

## Presbytery

Peter Avenue, Willesden Green,  
London, NW10 2DD

Tel: 020 8451 4677

[rcdow.org.uk/parish/willesdengreen](http://rcdow.org.uk/parish/willesdengreen)

Facebook: St Mary Magdalen RC  
Church Willesden Green

## Parish Clergy

Monsignor Roger Reader KHS  
[rogerreader@rcdow.org.uk](mailto:rogerreader@rcdow.org.uk)

Father Sudham Perera  
[sudhamperera@rcdow.org.uk](mailto:sudhamperera@rcdow.org.uk)

## Parish Office

[willesdengreen@rcdow.org.uk](mailto:willesdengreen@rcdow.org.uk)

Office Hours:

Tuesday—Friday

10:00am until 2:00pm



## ST MARY MAGDALEN CATHOLIC CHURCH

SEPTEMBER—MONTH OF  
THE SORROWFUL MOTHER  
8 SEPTEMBER 2019

23RD SUNDAY IN ORDINARY TIME  
YEAR C

### The tans will fade but the memories will last forever.....

Everything is in a constant change. That is the beauty of this world. If there is no change the world would have been a very boring place. It is time to say good bye to summer as we are back to our normal routine. A summer break helps to relieve some of the pressure experienced. Personal ventures, such as an art project that was meant to be completed long ago, or a book that has sat on a dusty shelf waiting to be read, can be just as enriching as our academic and business ventures. Free time helps foster creativity often overlooked during our hectic regular days and makes individuals better-rounded. These sunny days are awesome to build memories. Everybody wants to enjoy their vacation with friends and family.

Summer is the season for basking in the warm sun and rejoicing. When natural sunlight hits the skin it triggers the body's production of vitamin D. Vitamin D is also known as "the sunshine vitamin." It is a crucial ingredient for overall health; protects against inflammation, lowers high blood pressure, helps muscles, improves brain function and may even protect against cancer.

Your body is meant to be in the sun, and exposure to sunlight during the day is crucial to your wellbeing. It is advised to get at least 10-15 minutes of sunlight daily. Exposure to sunlight has a huge impact on depression, seasonal affective disorder and sleep quality.

Adding a little sunshine to your life can even promote weight loss. The warmer months allow for fun outdoor activities. Go on a hike, take up a new sport, go for a run, bike around your neighbourhood or even plan a camping trip. You will be surprised to see what spending a little time outdoors can do for your health.

So, we have had sunny and warm days during summer and this natural energy is inside our system. This natural energy received from the Sun will keep us safe and sound in the days to come; autumn and winter. When God created this beautiful world He always had a plan to shield His most valued creation from harm. Hence let's go through trials and tribulations, come on our way with full of courage in autumn and winter.

Fr. Sudham

## Mass Times

Monday— Thursday:

9:30am

Friday: 9:30am & 6:30pm

Saturday: 9:30am, 6:30pm (Vigil  
Mass of Sunday)

Sunday: 9:00am, 10:30am,  
(includes Children's Liturgy),  
12:00 noon, 6:30pm

## Sinhalese Mass

Last Sunday of the month: 4:30pm

## Eucharistic Adoration

Monday—Friday:

One hour before  
morning Mass

Saturday: 8:30am—9:30am  
5:30pm—6:15pm

First Friday (Holy Hour):

7:00pm—8:00pm

## Confessions

Saturday: 10:00am—10:30am  
5:30pm—6:15pm

**Those who have died recently:** John Hogan, Urmila Pabari

**Those whose anniversaries occur at this time:** Mary Doran,

Noreen Kelly, Breda Sills, Norrie Fox, Betty Mulhern, John Anthony Moura

**Those Baptised:** Eimear Nora Harrington, William Ronald Henry,  
Lyla Reine Beer

## Parish News

**Collection.** Last week's collection was £1,842.15 (excluding standing orders). Standing orders for July amounted to £1,651.00. Thank you for your generosity.

**Feast of Mother Mary** will be celebrated in Konkani this Sunday 8 September at 3:00pm in St Mary Magdalen's Church, Willesden Green.

**Children's Liturgy** will restart at 10:30am Mass next Sunday 15 September for children in reception, through to year 6.

**First Holy Communion and Confirmation 2020.** All children due to receive First Holy Communion (currently year three and above) and make their Confirmation (currently year nine and above) next year (2020) will need to obtain an application form which will be available after Mass next weekend from Monsignor Roger. Please note that Confirmation application forms will be given to candidates only. Fully completed application forms including Baptismal certificates, need to be returned to the Parish Office, Tuesday to Friday between 10:00am and 2:00pm, no later than 12 noon on Tuesday 1 October 2019. Application forms cannot be accepted without the required documentation. There will be introductory meetings for children and parents in the church on Monday 4 November 2019 at 5:30pm—6:30pm for First Holy Communion, and 7:00pm—8:00pm for Confirmation. We are also looking for volunteers to assist with both our First Holy Communion and Confirmation programmes and would encourage parents whose children are preparing for these sacraments to consider volunteering.

**Padre Pio Prayer Group.** On Thursday 3 October 2019 there will be Mass, Rosary and prayers for the sick at 7:30pm followed by individual blessings with the *Padre Pio* Mitten. All are welcome. Please see the poster at the back of the church.

**St Mary Magdalen's Junior School** Linacre Road, Willesden Green still has a few pupil places left for Year 3, 5 and 6. If you are interested in a place for your child or you wish to view the school, please telephone the school office on 020 8459 3159 or email [admin@marymag.sch.uk](mailto:admin@marymag.sch.uk)

**Parish Newsletter.** Any notices for the weekly Sunday newsletter should be given to the Parish Office by Wednesday noon. Thank you for your kind cooperation.

### Are you an adult coming to Mass but not baptised/Confirmed/ made your First Holy Communion?

In the Autumn we will begin a programme called the *Rite of Christian Initiation of Adults*, which is to help people who have maybe missed out on some sacraments when they were young, or who are not Catholics at the moment and who wish to receive the sacraments and come fully into the Catholic Church. No dates have yet been settled for this RCIA programme. If this interests you, please contact Monsignor Roger by email to find out more. Registration will happen in September. You may know someone who would be interested in this— please ask them to get in touch.

## Diocesan News

**Love Heals Body Mind and Spirit Ministry** warmly invites you to their *Mission Brunch*. The charity's mission is to raise funds to purchase a retreat house in Portugal for religious retreats and for drug and alcohol rehabilitation and for families that are in crisis. The *Mission Brunch* takes place at Sacred Heart Catholic Church, Edge Hill, Wimbledon SW19 on Saturday 21 September 2019 from 12:00pm— 3:00pm, Lower Hall. To book your Brunch please telephone 020 8542 2476 or email [lovehealsbodymind-spirit@gmail.com](mailto:lovehealsbodymind-spirit@gmail.com). Pope Francis states: "It is a modern day slavery of drugs and alcohol addiction." Please also see the poster at the back of the church.

**Caritas** Westminster invites anyone interested in volunteering to a free session covering the basic need-to-knows about becoming a volunteer on Wednesday 25 September 2019 at 6:30pm— 8:30pm. There will be refreshments from 6:00pm at Vaughan House, 46 Francis Street, London SW1P 1QN. Please RSVP by telephoning 020 7931 6077 or emailing [caritaswestminster@rcdow.org.uk](mailto:caritaswestminster@rcdow.org.uk) or search the title "Volunteering in the Community: Getting Started" on Eventbrite. Please also see the poster at the back of the church.

**Canonization of John Henry Newman.** Join Westminster Youth Ministry for a once in a lifetime trip to witness the first canonization of an English saint for almost fifty years. Travelling 11—14 October, highlights will include the canonization Mass with Pope Francis, the opportunity to visit historic sites and churches in Rome, and Mass in the Venerable English College with Bishop Nicholas Hudson. Cost is £480, which includes flights, accommodation, breakfast and public transport around Rome and to and from the airport. To register visit [dowym.com](http://dowym.com).

## Readings at Mass

### 23rd Sunday in Ordinary Time

**First Reading:** Wisdom 9:13—18

**Psalm Response:** O Lord, you have been our refuge from one generation to the next.

**Second Reading:** St Paul 9—10. 12—17

**Alleluia Verse:** I call you friends, says the Lord, because I have made known to you everything I have learnt from my Father.

**Gospel:** Luke 14: 25—33

## Parish Diary

Monday	7:00pm	Prayer Group—Annexe
Saturday	3:00pm— 5:00pm	"The Feast London" - a Catholic prayer meeting of the Light of Jesus Family in the Annexe