

SUNDAY READINGS & PRAYERS

Entrance Antiphon *Ps 95 (94): 6-7*

O come, let us worship God
and bow low before the God who made us,
for he is the Lord our God.

Collect

Keep your family safe,
O Lord, with unflinching care,
that, relying solely on
the hope of heavenly grace,
they may be defended always
by your protection.
Through our Lord Jesus Christ,
your Son, who lives and reigns with
you in the unity of the Holy Spirit,
one God, for ever and ever.

First Reading: *Isaiah 58:7-10*

Thus says the Lord:
Share your bread with the hungry,
and shelter the homeless poor,
clothe the man you see to be
Naked and turn not from
your own kin.
Then will your light shine like
the dawn and your wound be
quickly healed over.
Your integrity will go before you
and the glory of the Lord
behind you.
Cry, and the Lord will answer;
call, and he will say, I am here.
If you do away with the yoke,
the clenched fist, the wicked word,
if you give your bread
to the hungry,
and relief to the oppressed,
your light will rise in the darkness,
and your shadows become like noon.

Responsorial Psalm: *Psalms 111*

R/. **The good man is a light in the
darkness for the upright.**

1. He is a light in the darkness for the upright:
he is generous, merciful and just.
The good man takes pity and lends,
he conducts his affairs with honour.

2. The just man will never waver:
he will be remembered for ever.
He has no fear of evil news;
with a firm heart he trusts in the Lord.

3. With a steadfast heart he will not fear;
Open-handed, he gives to the poor;
his justice stands firm for ever.
His head will be raised in glory.

Second Reading: *First Letter of St. Paul to the Corinthians 2:1-5*

When I came to you, brothers, it was not with any show of oratory
or philosophy, but simply to tell you what God had guaranteed.
During my stay with you, the only knowledge I claimed to have was
about Jesus, and only about him as the crucified Christ. Far from
relying on any power of my own, I came among you in great 'fear
and trembling' and in my speeches and the sermons that I gave,
there were none of the arguments that belong to philosophy; only
a demonstration of the power of the Spirit. And I did this so that
your faith should not depend on human philosophy but on the power
of God.

Gospel Acclamation

Alleluia, alleluia!
I am the light of the world, says the Lord,
anyone who follows me will have the light of life.
Alleluia!

Gospel: *Matthew 5:13-16*

Jesus said to his disciples: 'You are the salt of the earth. But if
salt becomes tasteless, what can make it salty again? It is good
for nothing, and can only be thrown out to be trampled underfoot
by men.
'You are the light of the world. A city built on a hill-top cannot be
hidden. No one lights a lamp to put it under a tub; they put it on
the lamp-stand where it shines for everyone in the house. In the
same way your light must shine in the sight of men, so that, seeing
your good works, they may give the praise to your Father in
heaven.'

Prayer over the Offerings

O Lord, our God,
who once established these created things
to sustain us in our frailty,
grant, we pray, that they may become for us now
the Sacrament of eternal life.
Through Christ our Lord.

Communion Antiphon *Cf. Ps 107 (106): 8-9*

Let them thank the Lord for his mercy, his wonders for the
children of men, for he satisfies the thirsty soul, and the hungry he
fills with good things.

Prayer after Communion

O God, who have willed that
we be partakers in the one Bread and the
one Chalice, grant us, we pray, so to live
that, made one in Christ,
we may joyfully bear fruit
for the salvation of the world.
Through Christ our Lord.

ST. GEORGE'S CATHOLIC CHURCH, SUDBURY

Sunday 5th February 2023

THE FIFTH SUNDAY OF THE YEAR

Welcome to all at mass today and especially anyone who is new. Please take this Newsletter home with you. You may wish to share it with family and friends. This newsletter can also be found via our website. We ask God's blessing on you and your loved ones this week and know that we pray for you all each day.


Sunday Cycle
Readings Year A

Weekday Readings
Week 5 year 1

Divine Office
Week 1

For children,
download a weekly sheet:
<http://www.sdc.me.uk/sundayliturgy/>

THIS WEEK

Sun 5 Feb 6.15pm 8.30am 9.45am 11.15am 5.30pm	5th SUNDAY OF THE YEAR Luciana Fernandes RIP Eileen & Tom Haugh RIP John Hernon RIP Peter Jones RIP THE PEOPLE OF THE PARISH
Mon 6 Feb 9.30am	S. Paul Miki & Companions Joe Nemeth RIP
Tues 7 Feb 9.30am	feria Jerry Weir RIP
Weds 8 Feb 9.30am	S. Josephine Bakhita Margaret McMahon RIP FUNERAL MASS Francis Callery RIP
Thurs 9 Feb 9.30am	feria Jim Mc Monagle RIP.
Fri 10 Feb 9.30am	S. Scolastica Rokashan Joseph RIP 
Sat 11 Feb 9.30am	Our Lady of Lourdes Billy & Beety Cusack RIP
Sun 12 Feb 6.15pm 8.30am 9.45am 11.15am 5.30pm	6th SUNDAY OF THE YEAR Bridie Carey RIP Isobel Scannell RIP Joseph Wright RIP Bridget Dunne RIP (1st Anniv.) THE PEOPLE OF THE PARISH

TODAY'S MASS



Jesus' call to be salt for the earth and light for the world powerfully states our mission as Church and as Christians. Our commitment to social justice flows from the exhortation that Jesus gives us in today's Gospel. Some of the activities that this commitment leads us to are given more concrete expression as the Corporal and Spiritual Works of Mercy. When we feed the hungry, clothe the naked, console those who mourn, and so on, we show ourselves to be the salt of the earth and the light of the world. When we do these things with the community of faith,

the Church, we are indeed acting as "a city set on a mountain" that cannot be hidden!

First Reading: *Isaiah 58:7-10*

In the work of justice, light shall break through darkness.

Responsorial Psalm: *Psalms 112:4-9*

The just person will be a light in the darkness.

Second Reading: *1 Corinthians 2:1-5*

St. Paul shows that he came to Corinth preaching Christ crucified.

Gospel Reading: *Matthew 5:13-16*

Jesus teaches that his disciples are to be the salt of the earth and the light of the world.

SPIRITUAL QUOTE OF THE WEEK

"Do you want to have God always in your mind? Be just as he made you to be. Do not go seeking another "you". Do not make yourself otherwise than he made you. Then you will always have God in mind".
St Anthony of Padua

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk
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GOSPEL REFLECTION

DAILY MASS TIMES

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

WEEKDAY MASS: Monday – Saturday 9.30am.

HOLYDAYS OF OBLIGATION: 9.30am, 8.00pm.

EUCCHARISTIC ADORATION: Friday 9.00-9.30am, Saturday 5.15-6.00pm.

CONFESSIONS: Saturday 5.15pm -6.00pm. *and any time by appointment.*

DIVINE MERCY: Tuesday 10.30am.

ROSARY: Daily after Mass.

FOR YOUR PRAYERS

SICK & HOUSEBOUND: *Marie Rego, Eileen Kidd, Christopher Browne, Noel Gill, Dee Auriol, Allan Noronha, Fiona Power, SMR, Aaran Thayaparan, Jocalyn Almeida, John Rowland Watts, Catherine Corcoran, Shaun Scoon and Helen Jordan, Sean Marren, George Beel, Anne McShine-Jones, Marian Lynch, Shane & Paul*

RECENTLY BAPTISED: *Valbrun Fernandes*

RECENTLY DEPARTED: *Francis Callery, James McGovern, Juliana Etan, Susan Scannell, Fr James O'Reilly SMA, Anne Mc Namara*

ANNIVERSARIES OF THE DEPARTED: *Peter Jones*

BLESSED SACRAMENT LAMP
In Memory of Eric Duffner RIP

LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM
In Memory of Christine Knottenbelt RIP

POPE FRANCIS' INTENTIONS FOR February 2023
For parishes

We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.



What can salt and light have to teach us about God and his reign on earth? Jesus used ordinary images, such as salt and light, to convey extraordinary truths about the kingdom of God. Salt was a valuable commodity in the ancient world. People traded with it, like we trade with gold and stock. Salt also served a very useful purpose in hot climates before the invention of electricity and refrigeration. Salt not only gave food flavour, it also preserved meat from spoiling. Jesus used the image of salt to describe how his disciples are to live in the world. As salt purifies, preserves, and penetrates, so the disciple must be as salt in the world of human society to purify, preserve, and penetrate that society for the kingdom of God and of his righteousness and peace.

Jesus also used the image of light and a lamp to further his illustration. Lamps in the ancient world served a vital function, much like they do today. They enable people to see and work in the dark and to avoid stumbling. The Jews also understood "light" as an expression of the inner beauty, truth, and goodness of God. In his light we see light (Psalm 36:9). His word is a lamp that guides our steps (Psalm 119:105). God's grace not only illumines the darkness in our lives, but it also fills us with spiritual light, joy, and peace. Jesus used the image of a lamp to describe how his disciples are to live in the light of his truth and love. Just as natural light illumines the darkness and enables one to see visually, so the light of Christ shines in the hearts of believers and enables us to see the heavenly reality of God's kingdom. In fact, our mission is to be light-bearers of Christ so that others may see the truth of the gospel and be freed from the blindness of sin and deception.

Jesus remarks that nothing can remain hidden or secret. We can try to hide things from others, from ourselves, and from God. How tempting to shut our eyes from the consequences of our sinful ways and bad habits, even when we know what those consequences are. And how tempting to hide them from others and even from God. But, nonetheless, everything is known to God who sees all. There is great freedom and joy for those who live in God's light and who seek this truth.



NEWS UPDATE



Switch mobile phones
off or to silent

WELCOME to all at Mass today and a big welcome to anyone who is new or a visitor.

FUNERAL MASS of Francis Callery on Wednesday 8th February at 9.30am followed by cremation at Breakspear crematorium at 11.15am. May he rest in peace.

FUNERAL MASS of Juliana Etan on Friday 17th February at 12.30pm followed by cremation at West London Crematorium.

LOOK our new children's Sunday sheet continues this Sunday. We hope you enjoyed our first edition last week. Please take one for all our young children. This is provided for children 4-9 years only. (so only one sheet) After 9 years old we hope that our children will be able to be more attentive to the Mass and learn its prayers.

CONGRATULATIONS to **Matthew Topham** who has been on placement with us for a few months who this Sunday will be ordained deacon at Our Lady of the assumption, Warwick Street. We look forward now to seeing him and participating in our liturgy as a deacon when he is able.

SORRY to those who have been trying to ring in on the phone line to the presbytery. There has been a major external problem that we hope will be fixed soon.

FIRST HOLY COMMUNION - This coming week's session, on **Tuesday 7th February**, is for the children **accompanied by a Parent/Carer**. Thank you for making any child-care arrangements well in advance so you are able to attend this session with your son/daughter. At **Session 3** the Small Catechist Groups will be reflecting on how '**Jesus gives us what we need**'. Thank you for arriving promptly for the start of the session with your son/daughter at **7pm**.

CONFIRMATION 2023 - We keep the Candidates in prayer as they begin to prepare for Confirmation later this year. Please note that this week's session, '**Meet the Team**' on **Monday 6th February at 7.30pm**, is for **Parents/Carers only**. Thank you for making any child-care arrangements well in advance to ensure a **Parent/Carer** is able to attend this important introduction to the Programme and meet their son/daughter's Small Group Catechists. Please note, enrolment on this year's Programme is now closed.

CAN YOU SING OR PLAY A MUSICAL INSTRUMENT? If so we need you. As we have begun a new year it would be good to see more of our community involved with the Music at both the 9.45am Family Mass and the 11.15am Solemn Mass. Too many of us leave it to a few. The great Saint Augustine reminds us that the one who sings prays twice! Our

music and singing is one of the great ways we give glory to God especially when we are celebrating Mass. If you feel you could help, please let us know as you'd be very welcome.

ST VINCENT DE PAUL SOCIETY (SVP) : If you are feeling isolated and would like a home visit or a chat with a friendly person over the phone please get in touch. If you are struggling financially or would like other practical assistance please do not hesitate to contact us. If you are over 18 and are interested in becoming a member of the SVP you would be very welcome, just call the number below or drop in to our next meeting. Tel. 0775 3654154 (Theresa). Email. frain.home@gmail.com

CALLING NEW CONFIRMATION CATECHISTS - Might you consider a new ministry at the Parish helping our young people prepare for their Confirmation in 2023? If you might consider helping, please contact our Catechetical Coordinator, Mr. Peter Kingsley, at peterkingsley@rcdow.org.uk for further information.

CHURCH LAMPS: If you would like to sponsor the blessed sacrament lamp or the lamp by the altar of Our Lady of Walsingham with a particular intention, the cost is £10 for the week - Please see Toni in the Parish Office.

MENS BREAKFAST Saturday 25th February from 9.00am. Speaker: Jake Scicinski on the subject "Whatever happened to music and singing in the Catholic Church in England". (Jake is studying the organ at present at the Royal College of Music). All welcome—Father, sons etc.

THINKING OF GETTING MARRIED? - THEN THINK ABOUT PREPARING FOR MARRIAGE! An Engaged Encounter Marriage Preparation course will be taking place in the Parish Centre on the 11 and 12 February 2023. For more information on the weekend and to book on-line go to <https://engaged-encounter.org.uk/> - Stephen and Barbara Dunn

SOME LITURGICAL DATES FOR YOUR DIARY:

Ash Wednesday beginning of Lent- 22nd February
First Sunday of Lent - 26th February
St Patrick -17th March
St Joseph - 20th March
The Annunciation of the Lord - 25th March
Palm Sunday - Holy Week commences 2nd April
Maundy Thursday - 6th April
Good Friday - 7th April
Holy Saturday - 8th April
Easter Sunday of the Resurrection - 9th April
St George - 24th April

SHARING THE CHURCH'S STORY Day Conference. Catholic Voices and Word on Fire are hosting a one-day conference called 'Sharing the Church's Story'. Come and join 1300 Catholics who are passionate about the renewal of the Church in the UK and a host of dynamic speakers including the internationally renowned speaker and author, BISHOP ROBERT BARRON. So whether you are a volunteer, parent, or catechist, clergy, or just want a boost for

your faith life, then this conference is for you. Sat 11th Feb 10am-5pm at the QEII Centre, Westminster, SW1P 3EE You can find out more here:

<https://www.sharingthechurchsstory.com>, will give an address. Tickets are not required.

31ST WORLD DAY OF THE SICK, the Memoria of Our Lady of Lourdes. There will be a Mass for the Sick at Westminster Cathedral at 2.30pm, Saturday 11th February 2023 The Cardinal will celebrate the Mass during which the Anointing of the Sick will be offered. To help with planning for the Mass and the anointing, please let one of the parish team know if you would like to attend and they will then book tickets. Please let them know which category for which you would like a ticket (best way to do this via email):

1. Wheelchair users who require anointing
2. Walking sick who require anointing
3. Those assisting the sick, who do not require anointing.

PARENTING FOR FAITH - a new online course starting for those with Babies and Toddlers over 5 weeks from 23rd March 23 via Zoom starting at 8:00pm. There is a £5 registration fee.

<https://www.celebratetrust.org/parentingforfaith>

SCHOOL SITE MANAGER required at St Joseph's Catholic Primary School, Dobbin Close, Harrow HA 3 7LP for immediate start. Full details and an application form are available on the school website www.stjosephs.harrow.sch.uk Closing date for receipt of applications is Midday on Friday 10th February 2023".

CAFOD, the Catholic Agency for Overseas Development, are looking people join us as volunteers here in the Westminster diocese. Could you help us raise awareness about our work across the developing world tackling poverty and injustice. Find out by joining our meeting this Wednesday 1st February from 2.30-4.30pm in Oakwood, North London, N14 4HE. Please contact Tony at CAFOD for further details. westminster@cafod.org.uk or 0208 449 6970

A VERY RESPONSIBLE Catholic adult male is looking for accommodation. Any chance you could help? Contact Fr Jeremy for more information.

EVERY BABY IN THE WOMB HAS A RIGHT TO LIFE: A Petition to stop the introduction of abortion up to birth. In 2021, abortion campaigners brought forward an amendment to a Government Bill that would have introduced abortion on demand, for any reason, up to birth (including sex-selective abortion). This amendment did not go to a vote, but the abortion lobby is expected to make another attempt to introduce this extreme abortion law change shortly. This would be the single biggest change to abortion legislation since 1967 and would introduce one of the most extreme abortion laws in the world. Right To Life UK is running a petition to ask the Prime Minister to do everything in his power to stop the introduction of abortion up to birth. Please add your name to the petition here: <https://righttolife.org.uk/signthepetitionorishi>