

SUNDAY READINGS & PRAYERS

Entrance Antiphon Cf. Ps 48 (47): 10-11

Your merciful love, O God, we have received in the midst of your temple. Your praise, O God, like your name, reaches the ends of the earth; your right hand is filled with saving justice.

Collect

O God, who in the abasement of your Son have raised up a fallen world, fill your faithful with holy joy, for on those you have rescued from slavery to sin you bestow eternal gladness. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

First Reading: Zechariah 9:9-10

The Lord says this:

Rejoice heart and soul, daughter of Zion!
Shout with gladness, daughter of Jerusalem!
See now, your king comes to you;
he is victorious, he is triumphant,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will banish chariots from Ephraim
and horses from Jerusalem;
the bow of war will be banished.
He will proclaim peace for the nations.
His empire shall stretch from sea to sea, from the River
to the ends of the earth.

Responsorial psalm: ps. 144

R./ I will bless your name for ever, O God my King.

1. I will give you glory, O God my King.

I will bless your name for ever.

I will bless you day after day

and praise your name for ever. *R./*

2. The Lord is kind and full of compassion,
slow to anger, abounding in love.

How good is the Lord to all,
compassionate to all his creatures. *R./*

3. All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory
of your reign and declare your might, O God. *R./*

4. The Lord is faithful in all his words
and loving in all his deeds.

The Lord supports all who fall
and raises all who are bowed down. *R./*

Second Reading: Romans 8:9.11-13

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

Gospel Acclamation

Allelula, Allelula!

Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries of the kingdom to mere children. Allelula!

Gospel: Matthew 11:25-30

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

Prayer over the Offerings

May this oblation dedicated to your name purify us, O Lord, and day by day bring our conduct closer to the life of heaven.
Through Christ our Lord.

Communion Antiphon Ps 34 (33): 9

Taste and see that the Lord is good;
blessed the man who seeks refuge in him.

Prayer after Communion

Grant, we pray, O Lord,
that, having been replenished by such great gifts,
we may gain the prize of salvation
and never cease to praise you.
Through Christ our Lord.

ST. GEORGE'S CATHOLIC CHURCH, SUDBURY

Sunday 9th July 2023

14th SUNDAY OF THE YEAR

Welcome to all at Mass today and especially anyone who is new. Please take this Newsletter home with you. You may wish to share it with family and friends. This newsletter can also be found via our website. We ask God's blessing on you and your loved ones this week and know that we pray for you all each day.

Sunday Cycle
Readings Year A

Weekday Readings
Week 14 year 1

Divine Office
Week 14 psalms week 2

For children,
download a weekly sheet:
<http://www.sdc.me.uk/sundayliturgy/>

THIS WEEK

Sun 9 July 6.15pm (vigil) 8.30am 9.45am 11.15am 5.30pm	14th SUNDAY OF THE YEAR Mary Dereham Therese Isaacs RIP (2nd) Baptiste Fernandes Ints. Tony Rammelt RIP THE PEOPLE OF THE PARISH
Mon 10 July 9.30am	feria Ed & Teresa Stephenson RIP
Tues 11 July 9.30am 11.00am	S. BENEDICT Jose A Fernandes RIP & Santana Fernandes RIP FUNERAL MASS Rose Taylor RIP
Weds 12 July 9.30am	feria Tony Rammelt RIP
Thurs 13 July 9.30am	feria Fr Jim RIP
Fri 14 July 9.30am	feria Divine Mercy
Sat 15 July 9.30am	S. Bonaventure Fiona Power Ints
Sun 16 July 6.15pm (vigil) 8.30am 9.45am 11.15am 5.30pm	15th SUNDAY OF THE YEAR Rebello Family RIP James McGovern RIP Mary & Michael Hughes RIP Thomas Fernandes RIP (1st) THE PEOPLE OF THE PARISH

TODAY'S MASS



Jesus prays in thanksgiving to God who has made himself known to Jesus' disciples. He praises God who has made himself known to the "little ones" and not to the wise and learned. He calls to our attention the unity between the Father and the Son. God has made himself known through Jesus, and in knowing Jesus, we come to know the Father. In Jesus' life and in his person, God reveals himself to us.

First Reading: Zechariah 9:9-10

The Lord shall come to reign in Zion.

Second Reading: Romans 8:9,11-13

Those in whom the Spirit of God dwells must now live according to the Spirit, not the flesh.

Gospel Reading: Matthew 11:25-30

Jesus prays in thanks to God, who has revealed himself to the lowly.

SPIRITUAL QUOTE OF THE WEEK

"God's precepts are light to the loving and heavy to the fearful"

St. Thomas Aquinas

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk
Assistant Priest: Fr Mike Guthrie michaelguthrie@rcdow.org.uk
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Hall Bookings: via the office or sudbury@rcdow.org.uk
Safeguarding Rep: Hanna Gorgis sudburysg2@safeguardrcdow.org.uk
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Address: The Presbytery, 970 Harrow Road, Sudbury, Wembley, Middlesex, HA0 2QE
Telephone: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office/ SVF Information 3. Mgr Jeremy; 4. Fr. Mike; 5. Catechetical Coordinator.
Charity No: 233699
Email: sudbury@rcdow.org.uk **Website:** parish.rcdow.org.uk/sudbury

GOSPEL REFLECTION

DAILY MASS TIMES

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

WEEKDAY MASS: Monday – Saturday 9.30am.

HOLYDAYS OF OBLIGATION: 9.30am, 8.00pm.

EUCCHARISTIC ADORATION: Friday 9.00-9.30am, Saturday 5.15-6.00pm.

CONFESSIONS: Saturday 5.15pm -6.00pm. *and any time by appointment.*

DIVINE MERCY: Tuesday 10.30am.

ROSARY: Daily after Mass.

FOR YOUR PRAYERS

SICK & HOUSEBOUND: Marie Rego, Eileen Kidd, SMR, Christopher Browne, Noel Gill, Dee Auriol, Allan Noronha, Fiona Power, Aaran Thayaparan, Jocalyn Almeida, John Rowland Watts, Shaun Scoon and Helen Jordan, Sean Marren, George Beel, Anne McShine-Jones, Marian Lynch, Shane & Paul, Martha Conway, Jean Lurshay, Patrick, Gerry & Corrine Gilbert, Edward Granger, Chris Sweeney, Marjorie Horeau, Catherine Corcoran.

RECENTLY BAPTISED: Lishoy Cardozo

RECENTLY DEPARTED: Rose Taylor, Eileen Ryan, Teresa Huckowski

ANNIVERSARIES OF THE DEPARTED: Tony Rammelt, Sean Hallam, Therese Isaacs

BLESSED SACRAMENT LAMP

Joiada Intentions

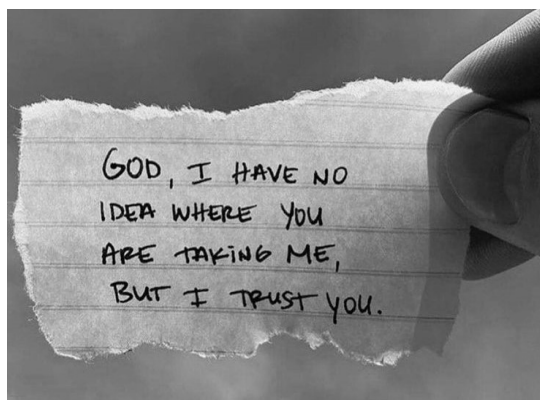
LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM

Teresa Groome Intentions

POPE FRANCIS' INTENTIONS for July 2023

For a Eucharistic life

We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters.



In the Gospel today thanks the Father in heaven for revealing to his disciples the wisdom and knowledge of God. What does Jesus' prayer tell us about God and about ourselves? First, it tells us that God is both Father and Lord of earth as well as heaven. He is both Creator and Author of all that he has made, the first origin of everything and transcendent authority, and at the same time, goodness and loving care for all his children. All fatherhood and motherhood is derived from him (Ephesians 3:14-15). Jesus' prayer also contains a warning that pride can keep us from the love and knowledge of God crushing the heart, making it cold and indifferent towards God. It also closes the mind to God's truth and wisdom for our lives. Jesus contrasts pride with child-like simplicity and humility. The simple of heart are like "babes" in the sense that they see purely without pretence and acknowledge their dependence and trust in the one who is greater, wiser, and more trustworthy.

Jesus makes a claim which no one would have dared to make: He is the perfect revelation of God. One of the greatest truths of the Christian faith is that we can know the living God. Our knowledge of God is not simply limited to knowing something about God, but we can know God personally. The essence of Christianity, and what makes it distinct from Judaism and other religions, is the knowledge of God as our *Father*. Jesus makes it possible for each of us to personally know God as our Father. To see Jesus is to see what God is like. In Jesus we see the perfect love of God – a God who cares intensely and who yearns over men and women, loving them to the point of laying down his life for them upon the Cross. Jesus is the revelation of God – a God who loves us completely, unconditionally, and perfectly. Jesus also promises that God the Father will hear our prayers when we pray in his name. That is why Jesus taught his followers to pray with confidence, *Our Father who art in heaven ...give us this day our daily bread*. What a wonderful gift—let's not forget it!!

NEWS UPDATE



Switch mobile phones off or to silent

WELCOME to all at Mass today and a big welcome to anyone who is new or a visitor.

WE NEED YOUR HELP for Welcomers (6.15pm Vigil Mass, 9.45am and 5.30pm) and Collectors (6.15pm and 5.30pm). If you could help, please let us know.

FUNERAL MASS of Rose Taylor on 11th July at 11.00am followed by burial at Greenford. May she rest in peace.

FUNERAL MASS of Teresa Hukowski on Friday on Friday-21st July at 11.00am followed by cremation at Break-spear Crematorium. May she rest in peace.

GOOD NEWS...At long last we have the go ahead for the resurfacing of the Parish Car Park. Many you will know its not in a good state and this is long overdue. It's also quite expensive but we have saved enough to get it done. The approximate date for the works are the first two weeks of August. More news on the exact dates soon as cars will need to be parked elsewhere.

MORE GOOD NEWS We've had work done on the church roof to remove excess vegetation (largely brought by seeds carried by the relentless pigeons). Inside the church we have had continued redecoration of the walls especially in those few areas where the damp gets in. More extensive work will be undertaken in the area of the bell tower very soon.

PILGRIMAGE TO ITALY in 2024 Brochures are available from the back of church. If you think you'd like to go there is a deposit that should be made fairly soon. All the details are on the Booking Form which is part of the brochure. It would be great if a good group of us could go together. Any queries speak to Mgr Jeremy. He can also guide you if you want to make the booking on line. Just email him and he will send you the link and password.

FIRST HOLY COMMUNION 2023-24 - Those starting in Year 3 in September, who should be registered and regularly attending Mass at our Parish with their Parents/Carers, are welcome to join our FHC Programme. **Enrolment Packs** for next year's Programme will be available to collect from the back of church from **Sunday 16th July**. We are always delighted to welcome new volunteers. Those who would like to help with the FHC Programme next year should contact our Catechetical Coordinator, Mr. Peter Kingsley, a.s.a.p. at peterkingsley@rcdow.org.uk.

CONFIRMATION 2024 - **Might you consider volunteering next year, helping our young people** in Year 10 and above prepare to receive the gifts of the Holy Spirit through our Confirmation Preparation Programme? You would be joining a wonderful team of experienced Catechists. If you might consider helping or would like a little more information, please contact our Catechetical Coordinator, Mr. Peter Kingsley, at peterkingsley@rcdow.org.uk.

CHILDREN'S LITURGY HELPERS AT 9.45 FAMILY MASS - We are seeking new volunteers to help the younger children (4-7yr) reflect on Sunday's Gospel during Mass in a fun, creative & simple way. If you might consider helping once every six weeks, joining an established group of experienced Catechists, please contact Una Moran una@bfmconsult.co.uk. Thank you.

CAN YOU SING? We really need you to help with our music at the 9.45am & 11.15am Masses on Sunday.

Please do think about this carefully. St Augustine reminds us that *the one who sings prays twice!* Please don't leave this important ministry to others.

ROSARY AT HOME If you'd like to be part of our prayer network, or know more please simply contact Cheryl on 07941002161 .

CHURCH LAMPS: If you would like to sponsor the blessed sacrament lamp or the lamp by the altar of Our Lady of Walsingham with a particular intention, the cost is £10 for the week - Please see Toni in the Parish Office.

THE KNIGHTS of St COLUMBA have organised a tour of the relic of St Columba. His relics will be brought and displayed on Thursday 27th July at the 9.30am Mass. A date for your diary.

THE FRIENDS OF JESUS Programme takes place during Term-Times on Fridays from 5.30-6.30pm providing a little Religious Education to children of primary-school age who are not attending a Catholic school and have not yet received their First Holy Communion. If you would like further information, or our keen for your child to attend this Programme from September onwards, please contact our Catechetical Coordinator, Mr. Peter Kingsley, at peterkingsley@rcdow.org.uk.

READERS AT SATURDAY 6.15PM & 5.30PM MASSES - Might you consider committing to read once a month at Mass? The ministry of reader offers the opportunity to reflect a little more attentively on the Word of God whilst also serving the Parish Community. There are some gaps in our regular rota that we are keen to fill. If you might consider helping, please contact our Catechetical Coordinator, Mr. Peter Kingsley, at peterkingsley@rcdow.org.uk.

A DAY WITH MARY has been booked for St George's. On Saturday 21 October. Again more details nearer the time

MARCH FOR LIFE, SATURDAY 2 SEPTEMBER: Put the date in your diary to join this important act of witness by Catholics and others of good will. This year's theme is 'Freedom to Live'. "Many are concerned about restrictions on freedoms but it's not until these restrictions affect us personally that we speak up. Sadly, those who have their most fundamental freedom taken from them, by abortion, cannot speak for themselves - this is why we march. For our nation to be truly free, no one can be denied the number one freedom, the freedom to live!" 10:30am: Mass at Westminster Cathedral; 10:30am-1pm: Events/Stalls/Talks/Testimonies at The Emmanuel Centre 1:30pm: March for Life (Emmanuel Centre to Parliament Square). Web: www.marchforlife.co.uk.

PILGRIMAGE TO LOURDES 21-28 JULY: Cardinal Nichols will lead the annual Diocesan Pilgrimage to Lourdes from 21 - 28 July. People are encouraged to book now via the Tangney Tours portal at: <https://www.tangneytours.com/pilgrimages/lourdes/> westminster-lourdes to avoid disappointment as places are limited. If people have previously indicated 'St Frai Pilgrim' on an Expression of Interest Form, or you know of someone with significant medical and mobility needs who intends to come to Lourdes, then contact the Pilgrimage Office on 0207 798 9173 immediately, so the Medical Team can look into assisting with requirements and care. Similarly, any individuals or groups wishing to travel independently to join Westminster in Lourdes, by making their own travel and accommodation arrangement, must confirm this in writing to the Pilgrimage Office by 30th April 2023 as well as submitting payment towards the Pilgrimage.

NEWS FROM CARITAS WESTMINSTER: POVERTY CHALLENGE - SEE, JUDGE, ACT: Following the Pandemic many

households face new hardships as prices rise. Caritas Social Action Network (CSAN) the Catholic agency addressing poverty and injustice in England and Wales has released a new booklet to increase awareness of Catholic Social Teaching on poverty. This can be downloaded at www.csan.org.uk

GRANTS TO HELP WITH ENERGY DEBTS: Possible help from a charitable trust plus lines to other advice providers at <https://fuelpovertysource.org.uk/focus-on/fuel-debt-and-trust-funds/>

DO YOU KNOW SOMEONE WHO IS CONSIDERING BECOMING A CATHOLIC THROUGH THE RCIA PARISH PROGRAMME? This means: Adults who are not Baptised at all and who wish to become Catholics: Adults who are baptised into another Christian denomination, but wish to become Catholics, and Adults who wish to become FULL members of the Roman Catholic Church (i.e., those who have been baptised but may not have received the Sacraments of Confirmation and Eucharist). If this is you or someone you know please appointment to talk with one of the priests to discuss what all this means.

DIOCESAN PILGRIMAGE TO THE HOLY LAND 19-27 NOVEMBER: The annual Pilgrimage to the Holy Land will take place from Sunday 19th Nov to Monday 27th Nov, led by Bishop John Sherrington and Fr John Farrell OP. You can book online at <http://www.tangney-tours.com/WHL> or call Gill at Tangney Tours 01732 886666 or Elizabeth at the Pilgrimage office 0207 798 9173! It will include visits to Galilee, Jerusalem and Bethlehem. Flights will be from Heathrow. Costs are £2265 per person sharing, £682 single room supplement; travel insurance essential.

THE VEIL REMOVED is a free, short 5 minute film that reveals the coming together of heaven and earth at Mass, as seen by saints and mystics revealed by scripture and in the Catechism of the Catholic Church. go online to: <https://theveilremoved.com> or click this link [The Veil Removed](https://theveilremoved.com) if reading online.

ADVERT FROM A PARISHIONER: To let. Double bed available for single person Easy Access tp all amenities in Greenford/Sudbury Hill. Tel: 07717124517

PARISH PILGRIMAGE TO ITALY 20-26th May 2024

visiting the Holy House of Loreto (Our Blessed Lady), Assisi (St. Francis), Padua (St. Anthony) and Venice (St. Mark). Expanded and detailed Itinerary and prices **Available now**.



PLEASE TAKE A BROCHURE WHICH IS AVAILABLE AT THE BACK OF THE CHURCH
Approx cost is put at £1450.
We will be combining this pilgrimage with the Parish of St Mary Magdalene, Willesden—so a chance also to share and make new friends too!