helping, please contact our Welcomers Coordinator, Lucille Thomas, on 07886 575743 or lucille.thomas@gmail.com.

PRAYER AND LIFE WORKSHOPS Fridays at 7.30pm in the Parish Centre

THE PARISH OFFICE will be open for booking Masses etc every Thursday and Friday after 10.00am—3.00pm.

REPOSITORY: Volunteers urgently required to assist in the Repository after all Masses. If you are able to help please contact Imelda on 07982683664.

CHURCH CLEANING: - Church cleaning takes place on **Mondays after the 9.30am Mass**. All are welcome! Thank you for all who are already helping out.

ALTAR SERVING: - If your child would like to help with Altar Serving at Mass please note that you must first complete an Altar Serving Form, providing Parental Consent. Blank forms are available

for completion from the Sacristy. Only once this form has been completed can your child begin serving at Mass.

SOME LITURGICAL DATES FOR YOUR DIARY:

St Patrick -17th March
St Joseph -19th March
The Annunciation of the Lord - 25th March
Palm Sunday – Holy Week commences 10th April
Maundy Thursday - 14th April
Good Friday - 15th April
Holy Saturday - 16th April
Easter Sunday of the Resurrection - 17th April

JOB OPPORTUNITIES ACROSS THE DIOCESE:

for details go to: <https://jobs.rcdow.org.uk/>

EMPLOYMENT OPPORTUNITIES AT BUCHANAN COURT

Buchanan Court are looking for some new staff - Registered Nurses, Care Assistants, Kitchen Assistant & Housekeeping Staff. Students, who are only available Part-Time, are also welcome to apply. If you are interested, please contact Rohan Mathew at rohan.mathew@careuk.com.

WANTED: Large Room - for middle-aged working lady. I have lived in the same house locally for over twenty years but need to move as my landlord's circumstances have changed. Tel. no. 07985531525.

MET RECRUITMENT EVENT AT ST. GEORGE'S - We are delighted that the Metropolitan Police will be hosting a **Recruitment Event** at the Parish Centre on **Thursday 24th March at 7.30pm**. Opportunities are available for **young people** on their **Degree Apprenticeship Scheme** (offering a **fully-paid degree in Policing**) & for **all other age groups**. All are welcome!

There police will also be manning an Information Helpdesk outside the church after the Vigil Mass on 19th March for those who would like further information beforehand.

DO YOU WANT TO FAST THIS LENT?

In the words of Pope Francis

Fast from hurting words and say kind words.

Fast from sadness and be filled with gratitude.

Fast from anger and be filled with patience.

Fast from pessimism and be filled with hope.

Fast from worries and have trust in God.

Fast from complaints; contemplate simplicity.

Fast from pressures and be prayerful.

Fast from bitterness; fill your hearts with joy.

Fast from selfishness and be compassionate.

Fast from grudges and be reconciled.

Fast from words; be silent and listen.

