SUNDAY READINGS & PRAYERS

Introit: ***Cf. Ps 80: 17***
He fed them with the finest wheat
and satisfied them with honey from the rock.

Collect
O God, who in this wonderful Sacrament
have left us a memorial of your Passion,
grant us, we pray,
so to revere the sacred mysteries of your Body and Blood
that we may always experience in ourselves
the fruits of your redemption.
Who live and reign with God the Father
in the unity of the Holy Spirit,
God, for ever and ever.

First reading: ***Genesis 14:18-20***

In those days: Melchizedek king of Salem brought out bread and wine. He was priest of God Most High. And he blessed Abram and said, 'Blessed be Abram by God Most High, Possessor of heaven and earth; and blessed be God Most High, who has delivered your enemies into your hand!' And Abram gave him a tenth of everything.

Responsorial Psalm: ***Ps 110(109)***

Response: ***You are a priest for ever, according to the order of Melchizedek.***

The LORD's revelation to my lord:
'Sit at my right hand,
until I make your foes your footstool.'

You are a priest for ever, according to the order of Melchizedek.

The LORD will send from Sion
your sceptre of power:
rule in the midst of your foes.

You are a priest for ever, according to the order of Melchizedek.

With you is princely rule
on the day of your power.
In holy splendour, from the womb before the dawn,
I have begotten you.

You are a priest for ever, according to the order of Melchizedek.

The LORD has sworn an oath he will not change:
'You are a priest for ever,
according to the order of Melchizedek.'

You are a priest for ever, according to the order of Melchizedek.

Second reading: **1 Corinthians 11:23-26**

Brothers and Sisters: I received from the Lord what I also delivered to you; that the Lord Jesus on the night when he was betrayed took bread, and when he had given thanks, he broke it, and said, 'This is my body, which is for you. Do this in remembrance of me.' In the same way also he took the cup, after supper, saying, 'This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.' For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

Sequence: ***Lauda, Sion***

Behold the bread of angels, sent
For pilgrims in their banishment,
The bread for God's true children meant,
That may not unto dogs be given:
Oft in the olden types foreshowed;
In Isaac on the altar bowed,
And in the ancient paschal food,
And in the manna sent from heaven.

Come then, good shepherd, bread divine,
Still show to us thy mercy sign;
Oh, feed us still, still keep us thine;
So may we see thy glories shine
In fields of immortality;

O thou, the wisest, mightiest, best,
Our present food, our future rest,
Come, make us each thy chosen guest,
Co-heirs of thine, and comrades blest
With saints whose dwelling is with thee.
Amen. Alleluia.

Gospel Acclamation: ***John 6:51***

Alleluia, alleluia.
I am the living bread that came down from heaven, says the Lord.
If anyone eats of this bread, he will live for ever.
Alleluia.

Gospel: ***Luke 9:11b-17***

At that time: Jesus spoke to the crowd of the kingdom of God and cured those who needed healing. Now the day began to wear away, and the Twelve came and said to him, 'Send the crowd away to go into the surrounding villages and countryside to find lodging and get provisions, for we are here in a desolate place.' But he said to them, 'You give them something to eat.' They said, 'We have no more than five loaves and two fish — unless we are to go and buy food for all these people.' For there were about five thousand men. And he said to his disciples, 'Make them sit down in groups of about fifty each.' And they did so, and made them all sit down. And taking the five loaves and the two fish, he looked up to heaven and said a blessing over them. Then he broke the loaves and gave them to the disciples to set before the crowd. And they all ate and were satisfied. And what was left over was picked up, twelve baskets of broken pieces.

Prayer over the Offerings
Grant your Church, O Lord, we pray,
the gifts of unity and peace,
whose signs are to be seen in mystery
in the offerings we here present.
Through Christ our Lord.

Communion Antiphon: ***Jn 6: 57***
Whoever eats my flesh and drinks my blood
remains in me and I in him, says the Lord.

Prayer after Communion
Grant, O Lord, we pray,
that we may delight for all eternity
in that share in your divine life,
which is foreshadowed in the present age
by our reception of your precious Body and Blood.
Who live and reign for ever and ever.

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ST. GEORGE'S CATHOLIC CHURCH, SUDBURY

Sunday 22nd June 2025

CORPUS CHRISTI (THE BODY & BLOOD OF CHRIST)

Welcome to all at Mass today and especially anyone who is new. Please take this Newsletter home with you. You may wish to share it with family and friends. This newsletter can also be found via our website. We ask God's blessing on you and your loved ones this week and know that we pray for you all each day.

Sunday Cycle
Readings Year C

Weekay Mass Readings
Volume 3 week 11, year 1

Divine Office
Week 4 week 11

For children, download a weekly sheet: http://www.sdc.me.uk/sundayliturgy/

Masses and Intentions THIS WEEK

Sun 22 June	**THE BODY AND BLOOD OF CHRIST** ***CORPUS CHRISTI***
6.15pm	Germaine Duffner Ints.
8.30am	Douglas Revi Stonehouse RIP
9.45am	Tom Kelly RIP, Dee Kelly Loader RIP
11.15am	Neill, Paddy & Sheila Cummins RIP
5.30pm	PEOPLE OF THE PARISH
Mon 23 June	**Feria**
9.30am	Randolph Clarke RIP
Tues 24 June	**THE NATIVITY OF S.JOHN THE BAPTIST**
9.30am	Conversion of Sinners
11:00am	FUNERAL Mass Robert (Bobby) Haney
Weds 25 June	**Feria**
9.30am	Fr. Anthony Meredith RIP
Thurs 26 June	**Feria**
9.30am	Fr Dan Daley & Fr Mike Guthrie Ints.
11.00am	FUNERAL MASS Marjory Hoareau RIP
Fri 27 June	**THE MOST SACRED HEART OF JESUS**
9.30am	Nellie & Bobby Graham RIP
Sat 28 June	**S.John Southworth**
9.30pm	Anthony Mitchell RIP
Sun 29 June	**Ss. PETER & PAUL**
6.15pm	Tom Carey RIP
8.30am	Henryka Beczko RIP
9.45am	Paul Turnbull RIP
11.15am	Noeleen Bell RIP
5.30pm	PEOPLE OF THE PARISH

TODAY'S MASS



The feeding of the 5,000 is the only one of Jesus' miracles to appear in all four Gospels. The passage is meant to remind us of two feedings in the Old Testament: the feeding of the Israelites in the desert and Elisha's feeding of 100 people with 20 loaves. It is also connected to the institution of the Eucharist. As in the Last Supper accounts in Matthew, Mark, and Luke and in Paul's account in 1 Corinthians 11:23-24, Jesus takes bread, looks up to heaven, blesses the bread, breaks it, and then gives it to the disciples. In using this exact language, Luke is reminding his readers that in this miracle Jesus is doing more than feeding hungry people as God did for the Israelites and the prophet Elisha did as well. The bread he gives is his body, which he will continue to give as often as the community breaks bread in remembrance of him in the Eucharist.

First Reading: ***Genesis 14:18-20***
Melchizedek, king of Salem, blessed Abram.

Responsorial Psalm: ***Ps. 110:1-4***
You are a priest forever, in the line of Melchizedek.

Second Reading: ***1 Corinthians 11:23-26***
As often as you eat this bread and drink this cup, you proclaim the death of the Lord until he comes.

Gospel Reading: ***Luke 9:11b-17***
They all ate and were satisfied.

SPIRITUAL QUOTE OF THE WEEK

"...In this world I cannot see the Most High Son of God with my own eyes, except for His Most Holy Body and Blood."
- St. Francis of Assisi

MAKING CONTACT AT ST. GEORGE'S

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Charity No: 233699
Email: sudbury@rcdow.org.uk Website: parish.rcdow.org.uk/sudbury

GOSPEL REFLECTION

DAILY MASS TIMES

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.
WEEKDAY MASS: Monday – Saturday 9.30am.
HOLYDAYS OF OBLIGATION: 9.30am, 8.00pm.
EUCHARISTIC ADORATION: Friday 9.00-9.30am, Saturday 5.15-6.00pm.
CONFESSIONS: Saturday 5.15pm -6.00pm. *and any time by appointment.*
DIVINE MERCY: Tuesday 10.30am.
ROSARY: Daily after Mass.

FOR YOUR PRAYERS

SICK & HOUSEBOUND: *Marie Rego, Eileen Kidd, Christopher Browne, Noel Gill, Dee Auriol, Allan Noronha, Fiona Power, Aaran Thayaparan, John, Shaun Scoon and Helen Jordan, Sean Marren, George Beel, Anne McShine-Jones, Marian Lynch, Shane & Paul, Martha Conway, Patrick, Gerry & Corrine Gilbert, Edward Granger, Catherine Corcoran, Ciara I, Mary O'Connell, Leslie De Lima, Paul Pereira, Nora Hunt, Mario, Maureen Chick*

RECENTLY BAPTISED: *Rocco Karaiskos*

RECENTLY DEPARTED: *Robert (Bobby) Haney, Marjory Hoareau , Philomena Rowan, Martin McDonagh, Michael Moran, Anne Neylon*

RECENTLY MARRIED:- *Jason Valadares & Stacie Saldanha*

ANNIVERSARIES OF THE DEPARTED: - *Tom Kelly, Fr Anthony Meredith, Nellie & Bobby Graham*

BLESSED SACRAMENT LAMP
In Memory Of Jimmy Bonner RIP

LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM
In Memory Of Peter Sng RIP

THE POPE'S INTENTIONS for June
That the world might grow in compassion
Let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his Heart, learn to have compassion on the world.



"Spend as much time as possible in front of the Blessed Sacrament and He will fill you with His strength and His power." -Mother Teresa

A Catholic commentator on the internet wrote this week about a visit to church with a Muslim friend. After a few moments the Muslim looked confused and dismayed. "Whatever is the matter?" asked the Christian. "I am puzzled", said the Muslim, "You told me that in that box above the altar is Jesus, but since we entered this church I have watched people walk backwards and forwards- chatting, doing jobs. And not one genuflected as you told me they would. In fact, if you don't mind me saying, they act as if there is nothing in that box at all. If I as a Muslim believed God was there, I would be crawling on my face and unable to breathe" The Catholic was embarrassed. The Muslim was right. There was little evidence of sincere devotion to the Sacrament. Nobody behaving as if in the presence of God himself.

Low standards, a lack of beauty and dignity, these things matter because they can so easily lead to a lowering of faith. It might sound odd but our body language and habits can shape our belief. You are what you pray. If we genuflect before the tabernacle and kneel before the host, -our bodies encourage humility and healthy devotion rather than the worship of selves with little reverence before the living supernatural God. The sort of healthy devotion the Muslim visitor had hoped to discover.

Today we gather round that altar, and we gather to give thanks for the Mass which lies at the heart of our common faith. The Mass is, and must ever be, our highest priority. But I wonder - do we appreciate it as we should? Does our attitude, body language and behaviour help foster healthy devotion? The following questions might serve as a barometer.

Firstly, do we prepare for Mass on our knees? Because spiritual preparation aids true and living faith. Are we eager to receive the Sacrament? Do we arrive in time to pray before Mass starts? So often we arrive late and chatter a little too much. So let's pledge to get here earlier, talking to God before Mass and our friends after Mass. A simple discipline to make the celebration of the Mass so much more meaningful.

Secondly, do we truly participate? St. Paul said: "Whoever eats the bread in an unworthy manner will be guilty of profaning the body of the Lord" We must not profane Jesus through lax attitude at Mass. Have we sinned? If so, first go to confession. Are we idly wandering up to communion? If so we must recall the reverence due. Let's take our spiritual life seriously – for only then will Mass make sense.

And do we participate actively at all times? Concentrating on what is being said? Singing with all our hearts and minds and souls? Do we use the time that the choir sings to pray earnestly? Do we approach the altar with due reverence? Do we genuflect before the host? For what we celebrate in church, must be practiced in our lives if we are to be transformed into the Body of Christ in the world.

So today let us thank God for the Mass. And let's pledge to start reflecting a more healthy devotion to the Sacrament both in our lives and in our worship. All this is so we may believe more clearly and firmly and put the fruits of this wonderful Sacrament into our lives.

NEWS UPDATE

WELCOME to all at Mass today and a big welcome to anyone who is new or a visitor.

ARE YOU NEW TO THE PARISH? It always helps us to get to know you and also your family if you register with us. We can then send you information about the parish and opportunities. Registration forms can be found at the back of Church

THE PARISH OFFICE HOURS will now be Monday—Friday 10.00am-2.00pm.

DATES FOR YOUR DIARY
The Sacred Heart of Jesus Friday 27th June
Ss. Peter and Paul Sunday 29th June

FUNERAL MASS of Robert (Bobby) Haney on Tuesday 24th June at 11am followed by burial in Alperton Cemetery. May he rest in peace.

FUNERAL MASS of Marjory Hoareau on Thursday 26th June at 11am followed by cremation at Breakspear Crematorium. May she rest in peace.

FUNERAL MASS of Philomena Rowan on Tuesday 1st July at 11.0am followed by burial in Northwood Cemetery. May she rest in peace.

FUNERAL MASS of Martin McDonagh on Friday 4th July at 12noon followed by burial in Luton. Reception into Church followed by Mass on Thursday 3rd July at 5.00pm. May he rest in peace.

FUNERAL MASS of Michael Moran on Tuesday 8th July at 11.00am followed by burial in St Mary's Cemetery. Reception into church on Monday 7th July at 5.00pm. May he rest in peace.

FUNERAL MASS of Anne Neylon on Thursday 10th July at 11.00am followed by burial in Greenford Cemetery. May she rest in peace.

ST GEORGE'S PRIMARY SCHOOL SUMMER FAIR - Saturday 5th July 2025. Raffle tickets on sale after all masses this weekend. All proceeds go towards the school PSA.

RETROUVAILLE helps couples find hope and healing for their marriage. Next live face to face weekend date: 20th – 22nd June. https://www.retrouvaille.org.uk Tel: 07887 296983

JUBILEE PILGRIMAGE to Poland following in the footsteps of Pope St. John Paul II. The dates set are 13th-18th October. Booking forms and the itinerary are now all available in the porch/church. April 1st was the initial date for completion, so if you would like to go, please get going! YOU NEED TO REGISTER NOW IF YOU WOULD LIKE TO TRAVEL.



O SACRED HEART: The month of June holds a special place in the hearts of many Christians as the month dedicated to the Most Sacred Heart of Jesus—a profound symbol of divine love, mercy, and compassion. Rooted in centuries of devotion, this sacred tradition invites the faithful to contemplate the boundless love of Christ, who gave his heart for the salvation of humanity. The image of the Sacred Heart, often depicted aflame and encircled with thorns, speaks to both the suffering and the passionate love of Jesus. It is a call to deeper intimacy with God, to trust in His mercy, and to respond with love and reparation for the wounds inflicted by sin.
Throughout June, many participate in special prayers, novenas, and acts of consecration, drawing closer to the heart that beats with eternal love. It is a time of renewal, healing, and grace—a reminder that no matter how distant we may feel, the heart of Jesus is always open, always welcoming.

HELP - the flower ladies need volunteers to join the Flower Team. No experience needed. Flowers are arranged every Friday morning after Mass. Meet in the Parish Hall; refreshments provided. Speak to Margaret or Lucy or just turn up if you can help!

CONFIRMATION 2025 - The 5.30pm Mass this Sunday is the **Confirmation Going-Forth Mass** at which the Newly-Confirmed will receive their **Confirmation Certificates.** Details will be provided in Autumn for those interested in joining our Confirmation Preparation Programme in 2026. If you might consider **helping our young people prepare for Confirmation next year** please contact our Catechetical Coordinator, Peter, at peterkingsley@rcdow.org.uk

FIRST HOLY COMMUNION ENROLMENT 2024-2025 - Children beginning **Year 3** who are **registered and regularly attending Mass at this Parish** are welcome to join our FHC Preparation Programme starting in September. **Enrolment Packs** will be available to collect from the back of church on **Sunday 6th July.** For further information please contact our Catechetical Coordinator, Peter, at peterkingsley@rcdow.org.uk.

SPONSORING THE BLESSED SACRAMENT LAMP & THE LAMP AT OUR LADY OF WALSINGHAM is a lovely thing to do for a departed loved one or a particular intention. There are some possibilities in the month of August. Please contact the Parish Office.

ST GEORGE'S will be hosting the St Edmund Campion Relic on Tuesday 8th July at 9:30am Mass. Thank you to the Knights of St Columba for this initiative.

ROSARY AT HOME If you'd like to be part of our prayer network, or know more, please simply contact Cheryl on 07941 002161

SUPPORTING YOU WHILST IN HOSPITAL - If you, or a loved one, are heading to hospital and would like a little pastoral & sacramental support whilst you are there, please let us know so we can ensure this is provided. There is a Catholic Chaplain resident at Northwick Park Hospital and a Mass celebrated in the hospital chapelk very Sunday afternoon.

PLANNED GIVING ENVELOPES The remainder of these are now in the Parish Office. If you didn't collect yours over the past weekends, that's where they'll be, so do come and collect yours as soon as possible.

THE OVER 60's CLUB Lots of people and great fun too! Why not join them? All over 60's welcome—just turn up on Tuesday in the Café/Bar in the Parish Centre at 1.00pm. Everyone welcome—and not just Catholics!

SYCAMORE is **an Informal course about the Catholic faith** and its relevance for life today. It provides a space to meet other people. share ideas and think about questions that really matter. Each session involves a short film and time for discussion. Sycamore is especially **helpful for those who are not yet Catholic but are interested in exploring this possibility. Session 5** of Sycamore is taking place **in the Café Bar** on **Thursday 3rd July at 7.30pm.**

LONDON CATHOLIC SOCIAL GROUP is a group for Catholic adults over 35 to meet for regular social and networking events in friendly and relaxed settings with the aim of making new friends, enjoying new experiences or just to socialise. Regular events include walks, meals, outings etc. Contact us on Facebook – 'London Catholic Social Group', Email:
- londonswcatholicsocial@gmail.com or Brendan Baker on WhatsApp 07425549408'.

