

SUNDAY READINGS & PRAYERS

Entrance Antiphon

O Lord, hear my voice, for I have called to you; be my help.
Do not abandon or forsake me, O God, my Saviour!

Collect

O God, strength of those who hope in you,
graciously hear our pleas,
and, since without you mortal frailty can do nothing,
grant us always the help of your grace,
that in following your commands
we may please you by our resolve and our deeds.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.

First reading: Exodus 19:2-6

From Rephidim the sons of Israel set out again; and when they reached the wilderness of Sinai, there in the wilderness they pitched their camp; there facing the mountain Israel pitched camp.

Moses then went up to God, and the Lord called to him from the mountain, saying, 'Say this to the House of Jacob, declare this to the sons of Israel, "You yourselves have seen what I did with the Egyptians, how I carried you on eagle's wings and brought you to myself. From this you know that now, if you obey my voice and hold fast to my covenant, you of all the nations shall be my very own for all the earth is mine. I will count you a kingdom of priests, a consecrated nation."

Responsorial Psalm: Ps. 99(100):2-3,5

Response: We are his people, the sheep of his flock.

1. Cry out with joy to the Lord, all the earth.

Serve the Lord with gladness.

Come before him, singing for joy. *R/.*

2. Know that he, the Lord, is God.

He made us, we belong to him,

we are his people, the sheep of his flock. *R/.*

3. Indeed, how good is the Lord,
eternal his merciful love.

He is faithful from age to age. *R/.*

Second reading: Romans 5:6-11

We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners. Having died to make us righteous, is it likely that he would now fail to save us from God's anger? When we were reconciled to God by the death of his Son, we were still enemies; now that we have been reconciled, surely we may count

on being saved by the life of his Son? Not merely because we have been reconciled but because we are filled with joyful trust in God, through our Lord Jesus Christ, through whom we have already gained our reconciliation.

Gospel Acclamation

Alleluia, alleluia!

The sheep that belong to me listen to my voice,
says the Lord,

I know them and they follow me.

Alleluia!

Gospel: Matthew 9:36-10:8

When Jesus saw the crowds he felt sorry for them because they were harassed and dejected, like sheep without a shepherd. Then he said to his disciples, 'The harvest is rich but the labourers are few, so ask the Lord of the harvest to send labourers to his harvest.'

He summoned his twelve disciples, and gave them authority over unclean spirits with power to cast them out and to cure all kinds of diseases and sickness.

These are the names of the twelve apostles: first, Simon who is called Peter, and his brother Andrew; James the son of Zebedee, and his brother John; Philip and Bartholomew; Thomas, and Matthew the tax collector; James the son of Alphaeus, and Thaddaeus; Simon the Zealot and Judas Iscariot, the one who was to betray him. These twelve Jesus sent out, instructing them as follows:

'Do not turn your steps to pagan territory, and do not enter any Samaritan town; go rather to the lost sheep of the House of Israel. And as you go, proclaim that the kingdom of heaven is close at hand. Cure the sick, raise the dead, cleanse the lepers, cast out devils. You received without charge, give without charge.'

Prayer over the Offerings

O God, who in the offerings presented here
provide for the twofold needs of human nature,
nourishing us with food
and renewing us with your Sacrament,
grant, we pray,
that the sustenance they provide
may not fail us in body or in spirit.
Through Christ our Lord.

Communion Antiphon

There is one thing I ask of the Lord, only this do I seek:
to live in the house of the Lord all the days of my life.

Prayer after Communion

As this reception of your Holy Communion, O Lord,
foreshadows the union of the faithful in you,
so may it bring about unity in your Church.
Through Christ our Lord.

ST. GEORGE'S CATHOLIC CHURCH, SUBURY

Sunday 18th June 2023

11th SUNDAY OF THE YEAR

Welcome to all at Mass today and especially anyone who is new. Please take this Newsletter home with you. You may wish to share it with family and friends. This newsletter can also be found via our website. We ask God's blessing on you and your loved ones this week and know that we pray for you all each day.

Sunday Cycle
Readings Year A

Weekday Readings
Week 10 year 1

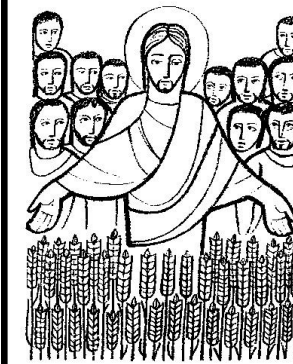
Divine Office
Week 10 psalms week 2

For children,
download a weekly sheet:
<http://www.sdc.me.uk/sundayliturgy/>

THIS WEEK

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| Sun 18 June | 11th SUNDAY OF THE YEAR |
| 6.15pm (vigil) | Rhoda Moroney RIP |
| 8.30am | John Walsh RIP |
| 9.45am | Agnelo Rocha RIP |
| 11.15am | Francis Waddington RIP |
| 5.30pm | THE PEOPLE OF THE PARISH |
| Mon 19 June | feria |
| 9.30am | Veronica Foley |
| 11.00am | FUNERAL MASS Llewellyn Trinidad RIP |
| Tues 20 June | S. Alban, protomartyr |
| 9.30am | Reparation of sins |
| Weds 21 June | S. Aloysius Gonzaga |
| 9.30am | Sean Prunty RIP |
| Thurs 21 June | Ss. JOHN FISHER & THOMAS MORE |
| 9.30am | Francis Callery RIP |
| Fri 22 June | feria |
| 9.30am | Douglas Reul Stonehouse RIP |
| Sat 23 June | THE NATIVITY OF S. JOHN THE BAPTIST |
| 9.30am | Fr Chang Tave RIP |
| Sun 24 June | 12th SUNDAY OF THE YEAR |
| 6.15pm (vigil) | Rhoda Moroney RIP |
| 8.30am | John Walsh RIP |
| 9.45am | Agnelo Rocha RIP |
| 11.15am | Francis Waddington RIP |
| 5.30pm | THE PEOPLE OF THE PARISH |

TODAY'S MASS



In today's Gospel, Jesus shares his mission to proclaim the kingdom of heaven with his disciples. The signs of the kingdom's presence consist of the work that Jesus has already been doing: the sick are cured, lepers are cleansed, demons are driven out, and the dead are raised to life. The disciples are sent to continue doing the work that Jesus has begun. As Jesus sent his disciples to continue his work and mission, so too the Church is sent by Jesus. The Church is his continuing presence on earth. Every member of the Church is sent by Jesus to contribute to this mission.

First Reading: Exodus 19:2-6a

God tells Moses that the Israelites will be his special people.

Responsorial Psalm: Psalm 100:1-3,5

We are the people of God.

Second Reading: Romans 5:6-11

Christ died for us while we were still sinners and reconciled us to God.

Gospel Reading: Matthew 9:36-10:8

Jesus sends the twelve apostles to proclaim the kingdom of heaven.

SPIRITUAL QUOTE OF THE WEEK

Every vocation is born of that gaze of love with which the Lord came to meet us, perhaps even at a time when our boat was being battered by the storm.

POPE FRANCIS

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk

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Information 3. Mgr Jeremy; 4. Fr. Mike; 5. Catechetical Coordinator.

Charity No: 233699

Email: sudbury@rcdow.org.uk **Website:** parish.rcdow.org.uk/sudbury

GOSPEL REFLECTION

DAILY MASS TIMES

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

WEEKDAY MASS: Monday – Saturday 9.30am.

HOLYDAYS OF OBLIGATION: 9.30am, 8.00pm.

EUCCHARISTIC ADORATION: Friday 9.00-9.30am, Saturday 5.15-6.00pm.

CONFESSIONS: Saturday 5.15pm -6.00pm. *and any time by appointment.*

DIVINE MERCY: Tuesday 10.30am.

ROSARY: Daily after Mass.

FOR YOUR PRAYERS

SICK & HOUSEBOUND: *Marie Rego, Eileen Kidd, SMR, Christopher Browne, Noel Gill, Dee Auriol, Allan Noronha, Fiona Power, Aaran Thayaparan, Jocalyn Almeida, John Rowland Watts, Shaun Scoon and Helen Jordan, Sean Marren, George Beel, Anne McShine-Jones, Marian Lynch, Shane & Paul, Martha Conway, Jean Lurshay, Patrick, Gerry & Corrine Gilbert, Edward Granger, Chris Sweeney, Marjorie Horeau, Catherine Corcoran.*

RECENTLY BAPTISED & CONFIRMED: *Monika Rymuszka, Linda Abuka, Rafael de Oliveria Serafini, Megan Claridge*

RECEPTION & CONFIRMATION: *Bart Kroese*

CONFIRMATION: *Kelly Shungu*

RECENTLY DEPARTED: *Llewellyn Trinidad, Timothy Keane, John Wier*

ANNIVERSARIES OF THE DEPARTED: *Emmeline Lynam*

BLESSED SACRAMENT LAMP

Thanksgiving

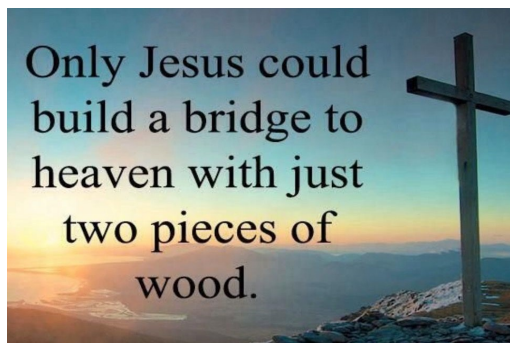
LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM

Thanksgiving

POPE FRANCIS' INTENTIONS for June 2023

For the abolition of torture

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.



Do you believe in the life-changing power of the Gospel and experience its transforming effect in your life? The core of the Gospel message is quite simple: the kingdom (or reign) of God is very near! What is the kingdom of God? It is that society of men and women who know God's love and mercy, and who willingly obey and honour God as their Lord and King. In the prayer which Jesus gave to his disciples (the Lord's Prayer or Our Father), he taught them to pray for God to reign in their daily lives and in the world around them: May your kingdom come and your will be done on earth as it is in heaven.

When Jesus proclaimed the good news of God's kingdom he also demonstrated the power of the Gospel with supernatural signs and wonders. Jesus healed people who suffered physical, emotional, and mental illnesses. He freed people from spiritual bondage to sin and demonic powers. Jesus gave his disciples the same authority he had to heal and set people free from spiritual bondage.

The Gospel (which literally means "good news") which Jesus proclaimed is just as relevant and real today, the kingdom of heaven is at hand. If we believe in the Lord Jesus, the Word of God made flesh, and in the power of the Gospel, we will know and experience the freedom, joy, and power he gives us that enables us to live and witness as his disciples. No one can buy heaven; but if we know the love and mercy of Jesus Christ, then we already possess heaven in our hearts! Do you believe that Jesus can change and transform your life and share with you the power and authority of God's kingdom?

Jesus commissioned his disciples to carry on the works which he did - to speak God's word and to bring his healing power to the weary and oppressed. In the choice of the twelve apostles we see a characteristic feature of God's work - Jesus chose very ordinary people. They were non-professionals, had no wealth or privileged position. They were chosen from the common people who did ordinary things, had no special education, and no social advantages.

Jesus wanted ordinary people who could take an assignment and do it extraordinarily well. He chose these men, not for what they were, but for what they would be capable of becoming under his direction and power. When the Lord calls us to serve, we must not think we have nothing or very little to offer. The Lord takes what ordinary people, like us, can offer and uses it for greatness in his kingdom.

The big question is this: Do you believe that God wants to work in and through you for his glory?



NEWS UPDATE



WELCOME to all at Mass today and a big welcome to anyone who is new or a visitor.

FUNERAL MASS of Llewellyn Trinidad on Monday 19th June at 11.00am followed by burial in Alperton Cemetery. May he rest in peace.

WE NEED YOUR HELP for Welcomers (6.15pm Vigil Mass, 9.45am and 5.30pm) and Collectors (6.15pm and 5.30pm). If you could help, please let us know.

CHILDREN 4-9 YEARS OLD please take one of our new sheets called "LOOK" to help you understand the Gospel message of the day. Parents, please make sure your children don't waste these sheets and take them home after Mass. And please put the Crayons back. It may be also important for Children to concentrate on the Mass, especially if they are preparing for or already have had the First Communion in which case take these sheets home and get them to do them there.

CHILDREN'S LITURGY HELPERS AT 9.45 FAMILY MASS - We are seeking new volunteers to help the younger children (4-7yr) reflect on Sunday's Gospel during Mass in a fun, creative & simple way. If you might consider helping once every six weeks, joining an established group of experienced Catechists, please contact Una Moran una@bfmconsult.co.uk. Thank you.

CAN YOU SING? We really need you to help with our music at the 9.45am & 11.15am Masses on Sunday. Please do think about this carefully. St Augustine reminds us that *the one who sings prays twice!* Please don't leave this important ministry to others.

ROSARY AT HOME If you'd like to be part of our prayer network, or know more please simply contact Cheryl on 07941002161.

CHURCH LAMPS: If you would like to sponsor the blessed sacrament lamp or the lamp by the altar of Our Lady of Walsingham with a particular intention, the cost is £10 for the week - Please see Toni in the Parish Office.

THE KNIGHTS of St COLUMBA have organised a tour of the **relics of St Edmund** to England. St Edmund was a famous Jesuit at the time of the persecution of Catholics in England during the reformation and beyond. He was eventually martyred for his Catholic faith. His relics will come to St George's on THURSDAY 6th JULY when there will be a special Mass in his honour at 9.30am.

ARE YOU DOING EXAMS? We have prayer cards for you at the back of church so why not take one and use the prayer. The great saint who helps us in Exam is Saint Giuseppe (Joseph) of Cupertino. He asked for help in his exams and it was given because he was prayerful and believed in God's Providence.

URGENTLY REQUIRED: Parishioner requires 2 bedroom home, preferably in walking distance of St George's School. Please contact Sharone on 075327214111

DIVINE MERCY RETREAT DAY—Saturday 8th July. A Date for your diary but more details soon.

A DAY WITH MARY has been booked for St George's. On Saturday 21 October. Again more details nearer the time

DAY FOR LIFE 2023. The Church teaches that life is to be nurtured from conception to natural death. In England and Wales, Day for Life is celebrated on the third Sunday of June each year. This year it falls on 18 June. The theme is 'Listen to Her' and focuses on post-abortion trauma and the impact of abortion primarily on women, but also men and others.

The 2023 message is unique in that the bishops' have given it over to a Catholic woman who has had an abortion to share her experiences. Often the voices of women who have had an abortion are silent in Church and in society. The hope is that this will help break this silence and offer further opportunities for healing and reconciliation. Copies of the Message can be found at the back of the church.

MARCH FOR LIFE, SATURDAY 2 SEPTEMBER: Put the date in your diary to join this important act of witness by Catholics and others of good will. This year's theme is 'Freedom to Live'. "Many are concerned about restrictions on freedoms but it's not until these restrictions affect us personally that we speak up. Sadly, those who have their most fundamental freedom taken from them, by abortion, cannot speak for themselves - this is why we march. For our nation to be truly free, no one can be denied the number one freedom, the freedom to live!" 10:30am: Mass at Westminster Cathedral; 10:30am-1pm: Events/Stalls/Talks/Testimonies at The Emmanuel Centre 1:30pm: March for Life (Emmanuel Centre to Parliament Square). Web: www.marchforlife.co.uk.

EMPOWERING VULNERABLE CHILDREN (UGANDA), a charity that parishioners have generously supported in the past, invites you to a donor care meeting in the Parish Centre from 7 to 9 pm on Thursday 6th July, to view displays and explanations of their work and the impact that donors' generosity makes possible. They will also share their vision and priorities for the coming years. The meeting will be quite informal and refreshments will be provided, as they would like to hear ideas about how they can improve their efforts in serving the children and your views about your experiences as a donor with EVC Uganda.

NATIONAL GALLERY EXHIBITION ON ST FRANCIS: The National Gallery, Trafalgar Square, is holding an exhibition from 6 May to 30 July exploring the life and legacy of St Francis of Assisi. The exhibition includes paintings by Botticelli, Sassetta, Caravaggio, Murillo, El Greco, and Antony Gormley as well as a new commission from Richard Long. Admission is free and likely to be very popular. More info at the exhibition's website at <https://www.nationalgallery.org.uk/exhibitions/saint-francis-of-assis>.

PILGRIMAGE TO LOURDES 21-28 JULY: Cardinal Nichols will lead the annual Diocesan Pilgrimage to Lourdes from 21 - 28 July. People are encouraged to book now via the Tangney Tours portal at: <https://www.tangneytours.com/pilgrimages/lourdes/westminster-lourdes> to avoid disappointment as places are limited. If people have previously indicated 'St Frai Pilgrim' on an Expression of Interest Form, or you know of someone with significant medical and mobility needs who intends to come to Lourdes, then contact the Pilgrimage Office on 0207 798 9173 immediately, so the Medical Team can look into assisting with requirements and care.

Similarly, any individuals or groups wishing to travel independently to join Westminster in Lourdes, by making their own travel and accommodation arrangement, must confirm this in writing to the Pilgrimage Office by 30th April 2023 as well as submitting payment towards the Pilgrimage.

NEWS FROM CARITAS WESTMINSTER: POVERTY CHALLENGE - SEE, JUDGE, ACT: Following the Pandemic many households face new hardships as prices rise. Caritas Social Action Network (CSAN) the Catholic agency addressing poverty and injustice in England and Wales has released a new booklet to increase awareness of Catholic Social Teaching on poverty. This can be downloaded at www.csan.org.uk

GRANTS TO HELP WITH ENERGY DEBTS: Possible help from a charitable trust plus lines to other advice providers at <https://fuelpoverty.org.uk/focus-on/fuel-debt-and-trust-funds/>

INTRODUCING CATHOLIC LISTENERS: Catholic Listeners; Diocese of Westminster, a new confidential listening helpline has been set up for those who are returning to the faith. The number is 0800 448 0704. This service is based on the Landings ethos of compassionate listening. Although not a counselling service, they have a professional team trained on signposting to other services and agencies. They aim to help those in need of a safe space to talk. For further information please contact Ade at CatholicListeners@gmail.com

DO YOU KNOW SOMEONE WHO IS CONSIDERING BECOMING A CATHOLIC THROUGH THE RCIA PROGRAMME? This means: Adults who are not baptised at all and who wish to become Catholics: Adults who are baptised into another Christian denomination, but wish to become Catholics, and Adults who wish to become FULL members of the Roman Catholic Church (i.e., those who have been baptised but may not have received the Sacraments of Confirmation and Eucharist). If this is you or someone you know please appointment to talk with one of the priests to discuss what all this means.

DIOCESAN PILGRIMAGE TO THE HOLY LAND 19-27 NOVEMBER: The annual Pilgrimage to the Holy Land will take place from Sunday 19th Nov to Monday 27th Nov, led by Bishop John Sherrington and Fr John Farrell OP. You can book online at <http://www.tangney-tours.com/WHL> or call Gill at Tangney Tours 01732 886666 or Elizabeth at the Pilgrimage office 0207 798 9173 It will include visits to Galilee, Jerusalem and Bethlehem. Flights will be from Heathrow. Costs are £2265 per person sharing, £682 single room supplement; travel insurance essential.

PARISH PILGRIMAGE TO ITALY

20-26th

May 2024

visiting the Holy House of Loreto (Our Blessed Lady), Assisi (St.

Francis), Padua (St. Anthony) and Venice (St. Mark). Expanded and detailed Itinerary and prices Available now.

PLEASE TAKE A BROCHURE WHICH IS AVAILABLE AT THE BACK OF THE CHURCH

Approx cost is put at £1450.

We will be combining this pilgrimage with the Parish of St Mary Magdalene, Willesden—so a chance also to share and make new friends too!