

# THE EMMAUS MASS SHEET

## 5th SUNDAY IN ORDINARY TIME (C) 6th February 2022

Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.

*The Priest concludes the Eucharistic Prayer  
saying alone:*

Through him, and with him, and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever.

*The people acclaim: Amen.*

### The Communion Rite

*Stand*

*The Priest invites all to join in the Lord's Prayer:*

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

*The Priest continues alone:*

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.  
**For the kingdom,  
the power and the glory are yours  
now and for ever.**

*The Priest says:*

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever.  
**Amen.**

The peace of the Lord be with you always.  
**And with your spirit.**

*The Deacon, or the Priest, adds:*

Let us offer each other the sign of peace.  
*All then make an appropriate sign of peace.*

*The Priest takes the host and breaks it.  
Meanwhile the people say or sing:*

**Lamb of God, you take away the sins of the world,  
have mercy on us.  
Lamb of God, you take away the sins of the world,  
have mercy on us.  
Lamb of God, you take away the sins of the world,  
grant us peace.** *Kneel*

*The Priest shows the host to the people and says:*  
Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper  
of the Lamb.

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

*The Priest or other minister says to each  
communicant:*

The Body [Blood] of Christ.  
*Each communicant answers: Amen.*

### Communion Antiphon

Cf. Ps 106:8-9

**Let them thank the Lord for his mercy,  
his wonders for the children of men  
for he satisfies the thirsty soul,  
and the hungry he fills with good things.**

*After the distribution of Holy Communion a  
sacred silence may be observed or a psalm,  
hymn or canticle of praise may be sung.*

### Prayer after Communion

*Stand*

O God, who have willed that we be partakers  
in the one Bread and the one Chalice,  
grant us, we pray, so to live  
that, made one in Christ,  
we may joyfully bear fruit  
for the salvation of the world.  
Through Christ our Lord.  
**Amen.**

### THE CONCLUDING RITES

*Announcements may be made. Then:*

*Priest:* The Lord be with you.  
*All:* **And with your spirit.**

May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.  
**Amen.**

*Then the Deacon, or the Priest, says:*

Go forth, the Mass is ended. *Or:*  
Go and announce the Gospel of the Lord. *Or:*  
Go in peace, glorifying the Lord by your life. *Or:*  
Go in peace.  
**Thanks be to God.**



THE  
CATHOLIC  
PRINTING  
COMPANY OF FARNWORTH®  
www.catholicprint.co.uk  
0161 873 7457

Excerpts from the English translation of  
The Roman Missal © 2010 International  
Commission on English in the Liturgy  
Corporation. All rights reserved.  
The Psalms: A New Translation © 1963 The Grail  
(England) published by Harper Collins.  
Excerpt from THE JERUSALEM BIBLE, copy-  
right (c) 1966 by Darton, Longman & Todd, Ltd.  
and Doubleday, a division of Random House, Inc.  
Reprinted by Permission.  
Text taken from 'Jerusalem Mass Sheet' with con-  
cordat cum originali and imprimatur.  
Permission granted for distribution in Scotland.

### THE INTRODUCTORY RITES

**Entrance Antiphon** or a hymn.

*Stand*  
Ps 94:6-7

**O come, let us worship God  
and bow low before the God who made us,  
for he is the Lord our God.**

*All make the Sign of the Cross as the Priest says:*  
In the name of the Father, and of the Son,  
and of the Holy Spirit. **Amen.**

### Greeting

*The Priest greets the people, saying:*

The grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.

*Or:*

Grace to you and peace from God our Father  
and the Lord Jesus Christ.

*Or:*

The Lord be with you.

*The people reply:*  
**And with your spirit.**

*The Mass of the day may be introduced.*

### Penitential Act

*The Priest invites the faithful to repentance  
followed, after a brief pause, by one of the  
Penitential Acts:*

**I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,**

*And, striking their breast, they say:*

**through my fault, through my fault,  
through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.**

*Or:*

Have mercy on us, O Lord.  
**For we have sinned against you.**  
Show us, O Lord, your mercy.  
**And grant us your salvation.**

*Or:*

You were sent to heal the contrite of heart:  
Lord, have mercy. *Or:* Kyrie, eleison.  
**Lord, have mercy. Or: Kyrie, eleison.**

You came to call sinners:  
Christ, have mercy. *Or:* Christe, eleison.  
**Christ, have mercy. Or: Christe, eleison.**

You are seated at the right hand of the  
Father to intercede for us:  
Lord, have mercy. *Or:* Kyrie, eleison.  
**Lord, have mercy. Or: Kyrie, eleison.**

*The absolution by the Priest follows.*

*The people reply: Amen.*

*If the 'Kyrie, eleison' has not been said or sung,  
it is said or sung now.*

### The Gloria

**Glory to God in the highest,  
and on earth peace to people of good will.**

**We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

### The Collect

Keep your family safe, O Lord, with unfailing care,  
that, relying solely on the hope of heavenly grace,  
they may be defended always by your protection.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the  
Holy Spirit,  
God, for ever and ever.  
**Amen.** *Sit*

### THE LITURGY OF THE WORD

#### First Reading

A reading from the prophet Isaiah 6:1-8

In the year of King Uzziah's death I saw the  
Lord seated on a high throne; his train filled the  
sanctuary; above him stood seraphs, each one  
with six wings.

And they cried out one to another in this way,  
'Holy, holy, holy is the Lord of hosts.  
His glory fills the whole earth.'

The foundations of the threshold shook with the  
voice of the one who cried out, and the Temple

was filled with smoke. I said:

‘What a wretched state I am in! I am lost,  
for I am a man of unclean lips  
and I live among a people of unclean lips,  
and my eyes have looked at the King,  
the Lord of hosts.’

Then one of the seraphs flew to me, holding in  
his hand a live coal which he had taken from the  
altar with a pair of tongs. With this he touched  
my mouth and said:

‘See now, this has touched your lips,  
your sin is taken away,  
your iniquity is purged.’

Then I heard the voice of the Lord saying:

‘Whom shall I send?  
Who will be our messenger?’

I answered, ‘Here I am, send me.’

The word of the Lord.  
**Thanks be to God.**

**Psalm** Ps. 137:1-5.7-8.R.v1

**R) Before the angels I will bless you, O Lord.**

I thank you, Lord, with all my heart,  
you have heard the words of my mouth.  
Before the angels I will bless you.  
I will adore before your holy temple. **(R)**

I thank you for your faithfulness and love  
which excel all we ever knew of you.  
On the day I called, you answered;  
you increased the strength of my soul. **(R)**

All earth’s kings shall thank you  
when they hear the words of your mouth.  
They shall sing of the Lord’s ways:  
‘How great is the glory of the Lord!’ **(R)**

You stretch out your hand and save me,  
your hand will do all things for me.  
Your love, O Lord, is eternal,  
discard not the work of your hand. **(R)**

**Second Reading**

A reading from the first letter of St Paul 15:1-11  
to the Corinthians

*For shorter form, read between brackets [ ]*

Brothers, I want to remind you of the gospel I  
preached to you, the gospel that you received  
and in which you are firmly established; because  
the gospel will save you only if you keep  
believing exactly what I preached to you —  
believing anything else will not lead to anything.

Well then, [in the first place, I taught you what  
I had been taught myself, namely that Christ  
died for our sins, in accordance with the  
scriptures; that he was buried; and that he was  
raised to life on the third day, in accordance with  
the scriptures; that he appeared first to Cephas  
and secondly to the Twelve. Next he appeared  
to more than five hundred of the brothers at the

same time, most of whom are still alive, though  
some have died; then he appeared to James,  
and then to all the apostles; and last of all he  
appeared to me too; it was as though I was born  
when no one expected it.]

I am the least of the apostles; in fact, since I  
persecuted the Church of God, I hardly deserve  
the name apostle; but by God’s grace that is  
what I am, and the grace that he gave me has  
not been fruitless. On the contrary, I, or rather  
the grace of God that is with me, have worked  
harder than any of the others; [but what matters  
is that I preach what they preach, and this is  
what you all believed.]

The word of the Lord.  
**Thanks be to God.**

**Gospel Acclamation** *Stand*  
**Alleluia, alleluia!** Jn 15:15  
**I call you friends, says the Lord,  
because I have made known to you  
everything I have learnt from my Father.  
Alleluia!**

**Gospel** Luke 5:1-11  
The Lord be with you.  
**And with your spirit.**  
A reading from the holy Gospel according to Luke.  
**Glory to you, O Lord.**

Jesus was standing one day by the lake of  
Gennesaret, with the crowd pressing round him  
listening to the word of God, when he caught sight  
of two boats close to the bank. The fishermen had  
gone out of them and were washing their nets. He  
got into one of the boats — it was Simon’s — and  
asked him to put out a little from the shore. Then  
he sat down and taught the crowds from the boat.

When he had finished speaking he said to  
Simon, ‘Put out into deep water and pay out your  
nets for a catch.’ ‘Master,’ Simon replied ‘we  
worked hard all night long and caught nothing, but  
if you say so, I will pay out the nets.’ And when  
they had done this they netted such a huge  
number of fish that their nets began to tear, so  
they signalled to their companions in the other  
boats to come and help them; when these came,  
they filled the two boats to sinking point.

When Simon Peter saw this he fell at the knees  
of Jesus saying, ‘Leave me, Lord; I am a sinful  
man.’ For he and all his companions were  
completely overcome by the catch they had  
made; so also were James and John, sons of  
Zebedee, who were Simon’s partners. But Jesus  
said to Simon, ‘Do not be afraid; from now on it is  
men you will catch.’ Then, bringing their boats  
back to land, they left everything and followed  
him.

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

**The Homily** *Sit*

**The Nicene Creed** *Stand*  
**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit  
was incarnate of the Virgin Mary,  
and became man.**

*All bow*  
**For our sake he was crucified under  
Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored  
and glorified,  
who has spoken through the prophets.**

**I believe in one, holy, catholic and  
apostolic Church.  
I confess one Baptism for the forgiveness  
of sins  
and I look forward to the resurrection of  
the dead  
and the life of the world to come. Amen.**

*Or:*  
**The Apostles’ Creed** *All bow*  
**I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the  
Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God  
the Father almighty;  
from there he will come to judge the  
living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.**

*Stand* **The Prayer of the Faithful**  
*Response example:* Lord, in your mercy.  
**Hear our prayer.**

*After the concluding prayer all say: Amen. Sit*  
**THE LITURGY OF THE EUCHARIST**

*The offerings are brought to the altar.  
A hymn may be sung.*

*If the Priest says the two prayers of offering  
aloud the response both times is:*

**Blessed be God for ever.**

*The Priest completes additional personal  
preparatory rites, and the people rise as he says:*

Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

*The people reply:*

**May the Lord accept the sacrifice  
at your hands  
for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

**Prayer over the Offerings**

O Lord our God,  
who once established these created things  
to sustain us in our frailty,  
grant, we pray,  
that they may become for us now  
the Sacrament of eternal life.  
Through Christ our Lord.  
**Amen.**

**The Eucharistic Prayer**

The Lord be with you.  
**And with your spirit.**  
Lift up your hearts.  
**We lift them up to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right and just.**

*The Priest continues with the Preface and  
concludes with the people, singing or saying aloud:*

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of  
the Lord.  
Hosanna in the highest. *Kneel***

*The Eucharistic Prayer continues until the priest  
says:*

The mystery of faith.  
*And the people continue, acclaiming one of the  
following:*

**We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

*Or:*  
**When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

*Or:*