

SUNDAY READINGS & PRAYERS

Antiphon *Wisdom 1: 7*

The Spirit of the Lord has filled the whole world and that which contains all things understands what is said, alleluia.

Collect

O God, who by the mystery of today's great feast sanctify your whole Church in every people and nation, pour out, we pray, the gifts of the Holy Spirit across the face of the earth and, with the divine grace that was at work when the Gospel was first proclaimed, fill now once more the hearts of believers. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

Reading: *Acts 2:1-11*

When Pentecost day came round, they had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome - Jews and proselytes alike - Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

Responsorial psalm: 103

R./ **Send forth your Spirit, O Lord, and renew the face of the earth.**

1. Bless the Lord, my soul!
Lord God, how great you are.
How many are your works, O Lord!
The earth is full of your riches. *R./*

2. You take back your Spirit, they die,
returning to the dust from which they came.
You send forth your Spirit, they are created;
and you renew the face of the earth. *R./*

3. May the glory of the Lord last for ever!
May the Lord rejoice in his works!
May my thoughts be pleasing to him.
I find my joy in the Lord. *R./*

Second Reading: *1 Corinthians 12:3-7, 12-13*

No one can say, 'Jesus is Lord' unless he is under the influence of the Holy Spirit.

There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them. The particular way in which the Spirit is given to each person is for a good purpose. Just as a human body, though it is made up of many parts, is a single unit because all these parts, though many, make one

body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink.

Pentecost Sequence

*Holy Spirit, Lord of Light,
From the clear celestial height,
Thy pure beaming radiance give.*

*Come, thou Father of the poor,
Come, with treasures which
endure;
Come, thou Light of all that live!*

*Thou, of all consolers best,
Thou, the soul's delightful guest,
Dost refreshing peace bestow.*

*Thou in toil art comfort sweet;
Pleasant coolness in the heat;
Solace in the midst of woe.*

*Light immortal, Light divine,
Visit thou these hearts of thine,
And our inmost
being fill.*

Gospel Acclamation

Alleluia, Alleluia!
*Come, Holy Spirit, fill the hearts of your faithful,
and kindle in them the fire of your love.
Alleluia!*

Gospel: *John 20:19-23*

In the evening of the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you', and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you. 'As the Father sent me, so am I sending you.'

After saying this he breathed on them and said: 'Receive the Holy Spirit. For those whose sins you forgive, they are forgiven; for those whose sins you retain, they are retained.'

Prayer over the Offerings

Grant, we pray, O Lord, that, as promised by your Son, the Holy Spirit may reveal to us more abundantly the hidden mystery of this sacrifice and graciously lead us into all truth. Through Christ our Lord.

Communion Antiphon *Acts 2: 4, 11*

They were all filled with the Holy Spirit and spoke of the marvels of God, alleluia.

Prayer after Communion

O God, who bestow heavenly gifts upon your Church, safeguard, we pray, the grace you have given, that the gift of the Holy Spirit poured out upon her may retain all its force and that this spiritual food may gain her abundance of eternal redemption. Through Christ our Lord.

*If thou take thy grace away,
Nothing pure in man will stay;
All his good is turned to ill.*

*Heal our wounds, our strength
renew;
On our dryness pour thy dew,
Wash the stains of guilt away.*

*Bend the stubborn heart and
will;
Melt the frozen, warm the chill;
Guide the steps that go astray.*

*Thou, on us who evermore
Thee confess and thee adore,
With thy sevenfold gifts descend.*

*Give us comfort when we die;
Give us life with thee on high;
Give us joys that never end.
Amen. Alleluia.*

ST. GEORGE'S CATHOLIC CHURCH, SUDBURY

Sunday 28th May 2023

PENTECOST SUNDAY

Welcome to all at mass today and especially anyone who is new. Please take this Newsletter home with you. You may wish to share it with family and friends. This newsletter can also be found via our website. We ask God's blessing on you and your loved ones this week and know that we pray for you all each day.

Sunday Cycle
Readings Year A

Weekday Readings
Easter Week 8 year 1

Divine Office
Week 8 psalms week 4

For children,
download a weekly sheet:
<http://www.sdc.me.uk/sundayliturgy/>

THIS WEEK

Sun 28 May	PENTECOST SUNDAY
6.15pm (vigil)	Christina Darcy RIP
8.30am	THE PEOPLE OF THE PARISH
9.45am	Aurora Amelia de Souza (5th Birthday)
11.15am	William Patrick Johns RIP
5.30pm	Deandre Jules-Carbon RIP
Mon 29 May	Blessed Virgin Mary, Mother of the Church
9.30am	Holy souls
Tues 30 May	ferla
9.30am	Sonna Family ints Angela Griffin Birthday Ints
Weds 31 May	THE VISITATION OF THE BLESSED VIRGIN MARY
9.30am	Colin & Lily Mutukisna RIP
Thurs 1 June	OUR LORD JESUS CHRIST THE ETERNAL HIGH PRIEST
9.30am	Annie Kate Durkin RIP
Fri 2 June	Ss. Marcellinus & Peter
9.30am	Mr & Mrs Perera
Sat 3 June	S. Charles Lwanga & Comps
9.30am	Thomas Byrne RIP
Sun 4 June	TRINITY SUNDAY
6.15pm (vigil)	Joe Kenny RIP
8.30am	Dee Kelly Loader RIP (14th)
9.45am	Juliana Etan RIP
11.15am	Betty Treacy RIP
5.30pm	THE PEOPLE OF THE PARISH

TODAY'S MASS



The season of Easter concludes with today's celebration, the Feast of Pentecost. On Pentecost we celebrate the descent of the Holy Spirit upon the apostles gathered in the upper room in Jerusalem; this event marks the beginning of the Church. The gospel today reminds us about the integral connection between the gifts of peace and forgiveness and the action of the Holy Spirit. Jesus greets his disciples with the gift of peace. Jesus then commissions his disciples to continue the work that he has begun: "As the Father has sent me, so I send you." He breathes the Holy Spirit upon the disciples and sends them to continue his work of reconciliation through the forgiveness of sins.

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First Reading: *Acts of the Apostles 2:1-11*

The Holy Spirit descends upon the apostles gathered in Jerusalem.

Second Reading: *1 Corinthians 12:3b-7, 12-13*

We are all one in Christ Jesus.

Gospel Reading: *John 20:19-23*

Jesus appears to his disciples and gives them the gift of the Holy Spirit.

SPIRITUAL QUOTE OF THE WEEK

"As the soul is the life of the body, so the Holy Spirit is the life of our souls"
St. Peter Damian

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk

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GOSPEL REFLECTION

DAILY MASS TIMES

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

WEEKDAY MASS: Monday – Saturday 9.30am.

HOLYDAYS OF OBLIGATION: 9.30am, 8.00pm.

EUCCHARISTIC ADORATION: Friday 9.00-9.30am, Saturday 5.15-6.00pm.

CONFESSIONS: Saturday 5.15pm -6.00pm. *and any time by appointment.*

DIVINE MERCY: Tuesday 10.30am.

ROSARY: Daily after Mass.

FOR YOUR PRAYERS

SICK & HOUSEBOUND: *Marie Rego, Eileen Kidd, SMR, Christopher Browne, Noel Gill, Dee Auriol, Allan Noronha, Fiona Power, Aaran Thayaparan, Jocalyn Almeida, John Rowland Watts, Shaun Scoon and Helen Jordan, Sean Marren, George Beel, Anne McShine-Jones, Marian Lynch, Shane & Paul, Martha Conway, Jean Lurshay, Patrick, Gerry & Corrine Gilbert, Edward Granger, Chris Sweeney, Marjorie Horeau, Catherine Copcoran.*

RECENTLY BAPTISED:

RECENTLY DEPARTED: *Rita Morrissey, Mary Naughten, David O'Brien, Joseph Haugh, Llewellyn Trinidad, Timothy.*

ANNIVERSARIES OF THE DEPARTED: *Leslie Sequeira*

BLESSED SACRAMENT LAMP

Private Intention

LAMP AT THE ALTAR OF OUR LADY OF WALSHINGHAM

In memory of Harry Jules

POPE FRANCIS' INTENTIONS FOR June 2023

For the abolition of torture

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.



On Pentecost Sunday we celebrate the wonderful good news that the risen Lord has poured out his Spirit upon us, first of all to convince us of his victory over sin and death, and then to enable us to continue his work of salvation by our own love and

As fragile human beings, we know the experience of living in fear and of being anxious and worried about many things, some of which exist only in our imagination. Jesus, having absorbed the ultimate violence, offers us his peace and thereby enables us to be confident and joyful in the face of even severe uncertainty and threat. This represents a real experience of liberation from the paralysis of fear—a paralysis that often prevents us from doing beautiful and risky things, like giving cut flowers!

With this peace and joy comes the obligation to share our blessings with others. Whilst the command of Jesus to forgive or retain sins was primarily addressed to priests and referred only to the Sacrament of confession or reconciliation. However it is clear that this charge is addressed also to all the followers of Jesus. We must all accept the wonderful and awesome responsibility of offering or withholding forgiveness. In this case, the sin of omission looms large and should make us all examine our consciences in regard to the many times that we may have persisted in nursing old injuries or have refused to make allowance for extenuating circumstances in the lives of those we call sinners.

In this regard, we should recall the very strong words of Jesus in the Sermon on the Mount: *“Stop judging, that you may not be judged. For as you judge, so will you be judged, and the measure with which you measure will be measured out to you.”* (Matthew 7: 1-2) When we face the final judgment, we all hope to have a merciful judge and now we know how to assure that happy outcome.

It is, of course, very difficult to achieve such an ideal of forgiveness. And that is why Jesus offers us the Holy Spirit who, if given half a chance, will empower us to become the kind of gentle, caring, and compassionate persons that can make a real difference in a world that desperately needs the witness of love and forgiveness.

Let us all rejoice in this wonderful gift of the Spirit.



NEWS UPDATE



Switch mobile phones
off or to silent

WELCOME to all at Mass today and a big welcome to anyone who is new or a visitor.

THIS WEEKEND the Easter Season draws to a close with the celebration of Pentecost. Following Pentecost Sunday, the Paschal (Easter) Candle will be moved closer to the font, where it is lit for Holy Baptisms. For funerals the candle will be placed near to the coffin, to signify that Christian death is a true Passover. Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love!

PLEASE PRAY FOR OUR ADULTS who will be baptised and Confirmed during the 11.15am Mass today and also next week.

CONGRATULATIONS to all our children who have received their First Communion and our young adults who received the sacrament of Confirmation over the past weeks.

FUNERAL MASS of Llewellyn Trinidad on Monday 19th June at 11.00am followed by burial in Alperton Cemetery. May he rest in peace.

WE NEED YOUR HELP for Welcomers (6.15pm Vigil Mass, 9.45am and 5.30pm) and Collectors (6.15pm and 5.30pm). If you could help, please let us know.

LEAD UP TO CORPUS CHRISTI on Sunday 11 June. In the week before there will be adoration of the Blessed Sacrament each morning from 9.00am-9.30am.

CHILDREN 4-9 YEARS OLD please take one of our new sheets called “LOOK” to help you understand the Gospel message of the day. Parents, please make sure your children don't waste these sheets and take them home after Mass. And please put the Crayons back. It may be also important for Children to concentrate on the Mass, especially if they are preparing for or already have had the First Communion in which case take these sheets home and get them to do them there.

FIRST HOLY COMMUNION - The FHC Evaluation Session (for Parents/Carers Only) is on 6th June followed by the Celebration Mass, when all the FHC children put on their FHC outfits once again, on Sunday 11th June at 9.45am. Might you like to help with the FHC Programme in 2023-24? For further information, please contact our Catechetical Coordinator, Peter Kingsley, at peterkingsley@rcdow.org.uk.

CONFIRMATION 2023 - The final session of this year's Confirmation Programme, 'Feedback & Celebration', takes place at the Parish Centre on Monday 5th June before the 'Going Forth Mass', where the Newly Confirmed receive their Confirma-

tion Certificates, on Sunday 11th June at 5.30pm.

COLLECTION OF LENT APPEAL BOXES - If you still have one, please bring it back ASAP so we can tally up our amount and let the Passage have our giving. We gave out over 1000—so there must be more out there!!

ENGAGED ENCOUNTER - An Engaged Encounter weekend will be taking place in the Parish Centre here at St. Georges' on the 3rd and 4th June. If you are thinking about the Sacrament of Marriage then think about preparing for the Sacrament - some places still available. Book via the web site: <https://engaged-encounter.org.uk/>.

CHILDREN'S LITURGY HELPERS AT 9.45 FAMILY MASS - We are seeking new volunteers to help the younger children (4-7yr) reflect on Sunday's Gospel during Mass in a fun, creative & simple way. If you might consider helping once every six weeks, joining an established group of experienced Catechists, please contact Una Moran una@bfmconsult.co.uk. Thank you.

CAN YOU SING? We really need you to help with our music at the 9.45am & 11.15am Masses on Sunday. Please do think about this carefully. St Augustine reminds us that *the one who sings prays twice!* Please don't leave this important ministry to others.

ROSARY AT HOME If you'd like to be part of our prayer network, or know more please simply contact Cheryl on 07941002161 .

CHURCH LAMPS: If you would like to sponsor the blessed sacrament lamp or the lamp by the altar of Our Lady of Walsingham with a particular intention, the cost is £10 for the week - Please see Toni in the Parish Office.

KNIGHTS OF ST. COLUMBA MAGICAL MYSTERY COACH TOUR has returned and will take place on Saturday 17th June, leaving here at 8am sharp. Price per person is £23. Please contact the Parish Office to book your seat.

DIOCESAN PILGRIMAGE TO LOURDES 21-28 JULY: Bookings are not open yet, but 'Expressions of Interest' are sought from all who intend to participate in the Pilgrimage, whether as Praying Pilgrims, Clergy etc. An expression of interest can be made at the website: <https://rcdow.org.uk/pilgrimages/lourdes/>

LOOKING AHEAD—DIARY DATES:
THE MOST HOLY TRINITY— Sunday 4th June
Usual weekend Masses

CORPUS CHRISTI — Sunday 11th June. Usual weekend Masses, and a Blessed sacrament Procession at the end of the 11.15am Mass.

THE MOST SACRED HEART OF JESUS — Friday 16th June Mass at 9.30am

SOLEMNITY OF SS PETER & PAUL — Thursday 29th June, Masses at 9.30am & 8.00pm

THE KNIGHTS of St COLUMBA have organised a tour of the relics of St Edmund Campion to England. St Edmund was a famous Jesuit at the time of the persecution of Catholics in England during the reformation and beyond. He was eventually martyred for his Catholic faith. His relics will come to St George's on THURSDAY 6th JULY when there will be a special Mass in his honour at 9.30am.

SRI LANKAN DINNER IN AID OF CARITAS ST JOSEPH'S

You are invited to an evening full of flavour as Caritas St Joseph's hosts a Sri Lankan dinner. **Saturday 10 June, 7pm to 10pm, St Joseph's Grove, Hendon NW4 4TY**, including drinks, canapes and a buffet dinner. Tickets £35, call 020 8202 3999 or email thushari@stjoseph.org.uk by 31st May to book your ticket (18+ only).

ARE YOU DOING EXAMS? We have prayer cards for you at the back of church so why not take one and use the prayer. The great saint who helps us in Exam is Saint Giuseppe (Joseph) of Cupertino. He asked for help in his exams and it was given because he was prayerful and believed in God's Providence.

URGENTLY REQUIRED: Parishioner requires 2 bedroom home, preferably in walking distance of St George's School. Please contact Sharone on 075327214111



PARISH PILGRIMAGE TO ITALY 20-26th May 2024

visiting the Holy House of Loreto (Our Blessed Lady), Assisi (St. Francis), Padua (St. Anthony) and Venice (St. Mark). Expanded and detailed Itinerary and prices **next week**.

We will be combining this pilgrimage with the Parish of St Mary Magdalene, Willesden—so a chance also to share and make new friends too!

PRAYER TO THE HOLY SPIRIT

By Saint Augustine of Hippo

Breathe in me, O Holy Spirit, that my thoughts may all be holy. Act in me, O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. Strengthen me, O Holy Spirit, to defend all that is holy. Guard me, then, O Holy Spirit, that I always may be holy. Amen.