CALLED TO SERVE THE SICK

Sickness and the pain of illness are part of our lives. It could be the actual pain; or the frustration of not being able to do what we used to do; or the experience of having to rely on other people.

The theme for this year's 33rd World Day of the Sick, chosen by Pope Francis is "*Hope does not disappoint*" *(Rm 5:5) but strengthens us in times of trial*. The Pope reminds us that God remains close to those who are suffering in three particular ways: through *encounter, gift and sharing*. That is, to see our suffering as an opportunity to meet the Lord. To be aware that hope comes from the Lord. And, places of suffering are places where we learn to hope, to have faith, to discover love.

Support:

Mass with Anointing of the Sick: Tuesday 8th April at 11.00am. Followed by soup and rolls. [This Mass is for everyone especially the sick and elderly]

- During Lent Fr. Anthony will be visiting the sick and housebound. If you, or if you know of anyone who is in need of a visit, please contact Fr. Anthony or the Parish Office [020 8904 6031].
- If you are a carer looking after family suffering with Dementia [including Alzheimer's] the Wembley Dementia Carers Support Group meets in the Parish Hall and on line. For further information please contact Frank Arrojo on 07867 903917 (email frankj.arrojo@gmail.com).
- ***In case you are admitted to hospital…..***

In the light of data protection please indicate **on entering hospital** that your details are to be passed to the RC Chaplain. Also state that you would like the RC Chaplain to visit you.

CONTACTING THE CHAPLAINCY

Sunday-Friday: 8.00am-4.00pm 020 8967 5130

To leave a voicemail, please include patient's name, religion and the ward when available on hand or email: LNWH-TR.CHAPLAINCY@NHS.NET

PRAYER



Through prayer we show our need of God, and that we believe in His power. Prayer means saying: "I am not self-sufficient, I need you, You are my life and my salvation." When praying we present ourselves before God, who knows our needs and is full of love towards us, and our relationship with Him [and with one another] grows.

Weekday Masses: Monday, Tuesday, and Wednesday 9.30am. Friday: 9.30am and 7.00pm.

Sunday Masses: 10.00am and 11.30am. Saturday Vigil: 5.30pm.

Stations of the Cross: Weekdays [except Thursdays and Saturdays] at 9.15am. Friday evening at 6.30pm.

Exposition of the Blessed Sacrament: Wednesday after 9.30am Mass. This is an opportunity to pray and reflect in the presence of Jesus in the Blessed Sacrament. During the exposition we will be reflecting on the theme "We Dare To Hope". There will be Benediction at 11.00am.

PRAYER

Lord God, open our eyes, that we might not cross the road from human need. Give us a deep love for you that we might see your love at work in this world, and that we might go and do likewise. We ask this through Christ our Lord. Amen.

St. Erconwald's Church

112, Carlton Avenue East, Middlesex, HA9 8NB

Tel.: 020 8904 6031

Email: wembley3@rcdow.org.uk

Website: https://www.erconwald.org.uk

Microsite: https://parish.rcdow.org.uk/wembleyprestonroad/sterconwald

Streaming: https://www.churchservices.tv/wembley3

Parish Priest: Fr. Anthony Psaila

A LENTEN JOURNEY
JUBILEE YEAR 2025

AN INVITATION AND WELCOME.

A very warm welcome.

We are delighted to offer you this leaflet which we hope you will find interesting and helpful.

During this Jubilee Year 2025, "Pilgrims of Hope", we are, once again, invited to go on our Lenten journey. We are invited to fasting and abstinence; to works of self-denial; to personal and communal worship, and to reach out to those who are less fortunate than us. In this way this journey becomes for us a time of grace, conversion, renewal and healing. This time of Lent will also be a time of hope, towards the new life of Easter.

Outlined here are some opportunities that are offered during this Lent in our parish of St. Erconwald and also in the Diocese of Westminster.

"We Dare To Hope" has been specially prepared for the Jubilee Year 2025. It is a resource featuring five sessions on the theme of Christian Hope. Each session includes scripture, prayers and a reflection with questions. The relationship between the virtue of hope, our lives and the source of all hope, Jesus, is explored. Wisdom from the saints is offered for the spiritual growth.

Week 1 Christian Hope.

Week 2 The Decision of Hope.

Week 3: The Prayer of Hope.

Week 4: Hope Against Hope.

Week 5: Christ Our Hope.



Thank you for your support and have a good Lent.

My God, I believe most firmly that You watch over all who hope in You, and that we can want for nothing when we rely upon You in all things

St Claude de la Colombiere

ALMS-GIVING

Lent Fast Day: Friday 14th March

CAFOD just one world Will you do something amazing this Lent Fast Day? This Lent you can live simply so that others can simply live. Please visit www.cafod.org.uk/lent

Challenge yourself and take on **The Big Lent Walk**! Walk when and where you choose over 40days, alone or with friends. Raise money to help people as they overcome poverty.

St. Lawrence's Larder" [Christ Church, Brondesbury NW6]



St. Lawrence's Larder provides a warm welcome and fresh food for those who struggle to make ends meet in the community and beyond. For more information contact: info@laurenceslarder.org.uk

THE PASSAGE

THE PASSAGE to ending homelessness Our mission is to provide resources which encourage, inspire and challenge homeless people to transform their lives. Visit: www.passage.org.uk

Cardinal's Lenten Alms Appeal:



Funds raised this year will be shared between the four pillars of the Cardinal's Lenten Appeal: Marriage & Family Life; Youth & Evangelisation; The Education Service and Social Action. For more information please visit www.CardinalsLentenAppeal.org.uk

Caritas:

Has a service to support and develop volunteering in the diocese. Please visit the website www.caritaswestminster.org.uk/volunteer where you can find a role for you. Alternatively contact us directly by emailing caritasvol@rcdow.org.uk or by telephone 0207 798 9063 or 077 3818 3833.



FASTING AND ABSTINANCE



Ash Wednesday 5th March, and Good Friday 18th April, are days of fasting and abstinence. On these days the Church asks us to abstain completely from eating meat and enter into the mystery of Christ's passion and death by fasting. **Each Friday** throughout the year, we recall the events of Good Friday by fasting in some way.

WORKS OF MERCY

are practices which Christians perform as an act of both penance and charity.

Corporal Works of Mercy: to feed the hungry, give drink to the thirsty, clothe the naked, welcome the stranger, heal the sick, visit the imprisoned, bury the dead.

Spiritual Works of mercy: to counsel the doubtful, instruct the ignorant, admonish sinners, comfort the afflicted, forgive offences,

Suggestion: Either commit to memory the corporal and spiritual works of mercy, or read more fully the teachings of a Saint renowned for mercy. Use these as an inspiration for your own life of mercy.

REPOSITORY

We have a wonderful selection of books, booklets and leaflets available in the Repository. Chief amongst these "The Bible", children's and adults. "Stations of the Cross" and "Rosary books" and many Lenten Books. Perhaps you might consider purchasing a monthly magazine such as "The Sacred Heart Messenger" or "St. Martin" [Please contact: Elizabeth Patten or Agnes Tiernan]. Please feel free to come and have a browse or consult our staff about your requirements.

All holy Father, you have shown us your mercy

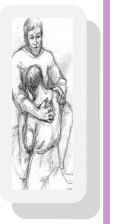
and made us a new creation in the likeness of your Son.

Make us living signs of your love

for the whole world to see.

We ask this through Christ our Lord. Amen.

THE SACRAMENT OF MERCY



Lent is a time when we examine the way we live, look beyond the surface and see once more God's presence in the world.

Pope Francis has spoken of the story of a sinful woman who washed Jesus' feet with her tears and dried them with her hair. "Thanks to Jesus" he said, "God threw her many sins over his shoulder and remembers them no more. That is because this is true: when God forgives, he forgets."

"Forgiveness is the most visible sign of the Father's love, which Jesus sought to reveal by his entire life. Every page of the Gospel is marked by this imperative of a love that loves to the point of forgiveness. Even at the last moment of his earthly life, as he was being nailed to the cross, Jesus spoke words of forgiveness: "Father, forgive them; for they know not what they do" (Lk 23:34). {MM2}

We are all sinners. But God offers us unconditional love: love that we cannot earn, or buy, only receive. God wants us to be free of whatever weighs us down, whatever mistakes or wrong judgements we have made, whatever holds us back from loving ourselves and others with open and generous hearts.

RITE OF PENANCE



Saturday between 4.30pm and 5.00pm.

Service of Reconciliation with Absolution: Friday 11th April at 7.00pm.

It will be good if everyone received the Sacrament in this Jubilee Year, Season of Lent







The Catholic Church is made up of saints and sinners. We are called to be holy, but are part of a broken family, made up of fragile human beings who are trying to be good and more Christ-like. You and your story can help us to do this. The Church always needs renewal. Your contribution is very valuable as are your God-given gifts, and we are incomplete without them.