

Introit: Psalm 90: 15-16 When he calls on me. I will answer him: I will deliver him and give him glory, I will grant him length of davs.

Collect

Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son. who lives and reigns with you in the unity of the Holy Spirit, one God. for ever and ever.

First Reading: Genesis 2:7-9; 3:1-7

The Lord God fashioned man of dust from the soil. Then he breathed into his nostrils a breath of life, and thus man became a living being. The Lord God planted a garden in Eden which is in the east, and there he put the man he had fashioned. The Lord God caused to spring up from the soil every kind of tree, enticing to look at and good to eat, with the tree of life and the tree of the knowledge of good and evil in the middle of the garden.

The serpent was the most subtle of all the wild beasts that the Lord God had made. It asked the woman, Did God really say you were not to eat from any of the trees in the garden? The woman answered the serpent. We may eat the fruit of the trees in the garden. But of the fruit of the tree in the middle of the garden God said. You must not eat it, nor touch it, under pain of death. Then the serpent said to the woman. No! You will not die! God knows in fact that on the day you eat it your eves will be opened and you will be like gods, knowing good and evil. The woman saw that the tree was good to eat and pleasing to the eye, and that it was desirable for the knowledge that it could give. So she took some of its fruit and ate it. She gave some also to her husband who was with her, and he ate it. Then the eyes of both of them were opened and they realised that they were naked. So they sewed fig-leaves together to make themselves loin-cloths. The word of the Lord.

Responsorial Psalm: Psalm 50

R/. Have mercy on us, O Lord, for we have sinned.

1. Have mercy on me, God, in your kindness. In your compassion blot out my offense. O wash me more and more from my guilt and cleanse me from my sin. R/.

2. My offenses truly I know them; my sin is always before me Against you, you alone, have I sinned; what is evil in your sight I have done. R/.

3. A pure heart create for me. 0 God. nut a steadfast snirit within me. Do not cast me away from your presence. nor deprive me of your holy spirit. R/.

4. Give me again the joy of your help; with a spirit of fervour sustain me, O Lord, open my lips and my mouth shall declare your praise. R/.

Second Reading: Romans 5:12-19

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. If it is certain that death reigned over everyone as the consequence of one man's fall, it is even more certain that one man. Jesus Christ, will cause everyone to reign in life who receives the free gift that he does not deserve, of being made righteous. Again, as one man's fall brought condemnation on

everyone, so the good act of one man brings everyone life and makes them justified. As by one man's disobedience many were made sinners, so by one man's obedience many will be made righteous. The word of the Lord.

Gospel Acclamation:

Praise to you, O Christ, King of eternal glory. Man does not live on bread alone but on every word that comes from the mouth of God.

Gospel: Matthew 4:1-11

Jesus was led by the Spirit out into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, after which he was very hungry, and the tempter came and said to him, 'If you are the Son of God, tell these stones to turn into loaves.' But he replied. 'Scripture says:

Man does not live on bread alone

but on every word that comes from the mouth of God.' The devil then took him to the holy city and made him stand on the parapet of the Temple, 'If you are the Son of God,' he said, 'throw yourself down; for scripture savs:

- He will put you in his angels' charge,
- and they will support you on their hands in case you hurt your foot against a stone.'

Jesus said to him, 'Scripture also says:

You must not put the Lord your God to the test.' Next, taking him to a very high mountain, the devil showed him all the kingdoms of the world and their splendour. 'I will give you all these', he said, 'if you fall at my feet and worship me.' Then Jesus replied. 'Be off. Satan! For scripture savs:

- You must worship the Lord your God, and serve him alone.
- Then the devil left him, and angels appeared and looked after him.

Praver over the Offerings

Give us the right dispositions. O Lord, we pray, to make these offerings, for with them we celebrate the beginning of this venerable and sacred time. Through Christ our Lord.

Communion Antiphon Mt 4: 4 One does not live by bread alone. but by every word that comes forth from the mouth of God.

Prayer after Communion Renewed now with heavenly bread. by which faith is nourished. hope increased, and charity strengthened. we pray, O Lord, that we may learn to hunger for Christ. the true and living Bread. and strive to live by every word which proceeds from your mouth.

Through Christ our Lord.

Prayer over the People May bountiful blessing, O Lord, we pray, come down upon your people, that hope may grow in tribulation. virtue be strengthened in temptation, and eternal redemption be assured.

Sunday Cycle Readings Year A For children. download a weekly sheet: Weekday Readings Lent week 1 http://www.sdc.me.uk <u>sundayliturgy/</u> **Divine Office** Lent week 1 **THIS WEEK**

> **FIRST SUNDAY OF LENT** Mary & Richard Cooksey RIP Margaret Mc Elwee Ints. **Charles Pinto RIP** Matthew Rammelt RIP THE PEOPLE OF THE PARISH

Sunday 26th February 2023

Mon 27 Feb 9.30am

Sun 26 Feb

6.15pm

8.30am

9.45am

11.15am

5.30pm

lent feria **Keith Kugaswaran RIP**

Lent feria

Tues 28 Feb 9.30am

Weds 1 March

9.30am

S. DAVID (Patron of Wales) Maria Desa RIP

Ignatius FernandesRIP

Thurs 2 March Lent feria **Terry Madden RIP** 9.30am

> Lent feria **Delia Sheehv RIP**

Sat 4 March 9.30am

Sun 5 March

6.15pm

8.30am

9.45am

11.15am

5.30pm

Fri 3 March

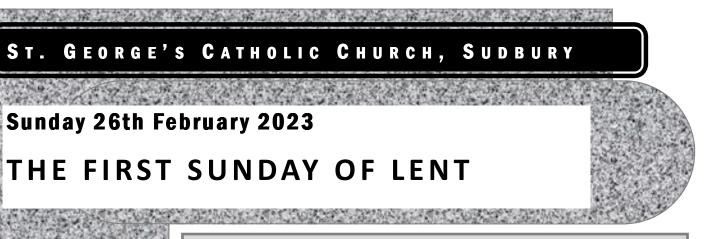
9.30am

Lent feria **Holy Souls**

> **SECOND SUNDAY OF LENT** Luciana Fernandes RIP THE PEOPLE OF THE PARISH Annamma Manuelpillai RIP Pauline & Eddie Spencer RIP Kathleen Egan RIP (7th Anniv.)

Paris Assist Catec Secret Direct Hall B Safeg Tel 07 Addre Middl Telep Inform Charif

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Welcome to all at mass today and especially anyone who is new. Please take this Newsletter home with you. You may wish to share it with family and friends. This newsletter can also be found via our website. We ask God's blessing on you and your loved ones this week and know that we pray for you all each day.

TODAY'S MASS



In St. Matthew's gospel the devil tempts Jesus to use his power to appease his hunger: he tempts Jesus to put God's promise of protection to the test; and he offers Jesus all of the kingdoms of the world if Jesus will worship the devil. In each case, Jesus resists the temptation, rebuking the devil with words from Scripture. Each temptation offers insight into both God and the human condition. Jesus' rejection of the temptations shows that he will not put God to the test. Grounding himself on the word and authority of Scripture,

Jesus rebukes the devil, confident in God's protection and faithfulness As we start our journey through Lent, our Sunday readings call us to adopt the same confidence that Jesus had in the face of temptation: God's word alone will suffice: God's promise of protection can be trusted: God alone is God.

First Reading: Genesis 2:7-9; 3:1-7

Eve and Adam eat from the tree that was forbidden to them by God.

Responsorial Psalm: *Psalm 51:3-4.5-6, 12-13, 17*

A prayer for mercy

Second Reading: Romans 5:12-19

Through the obedience of Jesus, many will be made righteous.

Gospel Reading: Matthew 4:1-11

Jesus fasts for 40 days in the desert and is tempted by the devil.

SPIRITUAL OUOTE OF THE WEEK

Virtue is nothing without the trial of temptation, for there is no conflict without an enemy, no victory without strife". Pope St. Leo the Great

MAKING CONTACT AT ST. GEORGE'S

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nation 3. Mgr Jeremy; 4. Fr. Mike; 5. Catechetical Coordinator.
ty No: 233699

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GOSPEL REFLECTION

DAILY MASS TIMES

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

WEEKDAY MASS: Monday - Saturday 9.30am. HOLYDAYS OF OBLIGATION: 9.30am, 8.00pm. EUCHARISTIC ADORATION: Friday 9.00-9.30am, Saturday 5.15-6.00pm. CONFESSIONS: Saturday 5.15pm -6.00pm. and any time by appointment. **DIVINE MERCY:** Tuesday 10.30am. **ROSARY:** Daily after Mass.

FOR YOUR PRAYERS

SICK & HOUSEBOUND: Marie Rego, Eileen Kidd, Christopher Browne, Noel Gill, Dee Auriol, Allan Noronha, Fiona Power, SMR, Aaran Thayaparan, Jocalyn Almeida, John, Rowland Watts, Catherine Corcoran, Shaun Scoon and Helen Jordan, Sean Marren, George Beel, Anne McShine-Jones, Marian Lynch, Shane & Paul, Martha Conway, Jean Lurshay, Patrick.

RECENTLY BAPTISED: Maja Liss

RECENTLY MARRIED *Liam Cunningham & Laura Collins*

RECENTLY DEPARTED: Avril Toppin. Francis Rowan, Susan Scannell, Marcelle Williamson.

ANNIVERSARIES OF THE DEPARTED: *Matthew Rammelt,* Keith Kugaswaran.

> **BLESSED SACRAMENT LAMP** Soccorro Goes Birthday Ints.

LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM **Ophelia Jules Birthday Ints.**

POPE FRANCIS' INTENTIONS FOR March 2023 For victims of abuse

We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.



"Offer your temptations for the conversion of sinners. When the devil sees you doing this. he is beside himself with rage and makes off, because then the temptation is turned against himself."

St. Jean Baptiste Marie Vianney

What motivated Jesus to spend 40 days and nights of solitude, praver and fasting in the Judean wilderness? This desert landscape was largely uninhabitable and was full of dangers for anyone who dared to venture in it for long. Danger from scorching heat by day and extreme cold at night, danger from wild animals and scorpions, plus the deprivation of food and the scarcity of water. For the chosen people of Israel the desert was a place of testing, encounter, and renewal. When the Israelites were freed from slavery in Egypt, they wandered 40 years in the wilderness. This was seen as a time of purification and preparation for entry into the promised land. So why did Jesus choose such a barren, lonely place for an intense and long period of sustained praver and fasting? Was it simply a test to prepare him for his mission? Or did Satan want to lure him into a trap? The word tempt in English usually means to entice someone to do what is wrong or forbidden. The scriptural word used here also means test in the sense of proving and purifying someone to see if there are ready for the task at hand. We test flight pilots to see that they are fit to fly under all conditions, including times of adverse turbulence and poor visibility. Likewise God tests his servants to see if they are fit and ready to be used by him. Jesus was no exception to this pattern of testing. He went to the desert without food or shelter. Adam and Eve had everything they needed in the Garden of Paradise. But they ate of the forbidden fruit out of disobedience because they trusted in themselves rather than in God. They were cast out of Paradise and driven into the wilderness. Jesus freely enters the wilderness in order to regain Paradise for those who lost it. So where did Jesus find the strength to survive the desert's harsh conditions and the tempter's seduction? He fed on God's word and found strength in doing his Father's will. During Lent, Satan will surely tempt us and he will try his best to get us to choose our will over God's will. If he can't make us renounce our faith or sin mortally, he will then try to get us to make choices that will lead us, little by little, away from what God wants for us.

Jesus was tempted like us and he overcame sin not by his own human effort but by the grace and strength which his Father gave to him. When tempted by the devil Jesus did not try to fight his adversary on his own human strength. He relied on the power which the Spirit gave him. His obedience to his Father's will and his willingness to embrace the cross reversed the curse of Adam's disobedience. His victory over sin and death won for us not only pardon for our sins but adoption as sons and daughters of God.

How can we overcome sin and oppression in our personal lives? The Lord gives us his Holy Spirit to help us in our weakness and to be our guide and consoler in temptation and testing. He gives grace to the humble who acknowledge their dependence on him and he helps us to stand against the attacks of our enemy, Satan, who seeks to destroy us . Jesus is ever ready to pour out his Spirit upon us that we may have the strength and courage we need to resist sin and to reject the lies and deceits of Satan. God wants us to "fight the good fight of the faith". Let's do that this Lent!



WELCOME to all at Mass today and a big welcome to anvone who is new or a visitor.

LENT LEAFLET & COLLECTING BOX—Have you taken yours? If not take one as you leave Mass today. There are just a few left.

FUNERAL MASS of Francis Patrick Rowan on Friday 10th March at 11.00am followed by burial in Northwood Cemetery. May he rest in peace.

FUNERAL MASS of Avril Nicole Toppin on Monday 13th March at 11.00am followed by burial at Carpenders Park Cemetery. May she rest in peace.

LENT DISCUSSION GROUP ON WEDNESDAY DUR-**ING LENT:** a get together & discussion. for all who would like to renew their faith. Beginning this week 1st March at around 10.30am in the Café/ Bar. All welcome.

FIRST HOLY COMMUNION - At Session 5, on Tuesday 28th February, the children will be reflecting in their Small Catechist Groups on 'Jesus celebrating the Last Supper'. Thank you for continuing to arrive promptly for the start of the session You have a Gift Aid in place and your circumstancat **7pm**.

CONFIRMATION - At Session 2, on Monday 27th February, the Confirmation Candidates will be reflecting on 'Christian Values'. Thank you for arriving promptly for the start of the session at 7.30pm. Please remember the first Confirmation Group Mass, that all the Candidates should attend, is taking place on Sunday 5th March at 9.45am.

FUNDRAISING OUIZ & CURRY NIGHT The 8th Greenford Scout Hut, in Whitton Avenue East, is raising money for the World Scout Jamboree in South Korea through a Quiz & Curry Night on Saturday 4th March at 7pm. Curry & Snacks served (bring your own drinks). To book a table for six or buy single tickets costing £10, please contact Judy Easter Sunday of the Resurrection - 9th April Osorio at 07956 118702.

CAN YOU SING OR PLAY A MUSICAL INSTRUMENT?

If so we need you. As we have begun a new year it would be good to see more of our community involved with the Music at both the 9.45am Family Mass and the 11.15am Solemn Mass. Too many of us leave it to a few. The great Saint Augustine reminds us that the one who sings prays twice! Our music and singing is one of the great ways we give glory to God especially when we are celebrating Mass. If you feel you could help, please let us know

ST VINCENT DE PAUL SOCIETY (SVP). : If you are feeling isolated and would like a home visit or a chat with a friendly person over the phone please get in touch. If you are struggling financially or would like other practical assistance please do not

as vou'd be verv welcome.

NEWS UPDATE

would be very welcome, just call the number below or drop in to our next meeting. Tel. 0775 3654154 dren! (Theresa). Email. frain.home@gmail.com

DIOCESAN PILGRIMAGE TO LOURDES 21-28 JULY: CHURCH LAMPS: If you would like to sponsor the Bookings are not open vet, but 'Expressions of blessed sacrament lamp or the lamp by the altar of Interest' are sought from all who intend to partici-Our Lady of Walsingham with a particular intention, pate in the Pilgrimage, whether as Praying Pilthe cost is £10 for the week - Please see Toni in the grims, Clergy etc. An expression of interest can be Parish Office. made at the website: https://rcdow.org.uk/pilgrimages/lourdes/

PLANNED GIVING-envelopes for 2023/2024 will soon be available. Thank you to parishioners who have now switched over to a standing order and those who are using our card machine. This saves us printing costs. PLEASE let us know:

If you are new to the parish and wish to use planned giving envelopes for the first time

If you wish to change from Planned Giving envelopes to a Standing Order (ie direct through your bank).

You are a standard tax payer and wish to Gift Aid your contribution - this can increase your dona tions by 25p in the £ at no extra cost to yourself..

cards.

es have changed and you no longer pay tax. It is the responsibility of anyone who has a Gift Aid and contributes by planned giving envelope or bankers order to inform the parish office if they are no longer paying tax. Please address all queries to sudbury@rcdow.org.uk/020 8904 2552 (option 2).

SOME LITURGICAL DATES FOR YOUR DIARY:

St Patrick -17th March St Joseph - 20th March The Annunciation of the Lord - 25th March Palm Sunday - Holy Week commences 2nd April Maundy Thursday - 6th April Good Friday - 7th April Holy Saturday - 8th April St George - 24th April

PARENTING FOR FAITH - a new online course start ing for those with Babies and Toddlers over 5 weeks from 23rd March 23 via Zoom starting at 8:00pm . There is a £5 registration fee. https://www.celebratetrust.org/parentingforfaith

A VERY RESPONSIBLE Catholic adult male is looking for accommodation. Any chance you could help? Contact Fr Jeremy for more information.

THE KNIGHTS OF ST. COLUMBA were pleased to hear that 2 of their entries of the Nativity Painting Competition from pupils at St George's School have been chosen by the KSC Province 30 (Westminster West) for submission for natural judging. Entries were received from Councils including Harrow, Hanwell, Maidenhead and High



You wish to contribute by Standing Order.

You need a supply of "paid by Bankers' order'

hesitate to contact us. If you are over 18 and are Wycombe. The entries we submitted will each interested in becoming a member of the SVP you receive a framed certificate. National judging takes place in early March. Good luck to our chil-

> LENTEN TAIZÉ PRAYERS in Notre Dame de France (French Church, 5 Leicester Place WC2H 7BX) at 19:30 on 25th February and 25th March 2023. A time of prayer with Taizé chants, scripture and silence in the heart of London. All are welcome!

ANNUAL MASS FOR MATRIMONY The annual Mass for Matrimony will be celebrated in the Cathedral by the Cardinal on Saturday 13th May at 2.30pm for couples celebrating significant wedding anniversaries - 5th, 10th, 25th, 30th, 40th 50th, 60th and 60+. As usual couples are asked to register their wish to attend with their parish, which then sends on the details by Saturday, 1st April 2023.

THE CAFOD LENT FAMILY FAST DAY will be on Friday 3rd March. In preparation, envelopes and prayer cards will be available from next week for those who wish to use them.

THE RISE THEATRE COMPANY is coming to St Gabriel's Church in South Harrow with a production called "Faithful Companions".... On Wednesday 23rd March at 7.30pm. See the poster in the porch.



STATIONS OF THE CROSS every FRIDAY in Lent after the 9.30am Mass