

SUNDAY READINGS & PRAYERS

Entrance Antiphon: Cf. Is 66: 10-11

Rejoice, Jerusalem, and all who love her.
Be joyful, all who were in mourning;
exult and be satisfied at her consoling breast.

Collect

O God, who through your Word
reconcile the human race to yourself
in a wonderful way, grant, we pray,
that with prompt devotion and eager faith
the Christian people may hasten
toward the solemn celebrations to come.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity
of the Holy Spirit,
one God, for ever and ever.

First reading: 2 Chronicles 36:14-16,19-23

All the heads of the priesthood, and the people too, added infidelity to infidelity, copying all the shameful practices of the nations and defiling the Temple that the Lord had consecrated for himself in Jerusalem. The Lord, the God of their ancestors, tirelessly sent them messenger after messenger, since he wished to spare his people and his house. But they ridiculed the messengers of God, they despised his words, they laughed at his prophets, until at last the wrath of the Lord rose so high against his people that there was no further remedy.

They burned down the Temple of God, demolished the walls of Jerusalem, set fire to all its palaces, and destroyed everything of value in it. The survivors were deported by Nebuchadnezzar to Babylon; they were to serve him and his sons until the kingdom of Persia came to power. This is how the word of the Lord was fulfilled that he spoke through Jeremiah, 'Until this land has enjoyed its sabbath rest, until seventy years have gone by, it will keep sabbath throughout the days of its desolation.'

And in the first year of Cyrus king of Persia, to fulfil the word of the Lord that was spoken through Jeremiah, the Lord roused the spirit of Cyrus king of Persia to issue a proclamation and to have it publicly displayed throughout his kingdom: 'Thus speaks Cyrus king of Persia, "the Lord, the God of heaven, has given me all the kingdoms of the earth; he has ordered me to build him a Temple in Jerusalem, in Judah. Whoever there is among you of all his people, may his God be with him! Let him go up."'

Responsorial Psalm: Ps 136:1-6

R/. O let my tongue cleave to my mouth if I remember you not!

1. By the rivers of Babylon
there we sat and wept,
remembering Zion;
on the poplars that grew there
we hung up our harps. *R/.*

2. For it was there that they asked us,
our captors, for songs,
our oppressors, for joy.
'Sing to us,' they said,
'one of Zion's songs.' *R/.*

3. O how could we sing
the song of the Lord
on alien soil?
If I forget you, Jerusalem,
let my right hand wither! *R/.*

4. O let my tongue
cleave to my mouth
if I remember you not,
if I prize not Jerusalem
above all my joys! *R/.*

Second reading: Ephesians 2:4-10

God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ – it is through grace that you have been saved – and raised us up with him and gave us a place with him in heaven, in Christ Jesus.

This was to show for all ages to come, through his goodness towards us in Christ Jesus, how infinitely rich he is in grace. Because it is by grace that you have been saved, through faith; not by anything of your own, but by a gift from God; not by anything that you have done, so that nobody can claim the credit. We are God's work of art, created in Christ Jesus to live the good life as from the beginning he had meant us to live it.

Gospel Acclamation: Jn 3:16

Praise to you, O Christ King of eternal glory!

*God loved the world so much
that he gave his only Son:
everyone who believes in him
has eternal life.*

Praise to you, O Christ King of eternal glory!

Gospel: John 3:14-21

Jesus said to Nicodemus: 'The Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him. Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved. No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son. On these grounds is sentence pronounced: that though the light has come into the world men have shown they prefer darkness to the light because their deeds were evil. And indeed, everybody who does wrong hates the light and avoids it, for fear his actions should be exposed; but the man who lives by the truth comes out into the light, so that it may be plainly seen that what he does is done in God.'

Prayer over the Offerings

We place before you with joy
these offerings, which bring eternal remedy, O Lord,
praying that we may both
faithfully revere them and present them to you, as is fitting,
for the salvation of all the world. Through Christ our Lord.

Communion Antiphon

Jerusalem is built as a city bonded as one together.
It is there that the tribes go up, the tribes of the Lord, to praise the name
of the Lord.

Prayer after Communion

O God, who enlighten everyone who comes into this world,
illuminate our hearts, we pray,
with the splendour of your grace,
that we may always ponder
what is worthy and pleasing to your
majesty and love you in all sincerity.

ST. GEORGE'S CATHOLIC CHURCH, SUDBURY

Sunday 10th March 2024

THE FOURTH SUNDAY OF LENT

Welcome to all at Mass today and especially anyone who is new. Please take this Newsletter home with you. You may wish to share it with family and friends. This newsletter can also be found via our website. We ask God's blessing on you and your loved ones this week and know that we pray for you all each day.

Sunday Cycle
Readings Year B

Weekday Mass Readings
Lent week 4

Divine Office
Week 4(Lent)

For children,
download a weekly sheet:
<http://www.sdc.me.uk>
[sundayliturgy/](http://www.sdc.me.uk/sundayliturgy/)

THIS WEEK

Sun 10 March FOURTH SUNDAY OF LENT
6.15pm (vigil) Henrietta Kalogroulis RIP
8.30am Harkin Family
9.45am Kathleen Egan RIP (8th)
11.15am Jerry Pathman RIP
5.30pm THE PEOPLE OF THE PARISH

Mon 11 March Lent feria
9.30am Mike Sweeny RIP

Tues 12 March Lent feria
9.30am Lola Silverman & Finny RIP

Weds 13 March Lent feria
9.30am Dorothy Coomarewel Ints

Thurs 14 March Lent feria
9.30am Alice Somers RIP
12 noon FUNERAL MASS
Rose Lally RIP

Fri 15 March Lent feria
9.30am Frances Sequeira RIP
11.00am FUNERAL MASS
Pauline Brennan RIP

Sat 16 March Lent feria
9.30am Margaret Horne RIP

Sun 17 March FIFTH SUNDAY OF LENT
6.15pm (vigil) Michael O'Malley RIP
8.30am Bertram Jacob RIP
9.45am Bobby Duane RIP
11.15am Private intentions
5.30pm THE PEOPLE OF THE PARISH

TODAY'S MASS



Jesus Christ is given to the world by God so that those who believe in his name might be saved. He brings us new life because previously we were dead to sin but now are saved through grace. We are God's work of art created in Jesus Christ.

First Reading: 2 Chronicles 36:14-16,19-23

The causes for the Israelites' captivity in Babylon are described.

Second Reading: Ephesians 2:4-10

In grace we have been saved, so that we may do the work of the Lord.

Gospel Reading: John 3:14-21

Jesus tells Nicodemus that the Son of Man will be raised up so that those who believe in him will have eternal life.

SPIRITUAL QUOTE OF THE WEEK

*"Pray, hope, and don't worry. Worry is useless.
God is merciful and will hear your prayer."*

Saint Pio of Petrelcina (Padre Pio)

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk
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Safeguarding Rep: Hanna Gorgis sudburysg2@safeguardrcdow.org.uk
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Address: The Presbytery, 970 Harrow Road, Sudbury, Wembley, Middlesex, HA0 2QE
Telephone: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office/ SVP Information 3. Mgr Jeremy; 4. Fr. Mike; 5. Catechetical Coordinator.
Charity No: 233699
Email: sudbury@rcdow.org.uk Website: parish.rcdow.org.uk/sudbury

GOSPEL REFLECTION

DAILY MASS TIMES

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

WEEKDAY MASS: Monday – Saturday 9.30am.

HOLYDAYS OF OBLIGATION: 9.30am, 8.00pm.

EUCCHARISTIC ADORATION: Friday 9.00-9.30am, Saturday 5.15-6.00pm.

CONFESSIONS: Saturday 5.15pm -6.00pm. *and any time by appointment.*

DIVINE MERCY: Tuesday 10.30am.

ROSARY: Daily after Mass.

FOR YOUR PRAYERS

SICK & HOUSEBOUND: *Marie Rego, Eileen Kidd, Christopher Browne, Noel Gill, Dee Auriol, Allan Noronha, Fiona Power, Aaran Thayaparan, John, Shaun Scoon and Helen Jordan, Sean Marren, George Beel, Anne McShine-Jones, Marian Lynch, Shane & Paul, Martha Conway, Jean Lurshay, Patrick, Gerry & Corrine Gilbert, Edward Granger, Chris Sweeney, Marjorie Hoareau, Catherine Corcoran, Barbara Gill, Dan O'Connor, Ciara I.,*

RECENTLY BAPTISED: *Jesse Francis Masterson*

RECENTLY DEPARTED: *Anthony George, Pauline Brennan, Rose Lally, Bridget Canning.*

ANNIVERSARIES OF THE DEPARTED: *Bertram Jacob, Kathleen Egan (8th).*

BLESSED SACRAMENT LAMP

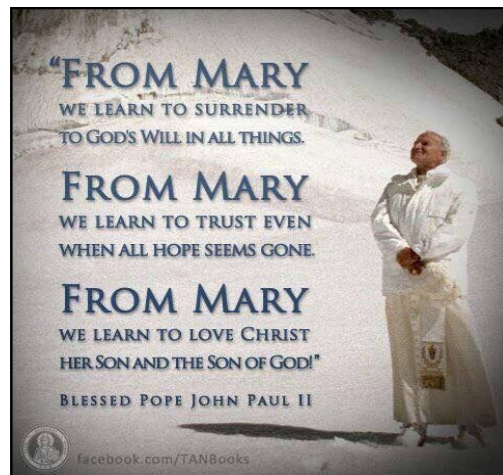
In thanksgiving for 4th Birthday of Tyler Joel Caiado

LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM
In memory of Kathleen Egan RIP

POPE FRANCIS' INTENTIONS for March 2024

For the new martyrs

We pray that those who risk their lives for the Gospel in various parts of the world inflame the Church with their courage and missionary enthusiasm.



In today's Gospel Jesus speaks about the necessity for him, identified as the Son of Man, to be lifted up as Moses lifted up the serpent in the desert. It is good to remember what happened in that passage from the Book of Numbers chapter 21.

We are told in that episode that the people of Israel lost patience at both God and Moses. They were brought out of their slavery in Egypt by God through Moses. They saw how God opened the Red Sea and how He killed pharaoh and his armies. They are now journeying in the desert where there is neither food nor water, the only provision they have is the daily portion of mana which God sends them. But the Israelites were afraid of dying in the desert and complained against God and Moses: their only excuse was that they were sick of the mana! As results of this, God sent them fiery serpents whose bite brought the death to many Israelites in the desert.

This action of God made the people realise their sins by speaking against God and Moses, and requested Moses to intercede for them, which he does. In answer to his prayer, God asked Moses to erect a bronze serpent on a pole for anyone who is bitten by a fiery serpent to look at it and survive. Those who were bitten and looked at it survived!

Our situation today is not different from that of the Israelites, despite the fact thousands of years separate us from those events. In spite also of the fact that many of us have been baptised and brought up us Catholic. We too find ourselves complaining and fearful of our fate. We grumble at the portion that God has given us, the character of our spouses and of our children, the pressure at our jobs or the lack of it, and even the situation of our parish community. But these very actions of complaining and grumbling bring inside of us a mortal poison which alienates us from God, our neighbours and even our loved ones!

The Church reminds us in the Gospel today, that God has given us the answer to our present situation, which was prefigured by the serpent in the dessert and fulfilled in the lifting up of our Lord Jesus Christ on the Cross. Anyone who looks at him believing that his death brings salvation has the possibility to find Eternal Life!



NEWS UPDATE

WELCOME to all at Mass today and a big welcome to anyone who is new or a visitor.

ARE YOU NEW TO THE PARISH? It always helps us to get to know you and also your family if you register with us. We can then send you information about the parish and opportunities. Registration forms can be found at the back of Church (underneath the picture of Pope Francis).

THIS SUNDAY is also traditionally **Mothering Sunday**. There will be flowers for our young people to give to their mothers at the 9.45am & 11.15am Masses. We give thanks for our mother the Church, for Our Blessed Lady Mother of all Christians and our own earthly Mothers both living and departed.

THE LENT GROUP studying the Lord's Prayer is EVERY WEDNESDAY in the Café bar from 10.30am. Just come along even if this is your first time.

THE MENS BREAKFAST is now on 23rd March so as to not coincide with the day of recollection.

STATIONS OF THE CROSS this week on Friday after the 9.30am (around 10.00am).

HOLY WEEK is not far away and details of our services will be available at all Masses next week.

FUNERAL MASS of Rose Lally on Thursday 14th March at 11.00am followed by burial in Capenders Park. May she rest in peace.

FUNERAL MASS of Pauline Brennan on Friday 15th March at 12 noon followed by burial in Capenders Park. May she rest in peace.

FIRST HOLY COMMUNION - At **Session 6 of Part 2** of the FHC Programme, on **Tuesday 12th March**, we will be reflecting on how **We remember Jesus at Mass**. Please remember that this session is for the **children accompanied by a Parent/Carer**. Thank you for making **child-care arrangements** well in advance, for any other children, so one Parent/Carer is able to attend with their son/daughter. Thank you, also, for arriving **promptly** for the start of the session at your Catechist Group entry/exit point at **7pm**.

CONFIRMATION 2024 - At **Session 3**, on **Monday 11th March**, the Confirmation Candidates will be reflecting on this year's '**Charity Project**'. Thank you for arriving promptly for the start of the session at **7.30pm**. Please remember that on **Saturday 16th March** the final two Catechist Groups will be making their **Faith-In-Action Visit** & on **Sunday 17th March** at **5.30pm** there is a **Confirmation Group Mass** which all the candidates should attend.

NEXT SUNDAY is the 17th March—St. Patrick's Day. Unfortunately it falls on a Sunday and the Sunday celebration takes precedence so there will be no formal celebration of St Patrick in church in the UK. Of course, for those of you who wish to, you can celebrate it in any way you wish elsewhere...Cheers!

ANOTHER JOB WELL DONE. We now have lighting bollards so as you come out of the north porch when it is dark so you can see your way. Another Health & Safety improvement.

HAVE YOU NOTICED that the figures on the "Rood" (The large crucifix and statues over the sanctuary) have been cleaned? They had not been dusted for 20+ years so they now look good.

CHILDREN READING AT 9.45 FAMILY MASS - If your child has made their First Holy Communion, they are **welcome to read at the 9.45 Family Mass**. If your child might be interested in reading, or your family might like to take responsibility for the readings once a month, please contact our 9.45am Family Mass Readers Coordinator, **Stephanie Brennan**, at sbrennan@ntworld.com.

REFERENCES - If you require a formal reference, for a job or voluntary work, or a passport signed from one of the Parish Team please ensure you contact them personally **before** providing their contact details to those requesting the reference.

SUPPORTING YOU WHILST IN HOSPITAL - If you, or a loved one, are heading to hospital and would like a little pastoral & sacramental support whilst you are there, please let us know so we can ensure this is provided. There is a Catholic Chaplain resident at Northwick Park Hospital.

READING AT 11.15AM SOLEMN MASS - Might you consider reading at the Solemn Mass? This ministry offers an opportunity both to reflect a little more attentively on the Word of God whilst also serving the community at Mass. The commitment would be no more than once a month. If you might consider helping, please contact Roger Nicklen, the 11.15am Readers Rota Coordinator, at r.nicklen@btinternet.com.

CALLING NEW CONFIRMATION CATECHISTS - Might you consider helping with our **Confirmation Preparation Programme in 2025?** This ministry offers an opportunity to serve the young people of the Parish, in Year 10 and above, as they prepare for this important moment in their life of faith. For those wishing to receive it, this also offers invaluable teaching experience. You would be helping to facilitate a Small Group with experienced Catechists. If you might consider helping next year please contact Peter, our Catechetical Coordinator, at peterkingsley@rcdow.org.uk. Thank you.

GIFT AID/PLANNED GIVING: If you are a standard tax payer and do not already have a gift aid in place, PLEASE consider completing a gift aid declaration. By gift aiding your donation, which must be made by planned giving envelope, bankers' order or cheque, you are increasing your donation by 25%. That means every £1 donated become £1.25. At the end of the financial year we can claim this 25% tax back from the Inland Revenue. This does not cost you anything extra because as a standard tax payer you have already paid this tax. 'Gift Aid/ Standing Order forms are available at the back of the church or please apply to the parish office'.

OVER 60'S GROUP: Meet every Tuesday at 1pm in the Bar/Café in the parish centre. Every Tuesday, apart from tea/coffee and cake and a friendly social gathering, they have a speaker on very useful informative topics. More details to follow on this Every first Tuesday of the month they will be holding a Keep Fit session in the hall. **ALL** are welcome.

AID TO THE CHURCH IN NEED—Our Lent Charity. There are envelopes available at the back of the church for you to give art any time. Just take one!

OUR CHURCH is cleaned and looked after by volunteer parishioners, so please help them to keep our church clean and welcoming. When Mass has concluded, please ensure that your seat area is left clean and tidy, ready for other parishioners coming to the next Mass. It's particularly helpful to lift the kneelers so they are not walked on and so others can get in and out of the benches easily. A waste bin is available for any rubbish in the entrance,

near to the card reader. Thank you for your assistance.

THE REPOSITORY now has items for sale: St Patrick's Day, Mothering Sunday, Easter. Why not take a look.

MINIBUS TO MASS since the advent of Covid we have not been able to continue this wonderful service to our elderly at the 11.15am Mass. This is largely because the 2 minibuses were stolen from the day centre and which has sadly now closed. We now have the possibility of the use of a new bus but quite naturally we need a team of drivers and helpers. Could you help? It may be a simple commitment just once a month. At this stage just speak to one of the parish team or even better, email us and let see if we can get this up and running again.

CHILDRENS LITURGY at the 9.45am Mass. If you have young children this is for them!

MUSIC at the 9.45am Mass and the 11.15am. Could you help with the singing or even playing a musical instrument at 9.45am We need your help...don't sit or stand on the side-lines in 2024!

ROSARY AT HOME If you'd like to be part of our prayer network, or know more please simply contact Cheryl on 07941002161.

EMPLOYMENT OPPORTUNITIES in various parishes and jobs working centrally for the Diocese are advertised weekly. You can view the current vacancies via this link: For further details: <https://jobs.rcdow.org.uk/>

WE ARE STILL ON THE LOOKOUT for anyone who might be a good counter of money. Each week our collection needs counting and bagging up. It takes time and a good deal of attention to make sure there are no discrepancies. Could you help? Let us know. The best way to do this is to drop us an email with all your details and which days you might be free. **THANK YOU TO THOSE WHO HAVE ALREADY OFFERED THEIR TIME ETC.**

RETROUVILLE - Do you need help in your marriage? Retrouville has helped many couples find new hope, nourishment and growth in their marriages. If you want to uncover or reawaken the love, trust and commitment that brought you together and work through difficult times in your marriage contact Retrouville confidential for more information about our 2024 programmes. There is no group therapy or group work. Our next programme commences with a weekend in Welwyn Garden City on 14-16 June 2024. Call or text 07887 296983 or 07973 380443, email retrouvilleukinfo@gmail.com - or visit www.retrouville.org.uk

BACH'S ST JOHN'S PASSION As part of its Lenten devotions, Westminster Cathedral Choir will perform J.S. Bach's St John Passion on Thursday 14th March at 7.30pm. Tickets (£45/35/20) are available via Ticketmaster. There is now a 30% discount for people from the parishes. The Cathedral Choir will be conducted by Simon Johnson, the Cathedral's Master of Music, accompanied by a Baroque orchestra and soloists James Gilchrist (as the Evangelist) and William Thomas (Christus). **There is a 30% discount to all parishioners.**

FOR RENT: One double bedroom available with access to all amenities, including transport and this church. Please telephone 07717124517.

DRIVING OUT OF THE CAR PARK. It would seem some people are cutting the corner on right (where once there was a tree, but no longer) over the verge which has now become a muddy mess. Please try to keep on the road!