

SUNDAY READINGS & PRAYERS

Entrance Antiphon

Blest be God the Father,
and the Only Begotten Son of God,
and also the Holy Spirit,
for he has shown us his merciful love.

Collect

God our Father, who by sending into the world the Word of truth and the Spirit of sanctification made known to the human race your wondrous mystery, grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of eternal glory and adore your Unity, powerful in majesty.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

First Reading: *Exodus 34:4-6.8-9*

With the two tablets of stone in his hands, Moses went up the mountain of Sinai in the early morning as the Lord had commanded him. And the Lord descended in the form of a cloud, and Moses stood with him there. He called on the name of the Lord. The Lord passed before him and proclaimed, Lord, Lord, a God of tenderness and compassion, slow to anger, rich in kindness and faithfulness. And Moses bowed down to the ground at once and worshipped. If I have indeed won your favour, Lord, he said, let my Lord come with us, I beg. True, they are a headstrong people, but forgive us our faults and our sins, and adopt us as your heritage.

Responsorial psalm: *1 Daniel 3:52-56*

R./ To you glory and praise for evermore.

1. You are blest, Lord God of our fathers. *R./*
2. Blest your glorious name. *R./*
3. You are blest in the temple of your glory. *R./*
4. You are blest on the throne of your kingdom. *R./*
5. You are blest who gaze into the depths. *R./*
6. You are blest in the firmament of heaven. *R./*

Second Reading: *2 Corinthians 13:11-13*

Brothers, we wish you happiness; try to grow perfect; help one another. Be united; live in peace, and the God of love and peace will be with you.

Greet one another with the holy kiss. All the saints send you greetings.

The grace of the Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all.

Gospel Acclamation

Allelula, Allelula!

*Glory to the father, and to the son,
and to the Holy Spirit, the God who is,
who was and who is to come. Allelula!*

Gospel: *John 3:16-18*

Jesus said to Nicodemus, 'God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved. No one whom believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son.'

Prayer over the Offerings

Sanctify by the invocation of your name, we pray, O Lord our God, this oblation of our service, and by it make of us an eternal offering to you. Through Christ our Lord.

Communion Antiphon (*Gal 4: 6*)

Since you are children of God,
God has sent into your hearts the Spirit of his Son, the Spirit who cries out: Abba, Father.

Prayer after Communion

May receiving this Sacrament,
O Lord our God,
bring us health of body and soul,
as we confess your eternal holy Trinity and undivided Unity. Through Christ our Lord.

ST. GEORGE'S CATHOLIC CHURCH, SUDBURY

Sunday 4th June 2023

THE MOST HOLY TRINITY



Welcome to all at Mass today and especially anyone who is new. Please take this Newsletter home with you. You may wish to share it with family and friends. This newsletter can also be found via our website. We ask God's blessing on you and your loved ones this week and know that we pray for you all each day.

Sunday Cycle
Readings Year A

Weekday Readings
Week 9 year 1

Divine Office
Week 9 psalms week 1

For children,
download a weekly sheet:
<http://www.sdc.me.uk/sundayliturgy/>

THIS WEEK

Sun 4 June	TRINITY SUNDAY
6.15pm (vigil)	Joe Kenny RIP
8.30am	Dee Kelly Loader RIP (14th)
9.45am	Juliana Etan RIP
11.15am	Betty Treacy RIP
5.30pm	THE PEOPLE OF THE PARISH
Mon 5 June	S. Boniface
9.30am	Trish O'Donnell RIP
Tues 6 June	S. Norbert
9.30am	Paul Burke RIP
Weds 7 June	feria
9.30am	Jamira Fernandes Birthday intentions
Thurs 8 June	feria
9.30am	Kathleen Lenihan RIP
Fri 9 June	feria
9.30am	Private intention
Sat 10 June	Of Our Lady
9.30am	Stephanie Kennedy RIP
Sun 11 June	CORPUS CHRISTI
6.15pm (vigil)	Patsy Donoghue RIP
8.30am	Des Carmody RIP
9.45am	Christina Darcy RIP
11.15am	Maria Encrnacao Abreu
5.30pm	THE PEOPLE OF THE PARISH

TODAY'S MASS



In the context of today's focus on the mystery of the Holy Trinity, the readings call our attention to the action of God, who reveals himself in three persons: God the Father, Jesus the Son, and the Holy Spirit. God the Father, out of love for the world, sent his Son into the world in order to save it. Through the death and resurrection of the Son, we have been given the gift of the Holy Spirit. As three persons, God acts always as a God of love; he does not condemn the world but acts to save it.

First Reading: *Exodus 34:4b-6,8-9*
Moses pleads for God's mercy on Mount Sinai.

Responsorial Psalm: Daniel 3:52-56
We praise God who is exalted above all forever.

Second Reading: *2 Corinthians 13:11-13*
Paul urges the Corinthians to live in peace with one another and with God.

Gospel Reading: *John 3:16-18*
God sent his Son into the world to save the world.

SPIRITUAL QUOTE OF THE WEEK

O mystic marvel! The universal Father is one, and one the universal Word; and the Holy Spirit is one and the same Everywhere.
St Clement of Alexandria

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk
Assistant Priest: Fr Mike Guthrie michaelguthrie@rcdow.org.uk
Catechetical Coordinator: Mr. Peter Kingsley peterkingsley@rcdow.org.uk
Secretary: Mrs. Toni Miles sudbury@rcdow.org.uk
Director of Music: Mr. Scott Price scottprice@rcdow.org.uk
Hall Bookings: via the office or sudbury@rcdow.org.uk
Safeguarding Rep: Hanna Gorgis sudburysg2@safeguardrcdow.org.uk
Tel 07751804978
Address: The Presbytery, 970 Harrow Road, Sudbury, Wembley, Middlesex, HA0 2QE
Telephone: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office/ SVP Information 3. Mgr Jeremy; 4. Fr. Mike; 5. Catechetical Coordinator.
Charity No: 233699
Email: sudbury@rcdow.org.uk **Website:** parish.rcdow.org.uk/sudbury

GOSPEL REFLECTION

DAILY MASS TIMES

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

WEEKDAY MASS: Monday – Saturday 9.30am.

HOLYDAYS OF OBLIGATION: 9.30am, 8.00pm.

EUCCHARISTIC ADORATION: Friday 9.00-9.30am, Saturday 5.15-6.00pm.

CONFESSIONS: Saturday 5.15pm -6.00pm. *and any time by appointment.*

DIVINE MERCY: Tuesday 10.30am.

ROSARY: Daily after Mass.

FOR YOUR PRAYERS

SICK & HOUSEBOUND: Marie Rego, Eileen Kidd, SMR, Christopher Browne, Noel Gill, Dee Auriol, Allan Noronha, Fiona Power, Aaran Thayaparan, Jocalyn Almeida, John Rowland Watts, Shaun Scoon and Helen Jordan, Sean Marren, George Beel, Anne McShine-Jones, Marian Lynch, Shane & Paul, Martha Conway, Jean Lurshay, Patrick, Gerry & Corrine Gilbert, Edward Granger, Chris Sweeney, Marjorie Horeau, Catherine Corcoran.

RECENTLY BAPTISED & CONFIRMED: Monika Rymuszka, Linda Abuka, Rafael de Oliveria Serafini, Megan Claridge

RECEPTION & CONFIRMATION: Bart Kroese

CONFIRMATION: Kelly Shungu

RECENTLY DEPARTED: Llewellyn Trinidad, Timothy Keane, John Wier

ANNIVERSARIES OF THE DEPARTED: Dee Kelly Loader

BLESSED SACRAMENT LAMP

Jamira Fernandes Birthday Intentions

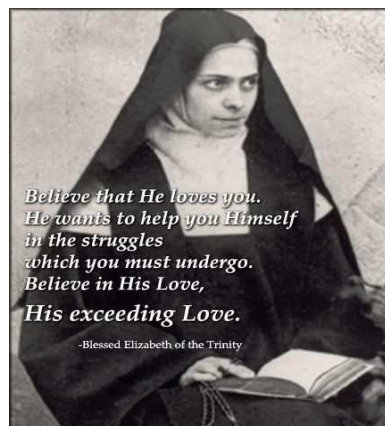
LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM

Intentions of Teresa Groome

POPE FRANCIS' INTENTIONS for June 2023

For the abolition of torture

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.



Believe that He loves you. He wants to help you Himself in the struggles which you must undergo. Believe in His Love, His exceeding Love.

-Blessed Elizabeth of the Trinity

The mystery of the Trinity is the greatest in our Christian faith! Before such a mystery, we find ourselves helpless, because the one whom we cannot comprehend, is God, who has absolute power over us and on whom we depend, for our well-being. Each time that we try to understand the dynamism of the Trinity, we become perplexed and confused because we are entering into the inner life of God. In trying to understand this mystery, it is good to remember that mysteries are not meant to be understood, but to be lived with admiration and hope, and our attitude should be that of respect and fear.

The Bible does not explain the mystery of the Trinity, but glimpses of its nature come to us through the Christ-event. Jesus says that the one who has seen him has seen the Father and no one knows the Father except the Son and those to whom he chooses to reveal himself. Jesus has revealed God as one, but he is not alone; God is a community of three persons in harmonious relationship.

The Readings of today reveal God as love: *“a God of tenderness and compassion, slow to anger, rich in kindness and faithfulness”* (Ex 34:6). The Gospel reiterates, *“God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life”* (John 3:16). The whole of salvation history and all the works of God manifest His great and abiding love: Creation is a sign of God's love because only love is creative; despite the unfaithfulness of humanity, God offers His unconditional love.

Love of God, first of all, finds expression in forgiveness. Moses prays to God, *“they are a headstrong people, but forgive us our faults and our sins”* (Ex 34:8). Justice would demand that we be punished severely for our iniquities. But God chooses to be 'unjust' with us by freeing us from the humiliation of condemnation! He does not take delight in punishing, but in saving. That which we believe as God's punishment, is only a reminder to bring us to our senses. He brings us to deep waters, not to drown us but to purify us. This forgiving nature of God is the core of Christian hope.

God's love for us does not depend upon our behaviour. God loves us, not because we are good, but because God is good. Our very existence is a sign of God's love. It is unconditional, whether we love Him or not. *“For He makes His sun rise on the evil and on the good, and sends rain on the righteous and on the unrighteous”* (Mt 5:45). The unconditional love of God proclaims that the greatest and best means of transformation is love. In dealing with persons of all categories, God has only one option: unconditional love because, while punishment induces fear, rejection brings forth hatred, indifference begets indifference, love brings forth love and transformation. There is no other means, so powerful as love to bring about changes, may it be in the life of an individual or in the history of a society. Hence in the concluding remarks to the Corinthians, St. Paul exhorts them to live in love in its manifold expressions: *“Agree with one another, live in peace, greet one another with a holy kiss, and the God of love and peace will be with you.”* (2 Cor 13:11-12).

God's unconditional love for us is *the Good News*.

NEWS UPDATE



Switch mobile phones off or to silent

WELCOME to all at Mass today and a big welcome to anyone who is new or a visitor.

PLEASE PRAY FOR 2 MORE ADULTS who will be baptised and Confirmed during the 11.15am Mass today and also next week.

FUNERAL MASS of Llewellyn Trinidad on Monday 19th June at 11.00am followed by burial in Alperton Cemetery. May he rest in peace.

WE NEED YOUR HELP for Welcomers (6.15pm Vigil Mass, 9.45am and 5.30pm) and Collectors (6.15pm and 5.30pm). If you could help, please let us know.

LEAD UP TO CORPUS CHRISTI next Sunday 11th June. In the week before there will be adoration of the Blessed Sacrament each morning from 9.00am -9.30am.



KNIGHTS OF ST. COLUMBA MAGICAL MYSTERY COACH TOUR has returned and will take place on Saturday 17th June, leaving here at 8am sharp. Price per person is £23. Please contact the Parish Office to book your seat.

CHILDREN 4-9 YEARS OLD please take one of our new sheets called "LOOK" to help you understand the Gospel message of the day. Parents, please make sure your children don't waste these sheets and take them home after Mass. And please put the Crayons back. It may be also important for Children to concentrate on the Mass, especially if the are preparing for or already have had the First Communion in which case take these sheets home and get them to do them there.

FIRST HOLY COMMUNION - The **FHC Evaluation Session (for Parents/Carers Only)** is on 6th June followed by the **Celebration Mass**, when all the FHC children put on their FHC outfits once again, on **Sunday 11th June at 9.45am**. Might you like to help with the FHC Programme in 2023-24? For further information, please contact our Catechetical Coordinator, Peter Kingsley, at peterkingsley@rcdow.org.uk.

CONFIRMATION 2023 - The final session of this year's Confirmation Programme, 'Feedback & Celebration', takes place at the Parish Centre on **Monday 5th June** before the 'Going Forth Mass', where the Newly Confirmed receive their Confirma-

tion Certificates, on **Sunday 11th June at 5.30pm**.

COLLECTION OF LENT APPEAL BOXES - If you still have one, please bring it back ASAP so we can tally up our amount and let the Passage have our giving.. We gave out over 1000—so there must be more out there!!

ENGAGED ENCOUNTER - An Engaged Encounter weekend will be taking place in the Parish Centre here at St. Georges' on the 3rd and 4th June. If you are thinking about the Sacrament of Marriage then think about preparing for the Sacrament - some places still available. Book via the web site: <https://engaged-encounter.org.uk/>.

CHILDREN'S LITURGY HELPERS AT 9.45 FAMILY MASS - We are seeking new volunteers to help the younger children (4-7yr) reflect on Sunday's Gospel during Mass in a fun, creative & simple way. If you might consider helping once every six weeks, joining an established group of experienced Catechists, please contact Una Moran una@bfmconsult.co.uk. Thank you.

CAN YOU SING? We really need you to help with our music at the 9.45am & 11.15am Masses on Sunday. Please do think about this carefully. St Augustine reminds us that *the one who sings prays twice!* Please don't leave this important ministry to others.

ROSARY AT HOME If you'd like to be part of our prayer network, or know more please simply contact Cheryl on 07941002161 .

CHURCH LAMPS: If you would like to sponsor the blessed sacrament lamp or the lamp by the altar of Our Lady of Walsingham with a particular intention, the cost is £10 for the week - Please see Toni in the Parish Office.

DIOCESAN PILGRIMAGE TO LOURDES 21-28 JULY: Bookings are not open yet, but 'Expressions of Interest' are sought from all who intend to participate in the Pilgrimage, whether as Praying Pilgrims, Clergy etc. An expression of interest can be made at the website: <https://rcdow.org.uk/pilgrimages/lourdes/>

LOOKING AHEAD—DIARY DATES:
CORPUS CHRISTI – Sunday 11th June. Usual weekend Masses, and a Blessed sacrament Procession at the end of the 11.15am Mass.
THE MOST SACRED HEART OF JESUS – Friday 16th June Mass at 9.30am
SOLEMNITY OF SS PETER & PAUL – Thursday 29th June, Masses at 9.30am & 8.00pm

THE KNIGHTS of St COLUMBA have organised a tour of the **relics of St Edmund Camplon** to England. St Edmund was a famous Jesuit at the time of the persecution of Catholics in England during the reformation and beyond. He was eventually martyred for his Catholic faith. His relics will come to St George's on **THURSDAY 6th JULY** when there will be a special Mass in his honour at 9.30am.

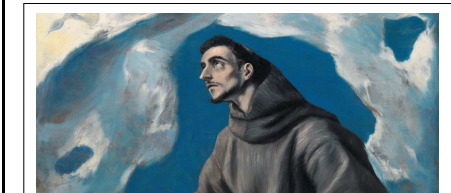
ARE YOU DOING EXAMS? We have prayer cards for you at the back of church so why not take one and use the **prayer**. The great saint who helps us in Exam is Saint Giuseppe (Joseph) of Cupertino. He asked for help in his exams and it was given because he was prayerful and believed in God's Providence.

URGENTLY REQUIRED: Parishioner requires 2 bedroom home, preferably in walking distance of St George's School. Please contact Sharone on 075327214111

HOLY TRINITY 1

P I C D E U O P D E A C L O L A H O S A N N A G
R L M X I T C O M P A S S I O N A T E H M H J W
N C I T Z X C K N D L Z X X R B Z F E E A A H
U O N E X U P E U O P R O V I D E R K A J U D M
A A I A J S C N H E L P E R G E M O H L E T O I
Y B U C I S D W A C G L O R I O U S A E S H N M
G H O H F O U N T A I N R O V L S V G R T O A X
X O N E O H F E B H V R K C P D F V F U I R I G
C P M R W O Q J A X X E K K T C X B W P C A Y R
S E T M B L Y U A D G L I I M C C O U Y Q R A
W H L I N Y C D S F R S T S R I T T R X X T M C
W N O N S T G G T I F H N E Y T C K D H N F V I
G W V I K R O E D Z G A S H N U K R F C L H D O
Y L I A C I M L V L K D O D N L I V I N G U W U
K L N U T N P Q E F K D G B L T N H P X V Q T S
T N G W E I A R F B D A E L U X E S Z D A H L A
J U D S D T N W C I U I N O X N T E I W G P M V
P W P H O Y I V M A S T E R S Q E C R E F A C I
F R Y L X G O A E C L Q Z C M R K F Q T A D O
V G T W J T N M O R W N E P K G N Q R Q V R C R
T Y L Q G G G Y A H W E H U Q S A O I B P K I J
H E A V E N L Y M E T F E K I J L E E V H N O U
T Z Y P Y Q L O Y A L F A H C Z T W N Y X G X S
X Z M Z K L B S H E P H E R D W T N D G K H D T

fountain	rock	companion	savior
gracious	hosanna	glorious	judge
living	helper	teacher	holym Trinity
friend	majestic	healer	shepherd
adonai	heavenly	elshaddai	author
word	yahweh	loyal	eternal
master	provider	just	loving
compassionate			



PARISH PILGRIMAGE TO ITALY 20-26th May 2024

visiting the Holy House of Loreto (Our Blessed Lady), Assisi (St. Francis), Padua (St. Anthony) and Venice (St. Mark). Expanded and detailed Itinerary and prices **next week**. We will be combining this pilgrimage with the Parish of St Mary Magdalene, Willesden—so a chance also to share and make new friends