

LITURGY, CONFESSION & MASS TIMES

Sunday 29th March 2026 6th SUNDAY OF LENT

PALM SUNDAY OF THE PASSION OF THE LORD

Isaiah 50:4-7, Philippians 2:6-11, Matthew 26:14-27:66 (page 17)

Mass 11:00am Pro-Populo

NO EVENING MASS

Mon 30th March 2026 – MONDAY OF HOLY WEEK

Mass 9:30 am –Pro-Populo

Tues 31st March 2026 – TUESDAY OF HOLY WEEK

NO 9:30AM MASS

CHRISM MASS 12pm – At Westminster Cathedral-

Wed 1st April 2026 – WEDNESDAY OF HOLY WEEK

Mass 9:30 am – Pro-Populo

CONFESSION UPON REQUEST

SACRED TRIDUUM

**Thursd 2nd April 2026 –THURSDAY OF THE LORD’S SUPPER
(MAUNDY THURSDAY)**

Mass 7pm – Celebrant intentions

There will be a watching at the Altar of Repose in the Church, ending with Compline at 9:30pm

Fri 3rd April 2026 –GOOD FRIDAY

10am– **STATION OF THE CROSS**

3pm– **SOLEMN CELEBRATION OF THE LORD’S PASSION**

Sat 4th April 2026 – HOLY SATURDAY

Mass 8:30pm –**EASTER VIGIL MASS**

EASTERTIDE

Sunday 5th April 2026 – THE EASTER SUNDAY OF THE RESURRECTION

Mass 11am – Pro-populo

NO EVENING MASS

Office hours: Tuesday – Thursday 10am–3pm.

Phone: (020) 7272 3415

Email: tollingtonpark@rcdow.org.uk

Parish Priest: Fr Moses Enehizena CSSp

Assistant Priests: Fr Augustine I. Katuka CSSp and Fr Martin Goba CSSp

Parish Administrator & Bookkeeper: Helen Lebab

Parish Safeguarding Reps: Adetoun Carew & Lorraine McAteer

Safeguarding Email: tollingtonparksg@safeguardrcdow.org.uk / Westminster Roman Catholic

Minors MUST NOT go to the toilet or go outside the church during Mass unaccompanied.

Vulnerable people MUST be accompanied in church.

Registered charity number 233699

CHURCH OPENING TIME:

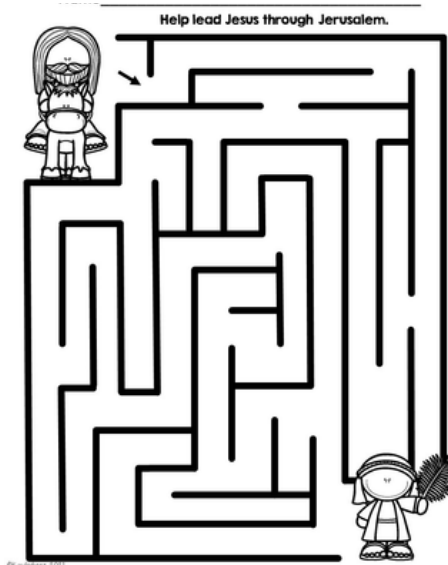
Mon–Wed & Fri 8.30am–5.30pm;

Sat 9.30am–11.30am, 5.30pm–7.30pm;

Sun 10am–12.30pm, 5.30pm–7.30pm.

CONFESSIONS:

SAT 10.30–11AM & UPON REQUEST.



We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



Saint Mellitus

Roman Catholic Parish – Archdiocese of Westminster

Palm Sunday of the Passion of the Lord 29th March 2026



Served by Spiritans fathers



**BLESSED IS HE WHO COMES IN THE NAME OF THE LORD
HOSANNA IN THE HIGHEST!**

Today we recall the entry of Jesus into Jerusalem and we hear again the story of the Passion. But as we stand in church waving our palms and reading our Mass books, we have to be aware that we are doing more than just re-reading a two thousand year old story. What point is there in simply remembering a sequence of events? There is only a point in remembering Jesus' Passion if it truly impacts on our twenty first century lives.

We don't need to have been around at the time to imagine how it must have felt to be a part of the crowd that greeted Jesus as he rode into Jerusalem. We know what it's like to be swept along with a crowd. We know how we can be brave as part of a crowd... infallible even. We remember the crowd that supported Jesus so enthusiastically at the beginning of the week and how it mysteriously melted away by the end, to be replaced by a different crowd shouting for his crucifixion. Are we any better than those original supporters? Can we stand up for Jesus as individuals when the going gets tough?

We remember Jesus' journey from Palm Sunday to Good Friday. We remember that it's a journey he made with no hint of compromise. How easy it would have been for Jesus to have bypassed Jerusalem altogether, but what would have been the point of that for us two thousand years on. There is no room in Christianity for compromise.

We remember the death of Jesus as a supreme act of love. Jesus taught that we were worth all that pain and suffering. Do we leave the church today simply to catch up with our Facebook accounts and enjoy our Sunday lunch, or do we consider how we should live our lives from this day on knowing that Jesus considered us worth his ultimate sacrifice?



PARISH NEWS

SACRAMENTAL PREPARATION

BAPTISM: To book a Baptism for your child, PLEASE speak to any of the priests after Mass. For an application form, please collect it from the parish office.

FIRST HOLY COMMUNION: Classes are currently taking place on Sundays at the 11 am Mass.

CONFIRMATION 2026: Classes are currently taking place on Fridays at 5 pm in the Church.

MARRIAGE PREPARATION: If you are planning to marry here or elsewhere, at least 6 months' notice is required, and you MUST contact a priest to register for a preparation course. Please speak to any of the priests after Mass.

FINANCE, giving by standing order:

Would you consider gifting your offering by Standing Order?

If so, the payment details are: **HSBC Bank** plc A/C

Name: **WRCDT**

Tollington Park: Sort Code: **40-05-20** & A/C No: **21264869**

Gift Aid / Donating to the Parish: If you are a UK Tax Payer and would like to support our Church with Gift Aid, details can be found via here:

<https://parish.rcdow.org.uk/tollingtonpark/donate/>.

Thank you for **ALL** your support.

WEEK ENDING SAT/SUN 22TH MARCH

LOOSE - £222-

ENVELOPES - £240-00

CANDLES - £46-29

LENTEN APPEAL -£100

SICK & HOUSEBOUND: Clergy and other ministers of Holy Communion are able and willing to visit those who are housebound. Please speak to any of the fathers or contact the parish office if in need.

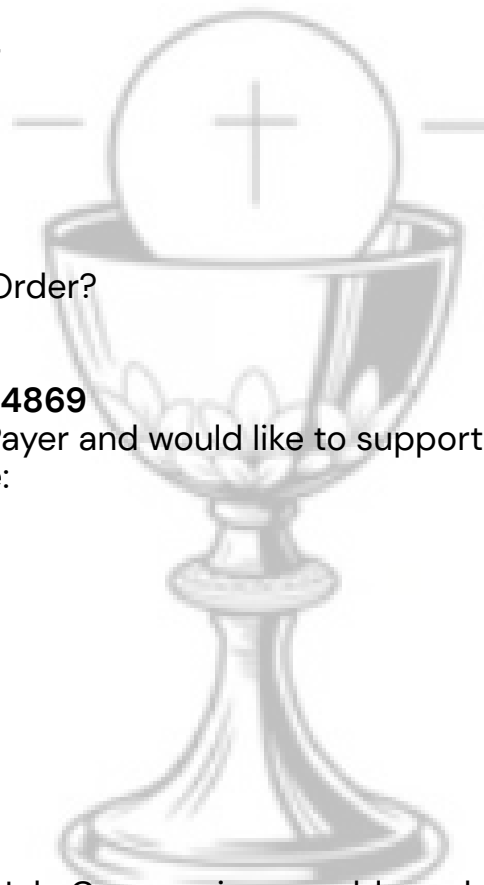
COMBONI SISTERS APPEAL: We continue to keep raising more donations. Coin bags are left at the porch of the Church. Thank you for all your support & generosity

LENTEN APPEAL 2026 :Because we are formed in faith, we are sent in love." Our annual Lenten Appeal across the Diocese supports one shared mission: helping people encounter Christ and live that faith in love and service. Through Education, Youth & Evangelisation, and Marriage & Family Life, the diocese forms hearts, nurtures faith, and strengthens families within our parishes. Through Social Action, that formed faith reaches outward, ensuring that no one in our communities faces life's hardest moments alone. Your generous support this Lent will enable the Church to continue walking with people at every stage of life and be a visible sign of Christ's love, both within our parishes and among our neighbours. Envelopes are available in church. Thank you for your support and for helping our diocesan family to continue this vital work. Thank you for your generosity. To donate online:

<https://rcdow.org.uk/lentenappeal/>

PLEASE PRAY FOR SICK AND THE HOUSEBOUND:

All of our sick and housebound parishioners, all in care homes, hospitals and hospices. To all those whose anniversaries occur at this time.



LMO SPRING CONCERT TONIGHT 29TH MARCH AT 7PM

Its still not to late to purchase the ticket please see the poster in the porch of the Church for ticket costs

EASTER TRIDUUM

The term triduum means 'three days.' The three days are counted as the Hebrews counted their days, from dusk to dusk. Therefore, the three days of the Easter triduum are from dusk on Holy Thursday to dusk on Good Friday (day one), dusk on Good Friday to dusk on Holy Saturday (day two), and dusk on Holy Saturday to dusk on Easter Sunday (day three). Each of those days 'tells' a different part of the story of Jesus' saving action. We look at the East Triduum as on single celebration that lasts for three days. We cannot separate the death of Jesus from his resurrection. We do not spend all of the three days in church, but at various times during those days, we are called to church to gather and remember together. Because the Triduum tells an ongoing story, try if you can to make all the services.

MAUNDY THURSDAY 2ND APRIL

Anyone interested in volunteering for Maundy Thursday on April 2 is invited to sign up. A sign-up sheet will be available at the porch where you can leave your name and contact details

STATIONS OF THE CROSS PUBLIC WITNESS, SATURDAY 4TH APRIL 12-3PM

London Catholic Worker (in collaboration with Pax Christi England and Wales, Christian Climate Action and Christians for Palestine) will be holding a public Stations of the Cross Witness in central London on Holy Saturday 12-3pm. All are welcome to join as we pray outside sites of violence (from oil and gas companies, arms manufacturers, to government buildings). We will meet outside the Home Office (SW1P 4DF) at 11:45am to leave at 12pm. It will last approximately 3 hours (including a lunch break in the middle). All are welcome!

HOLY PLACES COLLECTION

In most Catholic parishes around the world, a Good Friday Collection will be taken up to aid Christian parishes and their outreaches in the Holy Land. This initiative has been an annual tradition in the Church since its institution by Blessed Pope Paul VI. According to Paul VI, the collection was created "not only for the Holy Places but above all for those pastoral, charitable, educational, and social works which the Church supports in the Holy Land for the welfare of their Christian brethren and of the local communities."

FASTING AND ABSTINENCE

Ash Wednesday and Good Friday are observed as days of fast and abstinence. Fasting means that the amount of food we eat is considerably reduced. Abstinence means that we give up a particular kind of food or drink or form of amusement

PEACE ACTIONS FOR APRIL

Offer an elderly or less mobile neighbour a lift to one or all of the services during Holy Week.

If you are buying chocolate for the children over Easter, look out for the Fairtrade label wherever possible.

VOCATIONS WEEKEND FOR WOMEN (20S AND 30S)

-DISCERNING GOD'S CALL IN YOUR LIFE
15TH - 17TH MAY, LIVERPOOL

The weekend is organised by the Sisters, Faithful Companions of Jesus (FCJ).

Jesus invites each of us to 'Come and See' This weekend will give the opportunity to explore the vocation to religious life and to reflect on God's call to you.

If you are wondering if God is calling you to religious life and would like to find out more why not come along?

There will be opportunity for prayer, reflection and input, chance to live alongside the religious community and

to ask questions and to meet others who are also wondering where God is calling them.

For more information contact

Sr Lynne fcJ at fcjvocationeurope@gmail.com

or visit our website www.fcjsisters.org

To register:

<https://bit.ly/Vocation2026>

POPE LEO'S INTENSION APRIL 2026



This April, we're invited to hold in prayer all priests who find themselves in moments of struggle or uncertainty.

Even the most dedicated church and parish leaders can face times when their vocation feels heavy or unclear. In those times, what they need most is gentle accompaniment — people who listen without judgement and communities that offer patience, warmth, and support.

Let's remember that priests have the same pressures and emotions as everyone else. May our kindness help them rediscover strength, hope, and the joy of their calling. We are invited to join Pope Leo's prayer intention, "That priests going through moments of crisis in their vocation, that they may find the accompaniment they need and that communities may support them with understanding and prayer."