

Entrance Antiphon: Cf. Ps 30: 3-4 Be my protector, 0 God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.

### Collect

**O** God, who teach us that you abide in hearts that are just and true, grant that we may be so fashioned by your grace as to become a dwelling pleasing to you. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

## First reading: *Eccleslasticus 15:16-21*

If you wish, you can keep the commandments. to behave faithfully is within your power. He has set fire and water before you; put out your hand to whichever you prefer. Man has life and death before him: whichever a man likes better will be given him. For vast is the wisdom of the Lord; he is almighty and all-seeing. His eyes are on those who fear him, he notes every action of man. He never commanded anyone to be godless, he has given no one permission to sin.

# Responsorial Psalm: Psalm 118(119)

# R/. They are happy who follow God's law!

1. They are happy whose life is blameless, who follow God's law! They are happy who do his will, seeking him with all their hearts. R/.

2. You have laid down your precepts to be obeved with care. May my footsteps be firm to obey your statutes. R/.

3.Bless your servant and I shall live and obey your word. **Open my eyes that I may see** the wonders of your law. **R**/.

4. Teach me the demands of your statutes and I will keep them to the end. Train me to observe your law, to keep it with my heart. R/.

# **SUNDAY READINGS & PRAYERS**

## Second reading: 1 CorInthians 2:6-10

We have a wisdom to offer those who have reached maturity: not a philosophy of our age, it is true, still less of the masters of our age, which are coming to their end. The hidden wisdom of God which we teach in our mysteries is the wisdom that God predestined to be for our glory before the ages began. It is a wisdom that none of the masters of this age have ever known, or they would not have crucified the Lord of Glory; we teach what scripture calls: the things that no eve has seen and no ear has heard, things beyond the mind of man, all that God has prepared for those who love him.

These are the very things that God has revealed to us through the Spirit, for the Spirit reaches the depths of everything, even the depths of God.

Gospel Acclamation: 1s3:9.Jn6:68

Alleluia, alleluia! Speak, Lord, your servant is listening: you have the message of eternal life. Alleluia!

# Gospel: Matthew 5:20-22.27-28.33-34.37

Jesus said to his disciples: 'I tell you, if your virtue goes no deeper than that of the scribes and Pharisees, you will never get into the kingdom of heaven.

'You have learnt how it was said to our ancestors: You must not kill: and if anyone does kill he must answer for it before the court. But I say this to you: anyone who is angry with his brother will answer for it before the court.

'You have learnt how it was said: You must not commit adultery. But I say this to you: if a man looks at a woman lustfully, he has already committed adultery with her in his heart.

'Again. you have learnt how it was said to our ancestors: You must not break your oath, but must fulfil your oaths to the *Lord.* But I say this to you: do not swear at all. All you need say is "Yes" if you mean yes, "No" if you mean no; anything more than this comes from the evil one."

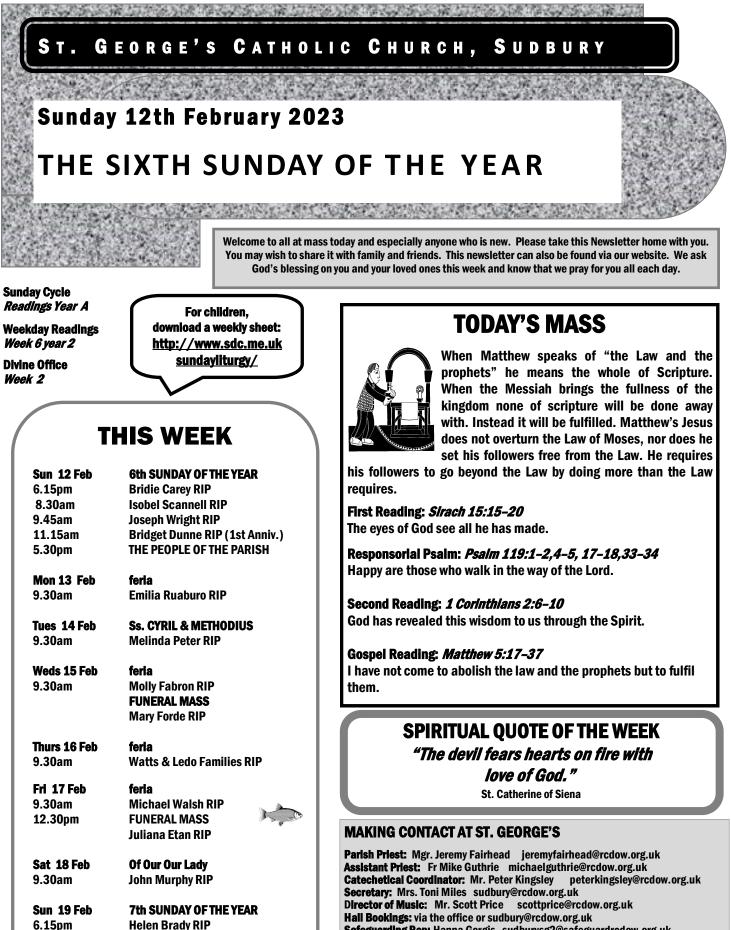
# **Prayer over the Offerings**

May this oblation, O Lord, we pray, cleanse and renew us and may it become for those who do vour will the source of eternal reward. Through Christ our Lord.

## **Prayer after Communion**

Having fed upon these heavenly delights, we pray, O Lord, so that we may always long for that food by which we truly live. Through Christ our Lord.

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& Alice Cullen RIP

Ken Durcan RIP

**Eileen Nicklen RIP** 

8.30am

9.45am

11.15am

5.30pm

THE PEOPLE OF THE PARISH

**Manuel Martin Lopez RIP** 

- Safeguarding Rep: Hanna Gorgis sudburysg2@safeguardrcdow.org.uk Tel 07751804978 Address: The Presbytery, 970 Harrow Road, Sudbury, Wembley, Middlesex, HA0 2QE
- Telephone: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office/ SVP Information 3. Mgr Jeremy: 4. Fr. Mike: 5. Catechetical Coordinator.
- Charity No: 233699
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# **GOSPEL REFLECTION**

# **DAILY MASS TIMES**

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

WEEKDAY MASS: Monday - Saturday 9.30am. HOLYDAYS OF OBLIGATION: 9.30am, 8.00pm. EUCHARISTIC ADORATION: Friday 9.00-9.30am, Saturday 5.15-6.00pm. CONFESSIONS: Saturday 5.15pm -6.00pm. and any time by appointment. **DIVINE MERCY:** Tuesday 10.30am.

**ROSARY:** Daily after Mass.

# FOR YOUR PRAYERS

SICK & HOUSEBOUND: Marie Rego, Eileen Kidd, Christopher Browne, Noel Gill, Dee Auriol, Allan Noronha, Fiona Power, SMR, Aaran Thayaparan, Jocalyn Almeida, John, Rowland Watts, Catherine Corcoran, Shaun Scoon and Helen Jordan, Sean Marren, George Beel, Anne McShine-Jones, Marian Lynch, Shane & Paul, Martha Conway.

**RECENTLY BAPTISED:** *Mollie Faithful -Bowie* 

**RECENTLY DEPARTED:** James McGovern, Juliana Etan, Susan Scannell, Mary Forde

> **ANNIVERSARIES OF THE DEPARTED:** Melinda Peter, Bridget Dunne (1st)

**BLESSED SACRAMENT LAMP** Private Intentions of Linda

LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM Intentions of Baptiste Fernandes

### **POPE FRANCIS' INTENTIONS FOR February 2023** For parishes

We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity



The fruit of **SILENCE** is Prayer The fruit of **PRAYER** is Faith The fruit of **FAITH** is Love The fruit of **LOVE** is Service he fruit of **SERVICE** is Peace

Mother Teresa of Calcutta

and welcome towards those most in need.

Why do people tend to view the "law of God" negatively rather than positively? Jesus' attitude towards the law of God can be summed up in the great prayer of Psalm 119: "Oh, how I love your law! It is my meditation all the day."

For the people of Israel the "law" could refer to the ten commandments or to the five Books of Moses, called the Pentateuch or Torah, which explain the commandments and ordinances of God for his people. The "law" also referred to the whole teaching or way of life which God gave to his people. The Jews in Jesus' time also used it as a description of the oral or scribal law. Needless to say, the scribes added many more things to the law than God intended. That is why Jesus often condemned the scribal law because it placed burdens on people which God had not intended.

Jesus made it very clear that the essence of God's law his commandments and way of life, must be fulfilled. God's law is true and righteous because it flows from his love, goodness, and holiness. It is a law of grace, love, and freedom for us. That is why God commands us to love him above all else and to follow in the way of his Son, the Lord Jesus who taught us how to love by laying down our lives for one another.

Jesus taught reverence and respect for God's law reverence for God himself, reverence for the Lord's Day, reverence or respect for parents, respect for life, for property, for another person's good name, respect for oneself and for one's neighbour lest wrong or hurtful desires master and enslave us. Reverence and respect for God's commandments teach us the way of love - love of God and love of neighbour. What is impossible to humans is possible to God who gives generously of his gifts and the power of the Holy Spirit to those who put their faith and trust in him.

God gives us the grace, help, and strength to love as he loves, to forgive as he forgives, to think and judge as he judges, and to act as he acts with mercy. loving-kindness, and goodness. The Lord loves righteousness and hates wickedness. As his followers we must love his commandments and hate every form of sin and wrong-doing. If we want to live righteously as God desires for us. then we must know and understand the intention of God's commands for us, and decide in our heart to obey the Lord. Do you seek to understand the intention of his law and to grow in wisdom of his ways?

Jesus promised his disciples that he would give them the gift of the Holy Spirit who writes God's law of love and truth on our hearts. The Holy Spirit teaches us God's truth and gives us wisdom and understanding of God's ways. The Spirit helps us in our weakness, strengthens us in temptation, and transforms us, day by day, into the likeness of Jesus Christ, our Merciful Saviour and Humble Lord. There is great blessing and reward for those who obey God's commandments and who encourage others, especially the younger generations, to love, respect, and obey the Lord. Do you trust in God's love and allow his Holy Spirit to fill you with a thirst for holiness and righteousness in every area of your life? Ask the Holy Spirit to fill your heart with a burning desire and reverence for God's life-giving word so that you may grow day by day in the wisdom and knowledge of God's love. truth. and goodness.



WELCOME to all at Mass today and a big welcome to anyone who is new or a visitor.

WE TRY AND KEEP THE CHURCH WARM during this cold weather. Please help us by shutting the door ST VINCENT DE PAUL SOCIETY (SVP). : If you are when vou enter.

February at 9.30am followed by burial at Carpenders Park. May she rest in peace.

West London Crematorium.

this weekend. We hope you enjoyed our last two you consider a new ministry at the Parish helping weeks. Parents and children let us know if you like our young people prepare for their Confirmation in them!

PARISH PHONE LINES-these are now working again. Sorry for any inconvenience.

on **Tuesday 21**\*\* February, the children will be re- blessed sacrament lamp or the lamp by the altar of flecting in their Small Catechist Groups about how Our Lady of Walsingham with a particular intention. 'The Eucharist is our Family Meal'. Thank you for the cost is £10 for the week - Please see Toni in the arriving promptly for the start of the session Parish Office. at 7pm. Following the request of a number of Par-John Sexton, beginning in the Church at 7.05pm.

20th February, the Confirmation Candidates will be reflecting on 'The Purpose of Confirmation'. Thank you for arriving promptly for the start of the session SOME LITURGICAL DATES FOR YOUR DIARY: at **7.30pm.** The **Confirmation Day Retreat** is taking Ash Wednesday beginning of Lent- 22nd February place at SPEC (Pinner) on Sunday 26<sup>th</sup> February First Sunday of Lent - 26th February from 9.45-4pm.

LENT IS NEARLY UPON US (just 10 days away!) The Annunciation of the Lord - 25th March Please take a Parish Lent Leaflet today (and a Palm Sunday - Holy Week commences 2nd April collecting box) to help you prepare now as to know Maundy Thursday - 6th April what you are going to do (Don't leave it until the Good Friday - 7th April last minute!).

YOUR OLD PALM CROSSES ARE WANTED- To allow St George - 24th April preparations for Ash Wednesday, please return your old Palm Crosses from last year to the basket provided at the back of church on either of the next | PARENTING FOR FAITH - a new online course starttwo Sundays. These are burnt to provide the ash for ing for those with Babies and Toddlers over 5 crosses after 19 Feb. Maybe when you return your 8:00pm . There is a £5 registration fee. cross, make a prayer of penitence in church and make a plan to come to the Sacrament of Reconciliation during Lent . Please don't take these cross- A VERY RESPONSIBLE Catholic adult male is lookes (as evidentially they are needed!) - its not Palm ing for accommodation. Any chance you could Sunday for a while!!

CAN YOU SING OR PLAY A MUSICAL INSTRUMENT? EVERY BABY IN THE WOMB HAS A RIGHT TO LIFE: A debt-and-trust-funds/ If so we need you. As we have begun a new year it **Petition to stop the introduction of abortion up to** 

would be good to see more of our community in- | birth. In 2021, abortion campaigners brought forvolved with the Music at both the 9.45am Family ward an amendment to a Government Bill that Mass and the 11.15am Solemn Mass. Too many of would have introduced abortion on demand, for any us leave it to a few. The great Saint Augustine re- reason, up to birth (including sex-selective aborminds us that the one who sings prays twice! Our tion). This amendment did not go to a vote, but the music and singing is one of the great ways we give abortion lobby is expected to make another atglory to God especially when we are celebrating tempt to introduce this extreme abortion law Mass. If you feel you could help, please let us know change shortly. This would be the single biggest change to abortion legislation since 1967 and as you'd be very welcome. would introduce one of the most extreme abortion laws in the world. Right To Life UK is running a feeling isolated and would like a home visit or a petition to ask the Prime Minister to do everything chat with a friendly person over the phone please in his power to stop the introduction of abortion up FUNERAL MASS of Mary Forde on Wednesday 15th get in touch. If you are struggling financially or to birth. Please add your name to the petition here: https://righttolife.org.uk/signthepetitiontorishi

would like other practical assistance please do not hesitate to contact us. If you are over 18 and are (Theresa). Email. frain.home@gmail.com

interested in becoming a member of the SVP you INTRODUCING CATHOLIC LISTENERS: Catholic FUNERAL MASS of Juliana Etan on Friday 17th would be very welcome, just call the number below Listeners; Diocese of Westminster, a new confiden-February at 12.30pm followed by cremation at or drop in to our next meeting. Tel. 0775 3654154 tial listening helpline launching this month, has been set up for those who are returning to the faith. The number is 0800 448 0704. This service is (LOOK) our new children's Sunday sheet continues CALLING NEW CONFIRMATION CATECHISTS - Might based on the Landings ethos of compassionate listening. Although not a counselling service, they have a professional team trained on signposting to 2023? If you might consider helping, please conother services and agencies. They aim to help those tact our Catechetical Coordinator. Mr. Peter Kingsin need of a safe space to talk. For further inforley, at peterkingsley@rcdow.org.uk for further mation please contact Ade at information. Catholiclisteners@gmail.com

FIRST HOLY COMMUNION - At Session 4, CHURCH LAMPS: If you would like to sponsor the **BISHOPS' STATEMENT ON SUNDAY & HOLY DAY OBLIGATION:** The bishops of England and Wales have issued a new statement about the obligation of Sunday Mass for those who wish to be practising Catholics. They say: "We therefore believe that the reasons which have prevented Catholics from atents/Carers, during Session 4 Parents/Carers will MENS BREAKFAST Saturday 25th February from tending Mass on Sundays and Holy Days of Obligabe welcome to enjoy a Tour of the Church led by 9.00am. Speaker: Jake Scicinski on the subject tion no longer apply". The statement is called an "Whatever happened to music and singing in the "Invitation" for all to be putting Sunday and Holy Catholic Church in England". (Jake is studying the Day worship If you have any questions or queries **CONFIRMATION 2023** - At Session 1, on Monday organ at present at the Royal College of Music). All about this please ask one of the clergy.

welcome-Father, sons etc.

St Patrick -17th March St Joseph - 20th March Holy Saturday - 8th April Easter Sunday of the Resurrection - 9th April

COST OF LIVING HUB: The Mayor of London has launched a new Cost of Living Hub to help people access information, support and advice about Ash Wednesday. Please DON'T return any palm weeks from 23<sup>rd</sup> March 23 via Zoom starting at claiming benefits, dealing with debts, financial management and mental health support. Visit https://www.celebratetrust.org/parentingforfaith https://www.london.gov.uk/cost-living-hub

# **NEWS UPDATE**



, will give an address. Tickets are not required.

help? Contact Fr Jeremy for more information.

**DIOCESAN PILGRIMAGE TO LOURDES 21-28 JULY:** Bookings are not open vet, but 'Expressions of Interest' are sought from all who intend to participate in the Pilgrimage, whether as Praying Pilgrims, Clergy etc. An expression of interest can be made at the website: https://rcdow.org.uk/pilgrimages/lourdes/

YOUNG CATHOLICS (AGE 18-35 YEARS): Keep in touch with the Youth Ministry website at www.dowvm.com for many resources. Particularly now "Words of advice for Catholic Young Professionals"

GRANTS TO HELP WITH ENERGY DEBTS: Possible help from a charitable trust plus links to other advice providers at https://fuelpovertysource.org.uk/focus-on/fuel-