

SUNDAY READINGS & PRAYERS

Entrance Antiphon: Cf. Ps 95: 1, 6

O sing a new song to the Lord;
sing to the Lord, all the earth.
In his presence are majesty
and splendour, strength and honour in his holy place.

Collect

Almighty ever-living God,
direct our actions according to
your good pleasure,
that in the name of your
beloved Son we may abound in good works.
Through our Lord Jesus Christ,
your Son, who lives and reigns
with you in the unity of the
Holy Spirit,
God, for ever and ever.

First reading: *Jonah 3:1-5,10*

The word of the Lord was addressed to Jonah: 'Up!' he said 'Go to Nineveh, the great city, and preach to them as I told you to.' Jonah set out and went to Nineveh in obedience to the word of the Lord. Now Nineveh was a city great beyond compare: it took three days to cross it. Jonah went on into the city, making a day's journey. He preached in these words, 'Only forty days more and Nineveh is going to be destroyed.' And the people of Nineveh believed in God; they proclaimed a fast and put on sackcloth, from the greatest to the least. God saw their efforts to renounce their evil behaviour. And God relented: he did not inflict on them the disaster which he had threatened.
The word of the Lord.

Responsorial Psalm: *Ps 24:4-6,7-9*

R/. Lord, make me know your ways.

1. Lord, make me know your ways.
Lord, teach me your paths.
Make me walk in your truth, and teach me:
for you are God my saviour.

2. Remember your mercy, Lord,
and the love you have shown from of old.
In your love remember me.
because of your goodness, O Lord.

3. The Lord is good and upright.
He shows the path to those who stray,
He guides the humble in the right path,
He teaches his way to the poor.

Second reading: *1 Corinthians 7:29-31*

Brothers: our time is growing short. Those who have wives should live as though they had none, and those who mourn should live as though they had nothing to mourn for; those who are enjoying life should live as though there were nothing to laugh about; those whose life is buying things should live as though they had nothing of their own; and those who have to deal with the world should not become engrossed in it. I say this because the world as we know it is passing away.
The word of the Lord.

Gospel Acclamation: *Mk 1:15*

Allelula, allelula!
The kingdom of God is close at hand: repent,
and believe the Good News.
Allelula!

Gospel: *Mark 1:14-20*

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'
As he was walking along by the Sea of Galilee he saw Simon and his brother Andrew casting a net in the lake - for they were fishermen. And Jesus said to them, 'Follow me and I will make you into fishers of men.' And at once they left their nets and followed him.
Going on a little further, he saw James son of Zebedee and his brother John; they too were in their boat, mending their nets. He called them at once and, leaving their father Zebedee in the boat with the men he employed, they went after him.

Prayer over the Offerings

Accept our offerings,
O Lord, we pray, and in sanctifying them grant that they may profit
us for salvation.
Through Christ our Lord.

Communion Antiphon: *Cf. Ps 33: 6*

Look toward the Lord and be radiant; let your faces not be abashed.

Prayer after Communion

Grant, we pray, almighty God,
that, receiving the grace
by which you bring us to new life,
we may always glory in your gift.
Through Christ our Lord.

ST. GEORGE'S CATHOLIC CHURCH, SUBBURY

Sunday 21st January 2024

THE THIRD SUNDAY OF THE YEAR

Welcome to all at Mass today and especially anyone who is new. Please take this Newsletter home with you. You may wish to share it with family and friends. This newsletter can also be found via our website. We ask God's blessing on you and your loved ones this week and know that we pray for you all each day.

Sunday Cycle
Readings Year B

Weekday Mass Readings
Year 2 Week 3

Divine Office
Week 3

For children,
download a weekly sheet:
<http://www.sdc.me.uk/sundayliturgy/>

THIS WEEK

Sun 21 Jan 6.15pm (vigil) 8.30am 9.45am	THE 3rd SUNDAY OF THE YEAR Sabina Soares de Alemedia For a friend Betty Treacy RIP Baptiste Fernandes Ints. Anastasia Johnston RIP THE PEOPLE OF THE PARISH
Mon 22 Jan 9.30am	feria Baptiste Fernandes Ints.
Tues 23 Jan 9.30am	feria The Holy Souls
Weds 24 Jan 9.30am	S. Francis de Sales Liam Forte (Get well Ints.)
Thurs 25 Jan 9.30am	CONVERSION OF S. PAUL Stella Toner RIP
Fri 26 Jan 9.30am	Ss. Timothy & Titus Timmy McCarthy RIP
Sat 27 Jan 9.30am	Of Our Lady Birthday intentions
Sun 28 Jan 6.15pm (vigil) 8.30am 9.45am 11.15am 5.30pm	THE 4th SUNDAY OF THE YEAR THE PEOPLE OF THE PARISH Bill & Beety Cusack RIP Jean Hussey RIP Kathleen Halpin RIP Toner & Patterson Family

TODAY'S MASS



Jesus preaches the Kingdom of God in continuity with the preaching of John the Baptist. Like John the Baptist, Jesus' pronouncement of the kingdom is a call to repentance. Yet Jesus' preaching is greater than John's. Jesus begins the time of fulfilment; the Kingdom of God is already here. This will be demonstrated again and again, both in Jesus' words and in the actions that follow. Jesus' healings and forgiveness of sins are signs of the Kingdom of God that he announces in his teaching.

First Reading: *Jonah 3:1-5,10*

God spared the people of Nineveh because they heeded the message God sent through Jonah.

Second Reading: *1 Corinthians 7:29-31*

St. Paul warns the Corinthians that they must act differently because the world in its present form is passing away.

Gospel Reading: *Mark 1:14-20*

Jesus calls the fishermen, Simon and Andrew, James and John, to be his disciples.

SPIRITUAL QUOTE OF THE WEEK

I am not capable of doing big things, but I want to do everything, even the smallest things, for the greater glory of God.
Saint Dominic Savio

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk
Assistant Priest: Fr Mike Guthrie michaeltguthrie@rcdow.org.uk
Catechetical Coordinator: Mr. Peter Kingsley peterkingsley@rcdow.org.uk
Secretary: Mrs. Toni Miles sudbury@rcdow.org.uk
Director of Music: Mr. Scott Price scottprice@rcdow.org.uk
Hall Bookings: via the office or sudbury@rcdow.org.uk
Safeguarding Rep: Hanna Gorgis sudburysg2@safeguardrcdow.org.uk
Tel 07751804978
Address: The Presbytery, 970 Harrow Road, Sudbury, Wembley, Middlesex, HA0 2QE
Telephone: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office/ SVF Information 3. Mgr Jeremy; 4. Fr. Mike; 5. Catechetical Coordinator.
Charity No: 233699
Email: sudbury@rcdow.org.uk **Website:** parish.rcdow.org.uk/sudbury

GOSPEL REFLECTION

DAILY MASS TIMES

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

WEEKDAY MASS: Monday – Saturday 9.30am.

HOLYDAYS OF OBLIGATION: 9.30am, 8.00pm.

EUCCHARISTIC ADORATION: Friday 9.00-9.30am, Saturday 5.15-6.00pm.

CONFESSIONS: Saturday 5.15pm -6.00pm. *and any time by appointment.*

DIVINE MERCY: Tuesday 10.30am.

ROSARY: Daily after Mass.

FOR YOUR PRAYERS

SICK & HOUSEBOUND: *Marie Rego, Eileen Kidd, SMR, Christopher Browne, Noel Gill, Dee Auriol, Allan Noronha, Fiona Power, Aaran Thayaparan, John, Shaun Scoon and Helen Jordan, Sean Marren, George Beel, Anne McShine-Jones, Marian Lynch, Shane & Paul, Martha Conway, Jean Lurshay, Patrick, Gerry & Corrine Gilbert, Edward Granger, Chris Sweeney, Marjorie Hoareau, Catherine Corcoran, Barbara Gill,*

RECENTLY BAPTISED: *Elisah Anucha, Emilia Brennan*

RECENTLY DEPARTED: *John Regan, Tony McGovern*

ANNIVERSARIES OF THE DEPARTED: *Anastasia Johnson, Errol Mark (3rd), Mina Fortes (3rd), Betty Treacy.*

BLESSED SACRAMENT LAMP

Baptiste Fernandes (Birthday Intentions)

LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM

Baptiste Fernandes (Birthday Intentions)

POPE FRANCIS' INTENTIONS for January 2024

FOR THE GIFT OF DIVERSITY IN THE CHURCH

We pray that the Holy Spirit may help us to recognise the gift of different charisms within the Christian community and to discover the richness of different traditions and rituals in the Catholic Church.

“WE ALL HAVE A VOCATION. WE BELIEVE THAT GOD HAS PLACED US IN THIS LIFE TO FILL A SPECIAL NEED THAT NO ONE ELSE CAN ACCOMPLISH.”

- ST. FRANCIS DE SALES

dosp.org

Today we celebrate the Sunday of the Word of the Lord, instituted several years ago by Pope Francis in answer to requests made to him. This is as an opportunity for each one of us to develop a constant relationship with God through his living Word, Our Lord Jesus Christ, who never tires of speaking to His Bride, the Church. It is not by chance that this Sunday also coincides with the end of the Week of Prayer for Christian Unity, because the Word of God is at the centre of this week, since the Scriptures point out the path to authentic and firm unity.

The Word of God has always a prominent place in the liturgy, and more particularly when it is proclaimed and preached at the celebration of the Mass. Through it, in the Holy Spirit, Jesus himself speaks to us, as he did to the eleven disciples: He opened their minds to understand the Scriptures (Lk 24:45); and this Sunday is not the exception.

In today's Gospel, Jesus begins his public ministry in Galilee, proclaiming the closeness of the Kingdom of God, in His very person; and makes an imperative invitation to everyone who hears it to do two things: one to repent, and the other to believe the gospel.

Repentance comes from the Greek word *metanoia* or change of heart, which means literally change of mentality, a renunciation of sin. Renunciation of sins apply not only to mortal or venial sins, it also applies to even more subtle situations. Here some examples. A legalist and self-righteous attitude, where we find approval of God and others by our own effort, and if we are not acknowledged as expected, we give an “it is not fair” answer. Another is pride, where we seek to place us in control and resist dependency on God. Judgments, in which we stand superior to others, we can imprison someone by labelling them “that is the way they are they will never change”. Fear, this due to a lack of trust in God's love, and it is the root for us to need to be in control. There are more: self-pity; bitterness and unforgiveness.

Complementing the call to repentance is also the call to believe. Belief, comes from the Greek word *pisteuo*, which denotes reliance, trust, and certainty. Believe and trust in whom? In that God's Kingdom has come in and with the acts of the life, death, and resurrection of Jesus Christ.

NEWS UPDATE

WELCOME to all at Mass today and a big welcome to anyone who is new or a visitor.

ARE YOU NEW TO THE PARISH? It always helps us to get to know you and also your family if you register with us. We can then send you information about the parish and opportunities. Registration forms can be found at the back of Church (underneath the picture of Pope Francis).

THIS SUNDAY THERE IS AN APPEAL at all Masses from the **Little Sisters of the Poor** who do great Christian work in caring for the Elderly (including some priests). Please be as generous as you are able.

FUNERAL MASS of John Regan on Tuesday 30th January followed by cremation at Breakspear Crematorium. May he rest in peace..

CHRISTIAN UNITY: From 18th-25th January, the Octave of Prayer for Christian Unity takes place. Please pray for our brothers and sisters, in other Christian communities, especially those in Sudbury and the surrounding areas. We pray that one day we may be as one Church.

OVER 60'S GROUP: this Tuesday at 1pm in the parish centre. All are welcome. (PS you don't need to be a Catholic to attend).

LENT AND EASTER fall very early this year. Ash Wednesday falls on 14th February. From next week we shall be collecting your old Palm Crosses -for burning, ready to make the ash for Ash Wednesday. Do you have any palm crosses at home? Look out for the collection basket at the back of the church next week. Thank you. PS. Every year people also take them away think Palm Sunday has come early!!

THE WESTMINSTER YEAR BOOK for 2024 is now available in the Repository, last few, priced £5.00

OUR NEWSLETTER—let us know what you think of it? Is it enough for you? What is good or not so? How can we improve? And how can we get more people to take it home and read it? (!) Let us know and thanks in anticipation?

PARISH OFFICE OPENING TIMES Thursday & Friday from 11-3pm. You can be assured of booking Masses and receiving Mass cards at these times.

FRIENDS OF JESUS - This Parish Programme offers a little Religious Education to children of primary-school age who are not attending a Catholic school and have not yet received their First Holy Communion. For further details please contact our Catechetical Coordinator, Mr. Peter Kingsley, at peterkingsley@rcdow.org.uk

FIRST HOLY COMMUNION - At Session 1 of Part 2 of the FHC Programme, on Tuesday 30th January, the children will be reflecting on

being **Catholic Christians**. Please note the **entry point** for all the children at Session 1 will be the front door of the **Parish Centre**. Thank you for ensuring the children arrive **promptly** for the start of the session at 7pm. Children are to be picked up from their usual Catechist Group pick-up points at the end of the session. This week the meeting is just for FHC Catechists & Helpers.

CONFIRMATION 2024 - Thank you to all the prospective Confirmation Candidates, in Year 10, and Parents/Carers who joined us for the Confirmation Information Evening last week. Please note that, at the **Confirmation Registration Evening**, on **Monday 22nd January at 7.30pm** registration will only be possible for those who bring the **correct documentation** (including photocopy of baptism certificate & passport photo). Please note **Monday 22nd January** is also the **deadline** for applications on this year's Programme.

MASS CARDS - Mass Cards are available from the Repository after all Sunday Masses.

MINIBUS TO MASS since the advent of Covid we have not been able to continue this wonderful service to our elderly at the 11.15am Mass. This is largely because the 2 minibuses were stolen from the day centre and which has sadly now closed. We now have the possibility of the use of a new bus but quite naturally we need a team of drivers and helpers. Could you help? It may be a simple commitment just once a month. At this stage just speak to one of the parish team or even better, email us and let see if we can get this up and running again.

CHILDRENS LITURGY on Sunday at the 9.45am Mass. This is only during term time so this weekend is the last until it resumes in January.

MUSIC at the 9.45am Mass and the 11.15am. Could you help with the singing or even playing a musical instrument at 9.45am We need your help...don't sit or stand on the side-lines in 2024!

ROSARY AT HOME If you'd like to be part of our prayer network, or know more please simply contact Cheryl on 07941002161.

EMPLOYMENT OPPORTUNITIES in various parishes and jobs working centrally for the Diocese are advertised weekly. You can view the current vacancies via this link: For further details: <https://jobs.rcdow.org.uk/>

CAFOD ISRAELI-PALESTINIAN CRISIS APPEAL: Donate to CAFOD's Israeli-Palestinian Crisis Appeal at cafod.org.uk/ipc or call 0303 303 3030 to support those affected and get funds to local trusted experts in Gaza and southern Israel who have been working alongside communities helping those most in need. Your donation will help support aid workers providing ur-

gent humanitarian aid including food, water and emergency shelter to those in need. Thank you for your prayers."

2024 WORKS IN THE PARISH. Now that Christmas is over it is time to attend to some works needing doing around the parish. It should be obvious to all (!!) that work on the interior plaster is going ahead. We have parts of the church where the interior plaster 'blisters' or cracks. This is all being attended to. It's a natural consequence of age and the constant change of cold and heat. Thankfully we have managed to employ excellent builders for this.

A great deal of water has revealed some leaks particularly in the flat roof over the hall and office. We'll have to wait for this to dry out before anything can be done. Some electrical work has already been done in the last few days and we hope for some improvement in the lighting round the far end of the Church. The presbytery windows also need attention (one fell out during the heavy winds in the autumn - nothing has much been done since they were installed in 1927). Generally the whole "plant" i.e. the church, presbytery and hall are in a good condition but they need attention to keep them up to standard.

WE ARE ON THE LOOKOUT for anyone who might be a good counter of money. Each week our collection needs counting and bagging up. It takes time and a good deal of attention to make sure there are no discrepancies. Could you help? Let us know. **THANK YOU TO THOSE WHO HAVE ALREADY OFFERED THEIR TIME ETC.**

SOME LITURGICAL DATES FOR YOUR DIARY: Candlemas (The Presentation of the Lord) 2nd Feb
Ash Wednesday - 14th Feb
1st Sunday of Lent -18th Feb
St Joseph -19th March
Palm Sunday - beginning of Holy Week -24th Mar
Maundy Thursday - 28th Mar
Good Friday - 29th Mar
Holy Saturday - 30th Mar
Easter Sunday of the Resurrection - 31st Mar

HOLOCAUST MEMORIAL DAY: The 27th January is the day we remember the six million Jews murdered in the Holocaust, and the millions of people killed under Nazi Persecution, and in the genocides which followed in Cambodia, Rwanda, Bosnia, and Darfur. 27th January marks the liberation of Auschwitz-Birkenau, the largest Nazi death camp. On HMD, we all have a role to play to ensure that we learn the lessons of the past, to create a safer, better future.

ONE BEDROOM FLAT desired by devout parishioner. Can you help. See Fr Jeremy.

TO LET Twin bedroom. Easy access to amenities, St George's Church, shops, buses. And underground. If interested: Contact 07717124517