SUNDAY READINGS & PRAYERS

Entrance Antiphon
Blest be God the Father,
and the Only Begotten Son of God,
and also the Holy Spirit,
for he has shown us his merciful love.

Collect
God our Father, who by sending into the world
the Word of truth and the Spirit of sanctification
made known to the human race your wondrous mystery,
grant us, we pray, that in professing the true faith,
we may acknowledge the Trinity of eternal glory
and adore your Unity, powerful in majesty.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.

First reading: ***Exodus 34:4b-6, 8-9***

In those days: Moses rose early in the morning and went up on Mount Sinai, as the LORD had commanded him, and took in his hand two tablets of stone. The LORD descended in the cloud and stood with him there, and proclaimed the name of the LORD. The LORD passed before him and proclaimed, 'The LORD, the LORD, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness.'

And Moses quickly bowed his head towards the earth and worshipped. And he said, 'If now I have found favour in your sight, O Lord, please let the Lord go in the midst of us, for it is a stiff-necked people, and pardon our iniquity and our sin, and take us for your inheritance.'

Responsorial Psalm: ***Daniel 3:52-56***

Response: To be praised and highly exalted for ever!

Blessed are you, O Lord, the God of our ancestors.

To be praised and highly exalted for ever!

Blessed is your glorious and holy name,

To be praised and highly exalted for ever!

Blessed are you in the temple of your holy glory,

To be praised and highly exalted for ever!

Blessed are you on the throne of your kingdom,

To be praised and highly exalted for ever!

Blessed are you who look into the depths, seated upon the cherubim,

To be praised and highly exalted for ever!

Blessed are you in the firmament of heaven.

To be praised and highly exalted for ever!

Second reading: ***2 Corinthians 13:11-14***

Brothers and Sisters: Rejoice. Aim for restoration, comfort one another, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you. The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.

Gospel Acclamation: ***Cf. Revelation 1:8***
Allelula, allelula.
Glory be to the Father, and to the Son, and to the Holy Spirit,
the God who is and who was and who is to come.
Allelula.

Gospel: ***John 3:16-18***

For God so loved the world, that he gave his only begotten Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him. Whoever believes in him is not condemned, but whoever does not believe is condemned already, because he has not believed in the name of the only begotten Son of God.

Prayer over the Offerings
Sanctify by the invocation of your name,
we pray, O Lord our God,
this oblation of our service,
and by it make of us an eternal offering to you.
Through Christ our Lord.

Communion Antiphon: ***Gal 4: 6***
Since you are children of God,
God has sent into your hearts the Spirit of his Son,
the Spirit who cries out: Abba, Father.

Prayer after Communion
May receiving this Sacrament, O Lord our God,
bring us health of body and soul,
as we confess your eternal holy Trinity and undivided Unity.
Through Christ our Lord.

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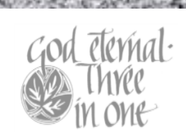
ST. GEORGE'S CATHOLIC CHURCH, SUDBURY

Sunday 31st May 2026

THE MOST HOLY TRINITY



Welcome to all at Mass today and especially anyone who is new. Please take this Newsletter home with you. You may wish to share it with family and friends. This Newsletter can also be found via our website. We ask God's blessing on you and your loved ones this week and know that we pray for you all each day.

Sunday Cycle
Readings Year A
Weekday Mass Readings
Ordinary TimeWeek 9
Divine Office ***Week 4***

For children,
download a weekly sheet:
http://www.sdc.me.uk/sundayliturgy/

Masses and Intentions THIS WEEK

Sun 31 May	**THE MOST HOLY TRINITY**
6.15pm *Sat Vigil*	PEOPLE OF THE PARISH
8.30am	Jack McLaughlin RIP
9.45am	Naty Valmoria Get Well Intentions
11.15am	Maria Doyle RIP
5:30pm	Kevin Duffey RIP
Mon 1 June	**S. Justin**
9:30am	Doran, Susan & Sarah Get Well Intentions
Tues 2 June	**Ss. Marcellinus & Peter**
9.30am	Ann Gallagher RIP
Weds 3 June	**S. Charles Lwanga & Comps**
9.30am	Reparation of Sinners
Thurs 4 June	**Feria**
9.30am	Lalitha Rajendram RIP
Fri 5 June	**S. Boniface**
9:30am	Marjory Hoareau RIP
Sat 6 June	**S. Norbert**
9:30am	Bhardwaj Family Intentions
11.00am	Confirmation Mass 1
3.00pm	Confirmation Mass 2
Sun 7 June	**CORPUS CHRISTI**
6.15pm *Sat Vigil*	PEOPLE OF THE PARISH
8.30am	Mary McLaughlin RIP
9.45am	Dee Kelly Loader RIP
11.15am	Paddy Sheedy Get Well Intentions
5:30pm	Ann Gallagher RIP

TODAY'S MASS



In the context of today's focus on the mystery of the Holy Trinity, the readings call our attention to the action of God, who reveals himself in three persons: God the Father, Jesus the Son, and the Holy Spirit.
God the Father, out of love for the world, sent his Son into the world in order to save it. Through the death and resurrection of the Son, we have been given the gift of the Holy Spirit. As three persons, God acts always as a God of love; he does not condemn the world but acts to save it.

First Reading: ***Exodus 34:4b-6,8-9***
Moses pleads for God's mercy on Mt. Sinai.

Responsorial Psalm: Daniel 3:52-56
We praise God who is exalted above all forever.

Second Reading: ***2 Corinthians 13:11-14***

Paul urges the Corinthians to live in peace with one another and with God.

Gospel Reading: ***John 3:16-18***
God sent his Son into the world to save the world.

SPIRITUAL QUOTE OF THE WEEK

O mystic marvel! The universal Father is one, and one the universal Word; and the Holy Spirit is one and the same Everywhere.
St Clement of Alexandria

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk
Assistant Priest: Fr Jude Avwata judeavwata@rcdow.org.uk
Catechetical Coordinator: Mr. Peter Kingsley peterkingsley@rcdow.org.uk
Secretary: Mrs. Mary Walsh sudbury@rcdow.org.uk
Director of Music: Mr. Scott Price scottprice@rcdow.org.uk
Safeguarding Rep: Hanna Gorgis sudburysg2@safeguardrcdow.org.uk
Tel 07751804978
Address: The Presbytery, 970 Harrow Road, Sudbury, Wembley, Middlesex, HA0 2QE
Telephone: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office/ SVP Information 3. Mgr Jeremy; 4. Fr Jude; 5. Catechetical Coordinator.
Charity No: 233699
Email: sudbury@rcdow.org.uk **Website:** parish.rcdow.org.uk/sudbury

GOSPEL REFLECTION

DAILY MASS TIMES

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.
WEEKDAY MASS: Monday – Saturday 9.30am.
HOLYDAYS OF OBLIGATION: 9.30am, 8.00pm.
EUCHARISTIC ADORATION: Friday 9.00-9.30am, Saturday 5.15-6.00pm.
CONFESSIONS: Saturday 5.15pm -6.00pm. *and any time by appointment.*
DIVINE MERCY: Tuesday 10.30am.
ROSARY: Daily after Mass.

FOR YOUR PRAYERS

SICK & HOUSEBOUND: *Marie Rego, Eileen Kidd, Dee Auriol, Christopher Browne, Fiona Power, John, Aaran Thayaparan, Shaun Scoon and Helen Jordan, Sean Marren, George Beel, Marian Lynch, Shane & Paul, Patrick, Gerry & Corrine Gilbert, Martha Conway, Edward Granger, Ciara I, Mary O'Connell, Leslie De Lima, Paul Pereira, Nora Hunt, Mario, Maureen Chick, Ramzan, Larry Sicat, Andras Nagy, Sheena Chambers, Tony Eivers*

RECENTLY BAPTISED: *Zephora Raffaele Azavedo*

RECENTLY DEPARTED:

RECENTLY MARRIED:- *Frazer & Pansy*

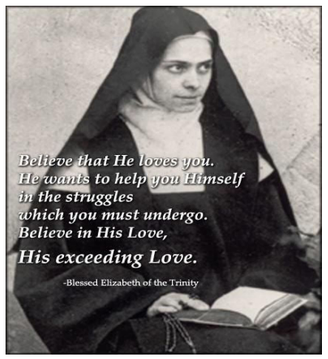
RECENTLY CONFIRMED:

ANNIVERSARIES OF THE DEPARTED: - *Marjory Hoareau (1st), Martin McDonagh (1st)*

BLESSED SACRAMENT LAMP
In Memory of Nimal Perera

LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM
In Memory of Marjory Hoareau

THE POPE'S INTENTIONS for June
For the value of sports
Let us pray that sports may be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth so the world might grow in compassion.



The mystery of the Trinity is the greatest in our Christian faith! Before such a mystery, we find ourselves helpless, because the one whom we cannot comprehend, is God, who has absolute power over us, and on whom we depend for our well-being. Each time that we try to understand the dynamism of the Trinity, we become perplexed and confused because we are entering into the inner life of God. In trying to understand this mystery, it is good to remember that mysteries are not meant to be understood, but to be lived with admiration and hope, and our attitude should be that of respect and fear.

The Bible does not explain the mystery of the Trinity, but glimpses of its nature come to us through the Christ-event. Jesus says that the one who has seen him has seen the Father and no one knows the Father except the Son and those to whom he chooses to reveal himself. Jesus has revealed God as one, but he is not alone; God is a community of three persons in harmonious relationship.

The Readings of today reveal God as love: *"a God of tenderness and compassion, slow to anger, rich in kindness and faithfulness"* (Ex 34:6). The Gospel reiterates, *"'God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life"* (John 3:16). The whole of salvation history and all the works of God manifest His great and abiding love: Creation is a sign of God's love because only love is creative; despite the unfaithfulness of humanity, God offers His unconditional love.

Love of God, first of all, finds expression in forgiveness. Moses prays to God, *"they are a headstrong people, but forgive us our faults and our sins"* (Ex 34:8). Justice would demand that we be punished severely for our iniquities. But God chooses to be 'unjust' with us by freeing us from the humiliation of condemnation! He does not take delight in punishing, but in saving. That which we believe as God's punishment, is only a reminder to bring us to our senses. He brings us to deep waters, not to drown us but to purify us. This forgiving nature of God is the core of Christian hope.

God's love for us does not depend upon our behaviour. God loves us, not because we are good, but because God is good. Our very existence is a sign of God's love. It is unconditional, whether we love Him or not. *"For He makes His sun rise on the evil and on the good, and sends rain on the righteous and on the unrighteous"* (Mt 5:45). The unconditional love of God proclaims that the greatest and best means of transformation is love. In dealing with persons of all categories, God has only one option: unconditional love because, while punishment induces fear, rejection brings forth hatred, indifference begets indifference, love brings forth love and transformation. There is no other means, so powerful as love to bring about changes, may it be in the life of an individual or in the history of a society. Hence in the concluding remarks to the Corinthians, St. Paul exhorts them to live in love in its manifold expressions: *"Agree with one another, live in peace, greet one another with a holy kiss, and the God of love and peace will be with you."* (2 Cor 13:11-12).

God's unconditional love for us is *the Good News*.

NEWS UPDATE



WELCOME to all at Mass today and a big welcome to anyone who is new or a visitor.

ARE YOU NEW TO THE PARISH? It always helps us to get to know you and also your family if you register with us. We can then send you information about the parish and opportunities. Registration forms can be found at the back of Church underneath the photo of Pope Leo.

THE PARISH OFFICE HOURS will now be Monday—Friday 10.00am-2.00pm. Outside these hours, **urgent** matters can be directed to the Presbytery.

PLEASE PRAY FOR our Confirmation Candidates who will receive the Sacrament on Saturday 6th June.

DATES FOR YOUR DIARY
Corpus Christi Sunday 7th June
The Sacred Heart of Jesus Friday 12th June
Ss. Peter and Paul Sunday 28th June

LEAD UP TO CORPUS CHRISTI There will be adoration of the Blessed Sacrament each morning from 9.00am to 9.30am. At the end of the 11.15am Mass on the Day of the Feast (7th June) there will be a Blessed Sacrament Procession.

A MASS FOR YOUR INTENTIONS is a beautiful and deeply meaningful spiritual gift. At the heart of the Mass, we bring our prayers to the Lord, whether for a loved one living or deceased, in thanksgiving, or for a special need, and we unite them with Jesus' perfect offering to the Father. Requesting a Mass intention is a powerful way to place what matters most to us into God's loving care. It is also a wonderfully practical way of supporting the mission and ministry of the Church, enabling Priests to continue their pastoral work and the Gospel to be proclaimed. The Mass offering recommended by the Diocese is £10, or whatever you can afford. Every intention is welcomed with prayer and gratitude, just contact the Parish Office for available dates. **However,** Masses at St George's are now fully booked until January 2027. If you would like a Mass to be sent away to the missions, please let us know. Masses are generally booked on a first come, first served basis. Thank you.

EXAMINATION TIME: We pray for our young people sitting their examinations at this time. If you are finding it a bit stressful - utilise your faith! Say a prayer, asking for the intercessions of Blessed Mary, Seat of all Wisdom, who unties knots! There is even a special saint for exams—St Joseph of Cupertino. You'll find prayers to him in a basket at the back of the church.

FIRST HOLY COMMUNION - The FHC Evaluation Session (for Parents/Carers only) takes place on **Tuesday 9th June at 7pm** followed by the **FHC Celebration Mass on Sunday 14th June at 9.45am** when all the children, who have made the FHC at the Parish this year, dress-up again in their FHC outfits to celebrate. **Might you like to help with the FHC Programme in 2026-27?** For further information, please contact our **Catechetical Coordinator, Peter Kingsley, at peterkingsley@rcdow.org.uk.**

READING AT 9.45 FAMILY MASS - If your child has made their First Holy Communion, they are **welcome to read at the 9.45 Family Mass.** If your child is interested in reading, or your family might consider taking responsibility for the readings at the Family Mass once a month, please contact our 9.45am Family Mass Readers Coordinator, **Roann Etan**, at **roann.etan@gmail.com** for further information.

CONFIRMATION 2025 - Rehearsals for the **Confirmation Masses** taking place at the Parish on **Saturday 6th June** take place on **Monday 1st & Thursday 4th June at 7.30pm.** Candidates are requested to **arrive in good time** for their **allocated rehearsal** with their **Sponsor** (if practical) **& a Parent/Carer.** Full details will be provided to Parents/Carers this coming week via email. If you require further information please do not hesitate to contact our Catechetical Coordinator, Peter, at peterkingsley@rcdow.org.uk

BAPTISM PREPARATION - Baptism Preparation sessions at the Parish provide **essential** formation for Parents/Carers as they prepare for this important Sacrament. If you are expecting a baby, or would like your baby baptised, please **pick up a Baptism Pack** from the **Parish Office.** To attend our next **Baptism Preparation** you will need to **complete** the **Baptism Application Form** (in the Pack) & **return it to the Parish Office by Monday 1st June 2026.**

CALLING NEW CATECHISTS & HELPERS - We are delighted when new people come forward wishing to help with our **First Holy Communion** & **Confirmation Programmes.** These Programmes are fruitful thanks to the generous help of **volunteers from the Parish.** Might you consider **offering to help serve our children & young people** alongside a group of experienced Catechists? For further information, or to meet to speak about opportunities for helping in other ways at the Parish, please contact Peter, our Catechetical Coordinator, at peterkingsley@rcdow.org.uk

PRIEST TRAINING FUND — THANK YOU! Thank you for your generosity to the Priest Training Fund collection. We have raised £2,403 so far, which is a wonderfully generous amount to forward to the Diocese. The collection is still open and envelopes are available in the pews and at the back of the church. You can also donate using the QR code on the poster in the porch. Please continue to pray for vocations to the priesthood and for those men who have offered themselves for formation and are in training at this time. If you think you might have a vocation, or just want to know more, please speak with Mgr Jeremy or Fr Jude.

INTERESTED IN BECOMING A CHRISTIAN OR JUST DISCOVERING MORE? If you are interested in becoming a Christian we would be delighted to accompany you on this journey. Please **speak to one of the clergy** or **email our Catechetical Coordinator**, Peter, at **peterkingsley@rcdow.org.uk**, so we can provide further information. If you were baptised but have not yet received the gifts of the Holy Spirit in confirmation we would also be happy to support you on this journey.

ST GEORGE'S PRIMARY SCHOOL SUMMER FAIR - Saturday 4th July 2026. Raffle tickets on sale after all masses on the weekend of the 20th and 21st June 2026. All proceeds go towards the school PSA.

SPONSORING THE BLESSED SACRAMENT LAMP & THE LAMP AT OUR LADY OF WALSINGHAM is a lovely thing to do for a departed loved one or a particular intention. There are some possibilities in the month of July. Please contact the Parish Office.

WHAT A GENEROUS SCHOOL & PARISH! GOOD NEWS - LET THE CHILDREN LIVE! was our Lent charity and we are delighted to advise we have raised £10,887 so far! This sum is made up of £3,156 raised by our Confirmation Candidates on their Sponsored Walk and £7,731 raised from Lent Appeal boxes (parishioners & children at St George's School) and collection. Please know that it's not too late to return your box (we gave out 400 of these so many of them must be still sitting at home!). Above all –**thank you for your generosity.**

SVP BINGO NIGHT - Saturday 4th July at 7:30pm. Parish Centre. Cash prizes. Raffle. Tea and coffee. £10 per book. All proceeds go towards the work of the Society of St Vincent de Paul.

THE KNIGHTS of St COLUMBA have organised a tour of the **relics of St Edmund Campion** to England. St Edmund was a famous Jesuit at the time of the persecution of Catholics in England during the reformation and beyond. He was eventually martyred for his Catholic faith. His relics will come to St George's on **TUESDAY 7th JULY** at 9:30am Mass. Thank you to the Knights of St Columba for this initiative.

CHURCH CANDLES must always be placed on a candle stand (and NOT beside a particular statue on the wood) as this poses a fire risk. Please ONLY use candles that are supplied in the church.

WESTMINSTER DIOCESAN PILGRIMAGE TO LOURDES 17th – 24th July 2026. Registration is now open at https://pilgrimages.rcdow.org.uk/registrationform/ or via the Pilgrimage Office on 0207 798 9173. If you would like to sponsor or fundraise for an Assisted Pilgrim, member of the medical team or volunteer then please also contact the Pilgrimage Office for further details.

THE DIVINE MERCY APOSTOLATE, London is holding a First Saturday Divine Mercy Recollection Day at the Shrine of Our Lady of Walsingham, on Saturday 6th June 2026 from 10:30am to 4:30pm. The Recollection Day will include Holy Mass, Talk, Hour of Mercy with Benediction and Veneration of the Image of Merciful Jesus. All welcome. Please call Millie on 07957594646 for more information. Coaches from Slough, Ealing Broadway, North London, Barking and Victoria.

ST MICHAEL'S CATHOLIC GRAMMAR SCHOOL - Open Evening - Wednesday 24 June 2026 – Please refer to the school website for further details St Michael's Admissions 2027-28.